

**CONTRA COSTA HILLS CLUB – HIKING SCHEDULE
JANUARY 4 – MARCH 29, 2018 Version: 4**

Selected Guidelines: Leaders: Appoint a rear leader; wait at intersections for all to catch up.
Hikers: Let the leader lead. **Report to leader if dropping out before end of hike. Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails.
Carpooling: When cars are needed, call leader before the hike with offer to drive. Hikers needing rides **must** also call. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This symbol ☺ indicates a short hike is offered with the longer hike.

This Schedule is posted on our website: www.contracostahills.org

Thursday, January 4 A WALK IN THE (GOLDEN GATE) PARK

9:17 Board outbound Muni N Judah toward Ocean Beach (Embarcadero BART). Off board at Irving and 9th Avenue. We will meet on the NE corner @ 10:00 AM. Proceed to Golden Gate Park. About 5 level, mostly paved miles. Lunch at the Music Concourse (bring or buy from the food trucks/booths there). Ice cream shop at end of hike! Heavy rain cancels, light rain OK. Kathy's cell day of hike only: 925-348-1151.

LEADERS: Kathy O'Toole and Herb Yonge 925-672-6173 or kdotoole@att.net

We checked with each of 3 booths and got 3 different answers as to their Thursday schedules. Sam's Chowder will not be there (weekends only), the Indian booth said they would be there, and the Annie's hot dogs/ice cream/pretzel booth said "no" if rain.

My advise is for each hiker to bring their own lunch, just in case. Bring cash if you want to get anything from a booth that may be open. Sorry for this unexpected change.

Sunday, January 7 ANNUAL NEW YEAR'S TOP OF TAM

9:15 Leave Del Norte BART, east parking lot, where **cars are needed** to drive to Pan Toll Ranger Station. Hike 8-9 miles with 1,200' elevation gain to Mountain Theater to West Point Inn to East Peak and return on Old Stage Road or do the shorter hike to West Point Inn & return. Parking fee \$8, senior \$7, or CA SP parking permit. Sticks useful. Rain cancels. **Riders and drivers MUST call.**

LEADER: Darlene Choy 510-483-6011 (cell a.m. of hike only 510-371-3694)

Thursday, January 11 RUSSIAN HILL, SAN FRANCISCO

10:00 Meet at the No. 47 bus stop on Van Ness at McAllister (by City Hall). Exit BART at Civic Center, restrooms at the Library on your way from BART to the bus stop. Exit bus at Lombard. This walk is approximately 6 miles and includes some steep stairs and a long up and downhill on Hyde Street. View interesting architecture and great views, historic parks, and the Norwegian Seamen's Church. Lunch at Aquatic Park. Restrooms at Maritime Park Visitors Center. Those who do not wish to climb back up Russian Hill may take the streetcar back to BART. **Rain cancels.**

LEADERS: Susie Huang 510-367-8623, ShuHuang7812@gmail.com; and Roberta O'Grady 510-769-8423, rogrady3736@earthlink.net

Sunday, January 14 FLAG HILL – SUNOL

9:00 Meet at Fruitvale BART where **cars are needed** to drive to Sunol Regional Park. (Parking \$5.) Meet at the Green Barn. Follow the Flag Hill Trail to the summit, descending via Flag Hill Road to High Valley, Cave Rocks, returning on Indian Joe Creek Trail. Approximately 5 miles and 1000 ft elevation. **All riders and drivers call Roberta.**

LEADER: Roberta O'Grady 510-769-8423, rogrady3736@earthlink.net. Cell morning of hike only 510-229-7342

Thursday, January 18 DOWNTOWN HAYWARD MURALS

9:30 Meet at Hayward BART. Walk to Hayward City Hall and downtown Hayward to view numerous murals in the downtown Hayward area. Approx. 5 miles, sidewalks, some slight grades.

