

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE
OCTOBER 2 – DECEMBER 29, 2016 **Version: 12**

Selected Guidelines: Leaders: Appoint a rear leader; wait at intersections for all to catch up. **Hikers:** Let the leader lead. **Report to leader if dropping out before end of hike. Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. **Carpooling:** When cars are needed, call leader before the hike with offer to drive. Hikers needing rides **must** also call. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This symbol ☺ indicates a short hike is offered with the longer hike.

This schedule is posted on our website: www.contracostahills.org

SUNDAY, OCTOBER 2 MORGAN TERRITORY, LIVERMORE

9:30 meet **OUTSIDE** at Dublin/Pleasanton BART (Pleasanton side/restrooms inside). **Cars are needed** to drive to Morgan Territory staging area. **10:10 start time.** No parking fees. Moderate hike, ±7 miles, ±1,000' elev. gain. 1 very steep downhill area - sticks recommended. 1 outhouse at 2 locations, none at lunch. **Drivers & riders MUST call Rose** 925-462-7854

LEADERS: Rose Susoeff 925-315-1670 (cell), Pat McDonald 925-443-2917, Judy Matthew 925-918-1195

THURSDAY, OCTOBER 6 PLEASANT HILL HIKE & CATERED LUNCH

10:00 meet @ Pleasant Hill BART. Rain or shine, walk 3.5 miles on Contra Costa Canal Trail to Patricia's home (242 Ilene Dr.) for catered lunch. Return 3.5 miles on same trail. Slight elevation gain. **RSVP by 9/29** to cchchikergal@sbcglobal.net or 925-685-1614

LEADERS: Patricia & Nidhi Derickson, Georgette Armstrong & Linda Malm

SUNDAY, OCTOBER 9 ALMADEN QUICKSILVER CO. PK 3, SAN JOSE

9:30 AM meet @ McAbee Road entrance for appx. ~8 mi., ±900' elev. gain loop hike of Senador Mercury Mine ruins & Guadalupe Res. views. Sticks rec. Take Hwys. 280, 880 or 680 to Hwy. 87 south to Hwy. 85 north toward Mt. View & take Exit 6 for Almaden Expy. to park entrance. Parking only on side streets. Restrooms only at hike's start; no water on trail. Riders & drivers **MUST** call Bill or John by noon Sat. 10/8 to arrange carpools. No e-mails.

Any rain cancels. Bill's cell day of hike only: 925-337-1710. **Jon's cell day of hike only 510-559-0110**

LEADERS: Bill Motzer: 925-247-0811 & **John Christian: 510-540-1008,**

THURSDAY, OCTOBER 13 LAKE HERMAN, BENICIA, SOLANO COUNTY

9:30 meet @ Del Norte BART or Pleasant Hill BART. **Cars are needed** to drive to Lake Herman Rec Area, Lake Herman Rd, exit 61 off 680 North. Hike 5½ miles in hills with views, 700 ft elev. gain, paved & dirt trails. Rain cancels. **Riders & drivers call Fran.**

LEADERS: Fran Leighty 925-944-9068 & Gretchen Osborn 510-521-3851

SUNDAY, OCTOBER 16 BRUSHY PEAK PRESERVE, LIVERMORE

9:15 meet at Dublin/Pleasanton BART (south side) where **cars are needed** to drive to Brushy Peak Regional Preserve. ~6.5-mile moderate loop with 800 ft elev. gain through expanses of rolling grasslands and sandstone outcroppings. Hiking poles recommended. **Riders and drivers must call** prior to hike.

LEADER: Darlene Choy 510-483-6011 (cell morning of hike only 510-371-3694)

THURSDAY, OCTOBER 20 CHINA BASIN TO POTRERO HILL, SF

10:00 meet at Ferry Bldg (Embarcadero BART). Hike China Basin, Mission Bay, Potrero Hill. First part flat, then somewhat strenuous with steep hills and staircases. Birds & butterflies, houseboats, community gardens, unique stairways, bay & city skyline views. Ends at 16th/Mission BART. 7.5 miles; can be shortened.

