

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

July 1 – September 30, 2020 **Version 20**

Selected Guidelines: Leaders: Appoint a rear leader; wait at intersections for all to catch up. **Hikers:** Let the leader lead. **Report to leader if dropping out before end of hike. Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. **Carpooling:** When cars are needed, call leader before the hike with offer to drive. Hikers needing rides **must** also call. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This symbol ☉ indicates a short hike is offered with the longer hike.

This Schedule is posted on our website: www.contracostahills.org

COVID19 MESSAGE: Hello Hikers! Here is our summer schedule, and one thing is for sure, it will change!

Any of these hikes may be cancelled, based on county requirements and consideration for health and weather conditions by the club. Also, all hikes will make allowances for social distancing. For instance, the number of hikers may be limited, with a sign-up system set up by the hike leaders. The start and end of a hike may be moved in order to facilitate hikers driving to the start in their own cars. Carpools may be dropped. The route may change to avoid crowding and facilitate social distancing. You may be asked to sign in by email, or bring your own pen to sign in person. Sticks may be optional, but masks will be required! So, use this schedule as a very rough planning guide, but **PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES!** We will update as conditions evolve.

Thursday, July 2 TBD

Friday, July 3 **STINSON BEACH AND MT TAM**

Carpool at Del Norte BART 9:15am or Stinson Beach Parking at 10:00am near restroom. Dipsea/ Steep Ravine trail to Pantoll, Mt. Tamalpais SP for lunch. Return by Lower Old Mine & Dipsea. 6-7 miles, 1600' elevation gain. Sticks helpful. Rest room at start and at lunch. All drivers and riders to call Bill by 6p the day before. Limit to 12. To register by email to or call Bill only. LEADERS: Bill Chen 707-319-1283 (wm_t_chen@yahoo.com). Mike Branning 510-758-2789 , Yvonne 925-437-8472"

Thursday, July 9 TBD

Sunday, July 12 **MARIN MAMMAL CENTER & POINT BONITA LIGHTHOUSE**

CANCELLED

Sunday, July 16 **MARIN MUNI WATER DISTRICT, N. FAIRFAX**

CANCELLED

Thursday, July 23 TBD

CANCELLED

Sunday, July 26 **CHABOT SPACE AND SCIENCE CENTER AND HUCKLEBERRY BOTANIC PRESERVE**

CANCELLED

Thursday, July 30 TBD

CANCELLED

Sunday, Aug. 2 **MT TAM NORTHSIDE**

CANCELLED
Moved to 8/3

Monday, Aug. 3 **TILDEN/WILDCAT**

9:30 Meet just outside the locked gate to the Little Farm/Nature Area. Allow a few minutes extra to park either in the small lot outside the gate (at the junction of Central Park Drive and Canon Drive) or along the road nearby. Hike through canyons and on ridge tops along mostly wide and lesser-used trails. Easy pace on the uphills. 8-9 mi, about 1,000 feet elevation. Limit 8 including 2 leaders. Will repeat on another day if demand is higher. Bring lunch and liquids, maybe something to sit on at lunch, and sticks can be helpful. **Register by contacting Celeste between July 26 and Aug 2, 5pm.**

LEADER: Celeste Burrows, write to celesteburrows@sbcglobal.net or call 510-601-1211. Day of hike cell is 510-388-5129, text is best.

Thursday, Aug 6 NEW BAY TRAIL in ALBANY

10:00 Meet at the Eastshore State Park Shoreline Access parking lot at the west end of Gilman St in Berkeley. Port-a-Potties probably available. Walk the new EBRPD Bay Trail connector behind Golden Gate Fields to Albany Bulb. Beautiful water views. No lunch. 3-4 miles; 45 feet elevation gain. Hike limited to 10 total; MUST call Stew AFTER July 31st at 510-999-1706 to reserve a spot.

LEADERS: Stew Perlman 510-999-1706 and Lois S 510-526-4376 (Lois' cell day of hike only: 510-542-7183)

Sunday, Aug. 9 ANGEL ISLAND

CANCELLED

Thursday, August 13 LAKE ELIZABETH - FREMONT

10:00 meet in front of the boathouse, 40000 Sailway off of Paseo Padre Parkway at Lake Elizabeth, Fremont. 3-4 mile walk around the park. Bring facemasks, lunch and water. Reservations will be taken beginning at 10am on Monday, August 10
Limit 20 hikers divided into 2 groups. **RSVP** to Jerry Ford 510-795-0667

LEADERS: Jerry Ford, Frank Martin & Stew Perlman

PICNIC CANCELLED

FRIDAY, AUG. 14 REDWOOD REGIONAL PARK

9:30 am Meet at Wayside Staging Area in Redwood Regional Park. About 7 miles and 700 feet elevation. Hike in 90% shade on Bridle Trail, Chown Trail, French Trail, Starflower Trail, Stream Trail, Bridle Trail. Bring own snacks, lunch, water and facemarks. Limit 8 hikers and two leaders. Email Pat at patricia.mcd1960@gmail.com between Friday 8/7 and 5 pm Thursday, 8/13.