LEADERS: Edwin Osada 925-980-2641 and Lorena Kai

Sunday, January 21 SYCAMORE GROVE PARK IN LIVERMORE

9:15 Meet at Dublin/Pleasanton BART (Dublin exit) where **drivers are needed** to drive to Independence Park, 2798 Holmes Street in Livermore, arrive at 9:45. Hike 7-8 miles on dirt fire roads, paved pathways, and single track trails with less than 300 feet elevation gain. Sticks optional. **Heavy rain cancels. Riders and drivers must call or email.**

LEADERS: Pat McDonald 925-321-4576, patmcdonald@pacbell.net; Roberta O'Grady 510-769-8423, rogrady3736@earthlink.net; cell morning of hike 510-229-7342

Thursday, January 25 MARTIN LUTHER KING JR. REGIONAL SHORELINE

10:00 Meet at Coliseum BART or 10:15 at the first parking lot off Swan Way. Birding hike for non-birders. We won't stop as often as birders, but more than hikers. Binoculars enhance but not necessary. Hundreds of large shorebirds and ducks. ~4.3 mi, flat. **Drivers needed, riders and drivers must call.** Heavy rain cancels, light rain OK.

LEADERS: Rosemary Johnson 510-619-5728 mobile; Linda Margossian 510-236-3224, hike day 510-685-1862

Sunday, January 28 PRESIDIO: MOUNTAIN LAKE LOOP

10:00 Meet at the 1 California Motor Coach Line bus stop at 12th Avenue and California. Walk to Mountain Lake Park to begin an approximately 6-mile loop of the Presidio, going around the golf course to the Bay Area Ridge Trail, passing Inspiration Point, the trail above Crissy Field to Battery East, and Fort Winfield Scott to return to Mountain Lake.

LEADERS: Susie Huang 510-367-8623, ShuHuang7812@gmail.com; and Roberta O'Grady 510-769-8423, rogrady3736@earthlink.net

Thursday, February 1 UC BERKELEY BEAR TOUR

9:30 Meet at Downtown Berkeley BART by Seismic Coffee, near the escalators going up. Come on a Bear tour (and more) of the UC Berkeley Campus; about 4 miles; 400 ft elevation gain. Bathroom break will be approx 1 hour into the hike. The walk will start going uphill once we reach the campus and will have about 100 steps at Haas School of Business and an optional loop of the Orchard Steps (about another 100 steps) and part of the Berkeley Paths where there are great views on clear days. If you have a pair of binoculars, they would come in handy for a few of the bears! Rain cancels.

LEADERS: Lois Switzer 510-526-4376, l_a_switzer@hotmail.com, cell: 510-542-7183 (day of hike only); and Suresh Gadad 925-785-4481

Sunday, February 4 MOUNT TAM SOUTHSIDE

9:20 Meet at Del Norte BART where **cars are needed**. Reconvene at the Deer Park trailhead on the Muir Woods Road, on the right about a half mile past the Muir Woods parking lot. 8-9 miles with ~1500 ft. elevation gain early in the hike. **Rain cancels**, call to confirm.

Drivers and riders contact leader.

LEADER: Celeste Burrows at celesteburrows@sbcglobal.net or 510-601-1211. Day of hike only text to (best) or call 510-388-5129

Thursday, February 8 GLENVIEW STEPS TO TRESTLE GLEN

9:30 Exit 12 St BART. Board 33 bus at 14th & Broadway. Exit Glenfield. Circle up & restrooms at Dimond Park. Hike ~ 5 miles on stairs/paths/sidewalks. Lunch & restrooms at Lake Merritt. Hike ends at 19th St BART.

Sticks if you use them. **Heavy rain cancels.**

LEADERS: Kathy Copeland 925-667-0495 and Pat McDonald 925-321-4576 (cell)

Sunday, February 11 BRIONES RESERVOIR

10:00 Meet @ Orinda BART where **cars are needed** to drive south on Camino Pablo and go east on Bear Creek Road. Turn left to the EBMUD Bear Creek Staging Area just past Happy Valley Road. In & out 8 miles, 413' ascent on tree-shaded trail. Heavy rain cancels, light rain ok. **Drivers & riders must call or email Patricia** by 6 p.m., Saturday, February 10.