LEADERS: Fran Leighty 925-944-9068 & Carolyn Walkling 925-287-0938

SUNDAY, OCTOBER 23

LIME RIDGE LOOP, WALNUT CREEK

10:00 meet at Walnut Creek BART. **Cars are needed** to drive to Lime Ridge Staging Area on Valley Vista Rd near Boundary Oak Golf Course. 5.6 miles, 1207 ft elev. gain on mostly dirt trails. Lunch along trail, only restrooms @ start and end of hike. Sticks useful. Rain or mud changes route to canal paved trails in W.C. **Riders & drivers must call.**

LEADERS: Fran Leighty 925-944-9068 and Mary Morgan 925-930-7967

THURSDAY, OCTOBER 27 FREMONT BART TO UNION CITY BART

10:00 meet at Fremont BART, west side. We're expecting the new Warm Springs Station to be open. Not a loop, from Warm Springs return to Fremont BART or your home station. We will hike and lunch at Quarry Lakes. Aprox. 4 miles. Light rain OK, heavy rain cancels.

LEADERS: Frank Martin 510-657-5810, Jerry Ford 510-795-0667, Stew Perlman 510-490-3256

CANCELLED

SUNDAY, OCTOBER 30

UPPER PART OF CURRY CANYON

9:00 meet @ Walnut Creek BART. **Cars are needed** to shuttle hikers to Peacock Park & Ride, corner of Peacock Dr & Marsh Creek Rd for 9:30 circle up. We will condense cars & proceed to trailhead. Private property hike closed to public. Sticks advised. Rain/mud cancels. Approx. 1500 ft elev., about 11 miles. **Drivers and riders pls call or email Richard (rainsley@pacbell.net) or Ken (Ken.Dyleski@msn.com) by Sat., Oct 1st.**

LEADERS: Richard Ainsley (925-752-2007), Ken Dyleski (925-448-5620)

THURSDAY, NOVEMBER 3 PACIFIC HEIGHTS TO PALACE OF FINE ARTS, SF

9:40 meet @ 30 Grove St., SF Main Library (Civic Center BART). Use restrooms. Board #19 Muni bus on Polk St. (front of library), exit @ Green & Polk. Walk 4.1 mi, w/steep hills & steps, 372 ft elev. gain, in neighborhood of mansions & beautiful homes to Palace of Fine Arts. Lunch @ Alta Vista Park followed by 20-minute docent-led tour of historic Swedenborgian Church on Lyon St. \$5 donation requested. Return on bus and BART.

LEADERS: Fran Leighty 925-944-9068 and Suzy Mark 415-577-1869

SUNDAY, NOV. 6

KINGS CANYON LOOP, Moraga

9:30 AM meet and leave Orinda BART **where cars are needed** to drive to trailhead. Take Camino Pablo Rd. to Moraga Way; right at end on Canyon Rd. Valle Vista parking lot is on left w. restroom but no water. ~~~8~~ ~6 mi. ~~loop out and back & ~500-600' 4,000'~~ elev. gain. ~~Some~~ Rolling short ~~steep~~ hills. ~~at hike's start~~. Bring sticks, ~~expect some muddy spots.~~ ~~Any Heavy~~ rain ~~cancels.~~ Light rain ok. ~~Alternate hike possible on paved trail.~~ **Riders & drivers please call Bill by 6 PM Sat. 11/5; no e-mails.**

LEADERS: Bill Motzer: 925-247-0811; cell day of hike only: 925-337-1710; Ray Will's cell: 510-381-9310; Anne Herrick: 510-528-9821.

THURSDAY, NOVEMBER 10 LARKEY PARK TO ACALANES RIDGE

9:15 meet @ Pleasant Hill BART. **Cars needed** to drive to Larkey Park, Walnut Creek. Park in church lot opposite Lindsay Wildlife Museum. **9:30** meet at museum bathrooms. 5-mile loop, ~750' elev. gain. Moderate-strenuous, very hilly, views at top. Bathrooms at park & at lunch. Bring sticks & extra water. Alternate hike if raining. **Riders and drivers please call Kathy O'Toole 925-672-6173 or email kdotoole@att.net**

LEADERS: Kathy (day of hike only 925-348-1151) & Karen Arntzen 925-357-0409

SUNDAY, NOVEMBER 13

MARTINEZ TO PORT COSTA

9:30 meet @ Pleasant Hill BART where **cars are needed**. 10:00 meet @ Nejedly Staging Area to carpool to George Miller Trailhead. Hike out and back on mostly paved trail along Carquinez Scenic Dr. to Port Costa. 7 miles, 300' elev. gain. Bathrooms both ends. Lunch (optional) at quirky Warehouse Café, Port Costa. **Riders and drivers must call Diane.**