LEADERS: Pat McDonald 510-364-4788, Celeste Burrows celesteburrows@sbcglobal.net or 510-601-1211 (day of hike 510-388-5i29

Sunday, Aug. 16 TBD

Thursday, August 20, KENNEDY GROVE TO SAN PABLO RESERVOIR

9:00 Meet @ Kennedy Grove Recreational Area, 6531 San Pablo Dam Road, El Sobrante parking lot by restrooms. Hike fairly level 7-1/2 shady miles out and back along reservoir. Restrooms along trail. Bring lots of water & a snack. Wear a mask and prepare to social distance @ 6-feet. If there are more than ten hikers, we will split into two groups. Please email Patricia Derickson @ cchchikergal@sbcglobal.net by 5:00 p.m. on August 19.

LEADERS: Mike Branning 510-734-5041 & Patricia Derickson 925-876-3278

**Sunday, Aug. 23 SUNSET BEACH, POINT REYES , RESCHEDULED TO TILDEN (SEE BELOW)-
CANCELLED**

Monday, Aug. 24 TILDEN PARK

**CANCELLED
Will be Rescheduled**

Thursday, August 27 OLD ALAMEDA NAVAL AIR STATION

10:00 Meet at the Alameda Ferry Terminal Parking Lot. This is a pleasant, interesting, flat, 5 mile loop. Walk limited to 10 persons.

LEADER: Beryl Vonderheid will accept reservations for the hike beginning Monday, August 24. Please call 510-532-8340. CO-

LEADER: Roberta O'Grady

Sunday, Aug. 30 TBD

Thursday, September 3, 2020 QUARRY LAKE, FREMONT

10:00 Meet at Quarry Lake Main entrance parking lot, 2100 Isherwood Way, Fremont. Hike 3 to 4 miles mostly flat around Quarry Lakes. Bring lunch, water, hat, and sunscreen. Must call Sets Amann to reserve a place. There can be 2 groups of 10.

LEADER: Sets Amann at email: setsamann@pacbell.net or phone 510-489-8096

Tuesday, Sept. 8 TILDEN PARK

CANCELLED

Thursday, Sep. 10 TILDEN PARK LOOP - Berkeley

CANCELLED

Sunday, Sept. 13 PACIFICA, MONTARA MOUNTAIN TRAIL

CANCELLED

Tuesday, Sept. 15 HUCKLEBERRY BOTANICAL PARK

9:30 Meet at Huckleberry Botanic Park 7087 Skyline Blvd. Hike Huckleberry Loop and Phillips Loop in Redwood Regional Park - about 5-6 miles and 700 feet elevation gain - about 70% shaded. Bring own water, snacks, lunch and pen to sign waiver. Limit 8 hikers plus 2 leaders. Email Pat at patricia.mcd1960@gmail.com starting 9/8 until 5 pm on 9/14.

LEADERS: Pat McDonald 510-364-4788 and Celeste Burrows at celesteburrows@sbcglobal.net, 510-388-5129 (day of hike - 510-388-5129)

Thursday, Sept 17 Berkeley Marina

9:30 Meet at the Seabreeze Cafe parking lot, 598 University Ave, at W. Frontage Rd. This is a scenic and interesting shoreline hike, on dirt and paved paths, 5-5.5 mi, 100' elevation. Restrooms available. Limited water, no shade, possible wind. Bring water and sun protection. Lunch after hike, outdoors at Seabreeze Cafe (bring or buy). Limit 12 total. RSVP to Celeste between 9/10, 8am and 9/16, 6pm, email preferred.

Leader: Celeste Burrows celesteburrows@sbcglobal.net, 510-601-1211 (day of hike cell 510-388-5129, text best) Co-leader: Lucy Perdicizzi, lucyperd@sbcglobal.net

Sunday, Sept. 20 DONLON POINT, DUBLIN

MOVED TO FRIDAY SEPT. 25

Thursday, Sept. 24 ANTHONY CHABOT REGIONAL PARK TRAILS

9:30 Meet at Redwood Canyon Golf Course Parking Lot (past the building). GPS 17007 Redwood Rd, Castro Valley. Out and back moderate hike starting at Brandon Trail, 5.5 miles 902' elev. gain. Dirt trails, 70% shade. Will stop at the picnic area at Honker Bay for snacks or lunch. Restrooms at trailhead. First 10 Hikers must call Sharon 510-468-1945 after Sept 19 to reserve your spot.

LEADERS: Wanda Fong 510-303-4454, Ellen Chen 925-389-1845, Sharon Wang

Friday, Sept. 25 DONLON POINT, DUBLIN

10:00 Meet at Donlon Pt Staging area on Dublin Blvd. 7 miles, 1200 ft elevation on wide dirt trails - no shade. Bag lunch on trail. Snacks not offered. Limit 8 hikers plus 2 leaders - will keep stand-by list. **Hikers please register after Friday Sept. 18 by email to Pat.** patricia.mcd1960@gmail.com.

LEADERS: Rose Suseoff 925-462-7854 (day of hike only 925-315-1670) and Pat McDonald 510-364-4788

Tuesday, Sept 29 Strawberry Canyon to Chaparral Peak

7 mi, 1200 ft. Loop hike. Details TBA. RSVP starting Tuesday Sept 22.

Celeste celesteburrows@sbcglobal.net and Pat patricia.mcd1960@gmail.com

LEADERS:: Celeste Burrows, Co-leader: Pat McDonald