LEADERS: Patricia Derickson 925-876-3278, cchchikergal@sbcglobal.net; & Dorothy Bradt 925-890-7195

Thursday, February 15 OLD TOWN PINOLE

9:45 Meet at Del Norte BART where **cars are needed** to drive to Pinole Lanes parking lot in Pinole. Hike 4.5 miles along Pinole Creek and old town Pinole. Historical homes, murals, bay and creek views. Gentle hills. Lunch at Fernandez Park-bring or buy. Optional ice cream at end of hike. Light rain ok, heavy rain cancels. **Drivers and riders must call.**

LEADERS: Fred and Jean Mock 510-233-4841. Cell day of hike only 510-803-9922.

Sunday, February 18 MOUNT TAMALPAIS – BOOTJACK

9:00 Meet at El Cerrito Del Norte BART where **cars are needed**. Drive to Bootjack parking lot (\$8 parking fee per car). Loop hike 7 miles, approx. 800 ft. elevation gain. Light rain OK. **Riders and drivers must call or email Mary** before 6 p.m. on Saturday, 2/17.

LEADERS: Anne Herrick and Mary Ulrich 925-876-0803, mulrich@sbcglobal.net

Thursday, February 22 HISTORIC NILES / QUARRY LAKES PARK

10:00 Meet at Fremont BART, restrooms, exit east side. Walk 3 1/4 mile on city paths and streets to Niles. View beautiful & historic buildings. Lunch and bathrooms at Niles Community Park. Hike 3 3/4 miles back to Union City BART thru Quarry Lakes Park. **OR** return on AC Transit bus #216, available from Niles to Union City BART. Lite rain OK, heavy rain cancels.

LEADERS: Frank Martin cell 510 298-7565; Lois Switzer 510-526-4376; Fran Leighty 925-944-9068.

Sunday, February 25 QUIRKY SOUTH BERKELEY

10:00 Meet at Ashby BART inside ticket hall. An urban walk through south Berkeley neighborhoods with lots of stops to get acquainted with some of the city's quirky material culture, including an artist's garden only open on Sundays. 7-mile paved walk, moderate elevation change.

LEADERS: Noël Siver 510-923-1327, noelsiver2@yahoo.co.uk; and Sue Fernstrom suefernstrom@comcast.net, cell a.m. of hike only 510-362-1788

Thursday, March 1 TREASURE ISLAND HIKE & LUNCH

9:30 Exit Embarcadero BART, walk 4 long blocks to Temporary Transbay Terminal at Beale & Folsom streets. Board Muni #25 bus, exit at Treasure Island Gate. Circle up around 10 a.m. in front of Admin. Bldg. (restrooms inside). **Carpools ok.** Enjoy beautiful views as we hike about 3 mi on perimeter trail (as much as possible). **Bring I.D.** 11:30 check in with security guard at Welcome Hut of T.I. Job Corps property, then 11:45 meet at "Fine Dining", Bldg. 368, for 3-course lunch for 1.5 hours, cost \$13 + tip. **CASH ONLY.** Limit 40 persons. **Contact Fran for reservations by Feb. 23.** Note: Yerba Buena Island is closed for construction.

LEADERS: Fran Leighty 925-944-9068 & Bill Chen 925-254-5889

Sunday, March 4 HISTORIC DANVILLE WALKING TOUR VIA IRON HORSE TRAIL

9:30 Meet at Walnut Creek BART where **cars are needed** to drive about 7 miles to Hap Magee Ranch Park, 1025 La Gonda Way, Danville (680 south to El Pintado Rd exit). At 10:00 walk two miles from park to downtown Danville via the Iron Horse Trail. Visit Downtown Danville Historic Walking Tour sites. Choose from a variety of great restaurants for lunch. Return to Hap Magee Ranch Park. Flat, paved 5-6 mile hike, rain or shine. Hikers, **Riders & Drivers MUST call or email Karen.**

LEADERS: Karen Arntzen 925-357-0409, karntzen5@gmail.com & Patricia Derickson 925-876-3278

Thursday, March 8 QUIRKY BERKELEY – NORTHEAST

10:15 Meet at Downtown Berkeley BART. Take AC Transit bus #67 at 10:30. From Dorothy Bolte Park walk mostly, but not entirely, downhill to see quirky sculptures, a giant orange kiosk, and a Buddhist altar in northeast Berkeley. 4 miles. Light rain OK. No restrooms until lunch.