LEADERS: Diane Cannon 406-465-9873 and Fran Leighty 925-944-9068

Thursday, November 17

Black Diamond Preserve, Antioch

9:30 meet @ Pittsburg/Bay Point BART where cars are needed. Depart visitor center parking lot @ 10:00. Hike Loop Trail to River View Trail. 2.5 miles, 400' elev gain. Lunch at picnic area near visitor center. Then Loughner Loop Trail to Loughner Ridge Trail. 2.27 miles, 500' elev gain. **Riders/drivers must call Diane by Nov. 16.**

Leaders: Diane Cannon 406-465-9873 & John Christian 510-540-1008

SUNDAY, NOVEMBER 20

TENNESSEE VALLEY – ZEN CENTER LOOP

9:00 meet @ Del Norte BART where **cars are needed**. Reconvene at Tennessee Valley parking lot: ~9 mi., ~1,100 elev. gain loop via Miwok, Gulch, and Coastal trails with late lunch at Zen Center. Sticks recom. Rain cancels. **Riders and drivers must call Bill no later than 6 P.M. Sat 11/19 @ 925-247-0811.** No e-mails.

LEADERS: Anne Herrick and Bill Motzer (cell morning of hike only 925-337-1710)

THURSDAY, NOVEMBER 24 Enjoy your Thanksgiving Holiday!

SUNDAY, NOVEMBER 27**WINTER PILGRIMAGE TO CATARACT FALLS**

9:00 meet @ Del Norte BART (east side) where **cars are needed** to drive to Rock Spring trailhead on Mt. Tam. Take Benstein, Kent, Helen Markt, Cataract trails to parking lot. Winter riparian beauty. Cataract Falls & Alpine Lake view. Moderately strenuous 7.8-mile hike, 1589 ft. elev. Sticks are necessary. Rain cancels. **Drivers and riders MUST call Sophia Garcia 510-549-2413 or email ateliersato@sbcglobal.net**

LEADERS: Sophia Garcia, Jan Lecklikner 415-971-3783, Sue Lai 510-558-2150

THURSDAY, DECEMBER 1 DOWNTOWN HAYWARD & WARD CANYON TRAIL

9:15 meet @ Hayward City Hall opposite Hayward BART. Drivers can park @ garage (opens 9 am, 4 hrs free), Watkins St. between B and C St. Hike is ~5 miles, 300-ft elev. gain as we view historic downtown buildings before heading to hilly Ward Canyon Wally Wicklander Trail where sticks may be helpful. Restrooms at City Hall and Memorial Park. Bring lunch to eat after hike or eat downtown.

LEADERS: Wanda Fong 510-303-4454 & Rich Guarienti 925-413-2607

SUNDAY, DECEMBER 4**TILDEN TO VOLLMER PEAK-NEWT'S CROSSINGS**

9:00 Meet & Lv. @ North Berkeley BART, where **cars are needed** to drive to Tilden Reg. Pk. Nature Area parking lot or meet there at **9:30**. Restrooms at trailhead. Excellent views. Meadows Can.-Bay Area Ridge-Seaview-Lupine-trails. to South Park Dr. to Wildcat Gorge trail; ~8.5 mi & ~1,500' elev. gain. Sticks advised. Rain cancels. **Riders and drivers must call Bill 925-247-0811 or email Sophia: ateliersato@sbcglobal.net, prefer. by Sat. noon.**

Leaders: Bill Motzer cell day of hike only 925-337-1710; Sophia Garcia: 510-549-2413; Rich Sandvick: 707-577-8301.