LEADERS: Noël Siver 510-923-1327, noelsiver2@yahoo.co.uk; and Terry Robinson-Kochi. Terry's cell day of hike 804-399-2125

Sunday, March 11 MURIETTA FALLS

NOTE: Set your clocks forward for Daylight Savings on Saturday night, 3/10, to start the hike on time.

8:00 Meet at trailhead in Del Valle Regional Park, Lichen Bark picnic area. \$6/parking & \$2/permit. 13-mile hike in the Ohlone Regional Wilderness. Two BIG climbs for a total of 4600' elev. gain to the Bay Area's largest waterfall. The final descent to the waterfall is very steep & narrow. **NOTE: No water or restrooms on trail. Bring enough water & food for snacks & lunch. HEAVY RAIN CANCELS. ALL hikers please email Sue** to arrange rides to trailhead. Cell a.m. of hike only: Sue 925-451-3307.

LEADERS: Sue Elliott 925-672-0533, smellio@sbcglobal.net; and Dorothy Bradt 925-889-9532

Thursday, March 15 GOLDEN GATE PARK

10:00 Meet at the end of the N Judah Line (La Playa-Great Highway). We will enter the Park at the Murphy Windmill and follow paths to the Beach Chalet, North Lake, Spreckels, Lloyd and Stow Lakes, climb Strawberry Hill, pass the Rose and Rhododendron Gardens to the Conservatory of Flowers. Exit the park at Arguello and return to BART via the No. 5 Fulton. About 5 miles. Rain cancels.

LEADERS: Susie Huang 510-367-8623, ShuHuang7812@gmail.com; and Roberta O'Grady 510-769-8423, rogrady3736@earthlink.net

Sunday, March 18 ANNUAL MEETING

Thursday, March 22 ROSE DRIVE / HASTINGS DRIVE LOOP, BENICIA

9:30 Meet at Pleasant Hill BART (Fran) or Del Norte BART (Susie) where **cars are needed**, or 10:10 at foot of 9th St. at Alvarez - West 9th St. Park, Benicia. This is a moderately strenuous hike with 237 ft. elev. gain, total of 6.6 miles on sidewalks with a long gradual climb past lovely homes to Jack London Park for lunch. Return on Hastings Dr. to 9th St. Park. **Riders and drivers must call.** Heavy rain cancels, light rain okay.

LEADERS: Fran Leighty 925-944-9068 & Susie Tom cell 510-334-1415

Sunday, March 25 FERNANDEZ RANCH, HERCULES

9:30 Leave El Cerrito Del Norte BART (Mike) or Walnut Creek BART (Fran) where **cars are needed** to drive to Fernandez Ranch in Hercules. Hike is 6 mi w/ 1000 ft elev gain, some steep hills. Sticks advised. Rain may shorten or cancel. **Drivers & riders must call** Mike or Fran before 6 p.m., 3/24.

LEADERS: Mike Branning 510-758-2789 & Fran Leighty 925-944-9068

Thursday, March 29 DUBLIN HILLS REGIONAL PARK

10:00 Meet at Dublin/Pleasanton BART (Dublin exit) where **drivers are needed** to drive short distance on Dublin Blvd to Donlon Point Staging Area. Circle up 10:20. Walk about 5.5 miles on open dirt/gravel trails and fire roads with about 400 feet elevation gain for splendid views. Sticks helpful. Rain cancels. **Riders/drivers please call or email** Rose Susoeff stuss@comcast.net 925-315-1670 or Pat McDonald patmcdonald@pacbell.net 925-321-4576.

LEADERS: Rose Susoeff and Pat McDonald

APPLICATION FOR MEMBERSHIP – CONTRA COSTA HILLS CLUB

Dues are \$15 per person or \$10 per person for 2 or more people living at the same address. Dues are payable upon joining and on each April 1 thereafter. Complete this form, enclose with a check payable to CCHC, and mail to the Membership Secretary:

Connie Gee – 1121 Brighton Avenue, Albany, CA 94706 ((cbgee2014@yahoo.com))

NAME(S) _____

ADDRESS _____

CITY _____ ZIP _____

PHONE _____ e-mail _____

Cell # _____ Check here for day of hike only _____