THURSDAY, DECEMBER 8 RICHMOND BAY TRAIL

10:00 meet @ Richmond BART pick up lane (18th & Barrett) where **cars are needed** to drive to Craneway Pavilion parking lot at end of Harbor Way S. **10:15** meet there if driving. Hike SF Bay Trail along Richmond Marina & to Rosie the Riveter Memorial. 5 level miles on pavement. **Riders & drivers please email compasros@comcast.net** (preferred)

LEADER: Rosemary Johnson 510-629-5728 (cell only phone)

SUNDAY, DECEMBER 11**REDWOOD REGIONAL PARK LOOP**

9:30 meet @ Rockridge BART where **cars are needed** to carpool to Skyline Gate. 6.5 miles on mostly redwood-shaded trails, lots of ups and downs before lunch and bathrooms in Redwood Bowl. 1400 ft elev gain/loss. Sticks recommended. Rain cancels. **Drivers and riders must contact Jan (415-971-3783) jleck.2@gmail.com** before Friday 12/9.

LEADERS: Sue Lai (510-646-2727), laipet736@gmail.com, Jan Lecklikner

THURSDAY, DECEMBER 15 MT SUTRO, SF

10:00 meet outside Powell St BART (Market, Powell, 5th St exit) entrance to Westfield Mall. After circle-up & restrooms (just inside mall), take out-bound N-Judah. Off board at Carl & Cole St. Destination: Mt Olympus, Tank Hill, Mt Sutro Open Space Reserve. Lunch at Aldea Community Ctr. Approx. 4.3 miles on city streets, paved & unpaved trails, stairways,

some steep inclines (bring sticks?). Moderate hike, 800+ elev. gain. **"Heavy rain cancels."**

LEADERS: Judy Matthews 925-918-1195, Rose Susoeff 925-462-7854, Pat McDonald 925-321-4576

Sunday, December 18**Krieger Peak, Black Diamond Antioch**

9:30 meet @ Pittsburg/Bay Point BART where cars are needed. Reconvene at 10:00 in picnic area at end of Somerville Rd. Hike to radio towers on peak for lunch. Return via Cumberland/Coal Canyon/Nortonville Trails. 8 miles, 1700' elev gain. Sticks advised. **Rain cancels. Riders and drivers must call Diane.**

Leaders: Diane Cannon 406-465-9873 & Pam Littlejohn 510-329-0896

THURSDAY, DECEMBER 22 LAFAYETTE RESERVOIR

10:00 meet @ Lafayette BART. Walk 6 miles on pavement & around reservoir. Moderate elevation gain. Hiking rain or shine & bringing seed bell for the birds' tree! Hot cider, cocoa & gingerbread men @ lunch @ Ranger Station.

LEADERS: Patricia Derickson 925-685-1614 (cell 925-876-3278) & Nidhi Derickson

SUNDAY, DECEMBER 25**ON TOP OF THE WORLD (SF BAY RIDGE) ☺**

9:15 meet @ Orinda BART or **9:30** @ Old Tunnel Rd Staging area. Part 1: Sibley Volcanic Old Tunnel Rd Staging area to Tilden Train Stn & back, 5 miles, 600'. Part 2: after lunch, Old Tunnel Rd Staging area to Sibley Staging area and return via Volcanic Trail. 3 miles, 400'. Option to do only Part 1 (& return to Orinda BART after lunch) or both parts. Restroom at trailhead & every 2.5 miles. **Drivers and riders please call leader. Rain cancels. ALL hikers call ahead to confirm.**

LEADER: Bill Chen 707-319-1283 co-leader Yvonne Van-Chen 925-437-8472

THURSDAY, DECEMBER 29 COYOTE HILLS

10:00 Meet @ Union City BART, West side, where **cars are needed** to drive to Coyote Hills. 5 mi. looped hike on paved & dirt trails. \$5.00 fee per car or park pass. Light rain OK; heavy rains cancels. Help us bring in the New Year with a bit of bubbly & chocolate. Slight, very gradual elev. change. **Riders & drivers pls call Jerry Ford 510-795-0667.**

LEADERS: Jerry Ford, Frank Martin 510-657-5810, Stew Perlman 510-490-3256

APPLICATION FOR MEMBERSHIP – CONTRA COSTA HILLS CLUB

Dues are \$15 per person or \$10 per person for 2 or more people living at the same address. Dues are payable upon joining and on each April 1 thereafter. Complete this form, enclose with a check payable to CCHC, and mail to the Membership Secretary:

Connie Gee – 1121 Brighton Avenue, Albany, CA 94706 (510-528-3421)

NAME(S) _____

ADDRESS _____

CITY _____ ZIP _____

PHONE _____ e-mail _____

Cell # _____ Check here for day of hike only _____