

# CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

April 1 – June 30, 2021

Version 8

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**Selected Guidelines: Leaders:** Appoint a rear leader; wait at intersections for all to catch up.  
**Hikers:** Let the leader lead. **Report to leader if dropping out before end of hike.** **Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Currently, all hikes require reservation, contact the hike leader. **Carpooling:** Currently, carpools are not required due to COVID, but you are free to arrange carpools on your own. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.  
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**For most agencies, call 511 & state agency for which you need information.**  
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**Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.**  
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**This Schedule is posted on our website: [www.contracostahills.org](http://www.contracostahills.org)**  
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**COVID-19 GUIDE:** We are back on the trail again! But with some modifications. We will follow social distancing protocols. Numbers are limited. Bring a mask, maintain your distance and avoid crowded areas. Remember that all hikes are currently limited to 10 hikers including leaders, so contact the leader as directed in the write-up to reserve your spot! Leaders may form several groups of 10 to allow extra hikers. Members have priority for hikes – guests may go on hikes if there are open spots. There are still plenty of open dates, so please email or call Jim ([brnw\\_th@yahoo.com](mailto:brnw_th@yahoo.com) 925-577-1022) or Mary ([mulrich@sbcglobal.net](mailto:mulrich@sbcglobal.net) 925-876-0803) if you would like to lead a hike. **PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES!** Hikes may be added, COVID rules may be relaxed. We will update as conditions evolve.

**Thursday, April 1**

**RICHMOND MARINA AND MEEKER SLOUGH**

**10:00** Meet at Marina Bay Yacht Harbor parking lot at 1340 Marina Way S, Richmond. Walk paved SF Bay Trail around Marina, along shore, up Meeker Slough, through Marina Park and back to start. Almost 4 miles, flat. **Contact** Rosemary at [compasros@comcast.net](mailto:compasros@comcast.net) or 510-948-8385 starting March 26 to reserve a spot. **LEADER:** Rosemary Johnson (mobile day of hike) 510-619-5728

**Tuesday, April 6**

**ROUND VALLEY**

**10:00** Meet at Round Valley Regional parking lot, 13 miles east of Clayton on Marsh Creek Rd. This is a 7.4-mile hike with 550 ft. total ascent on fire roads that could be muddy and without much shade. Register with your phone number so we can reach you. We can split into 2 groups to keep the numbers to no more than 10 each group. Wear masks and social distancing required unless things change. **Leave a message** at [dorothybradt@sbcglobal.net](mailto:dorothybradt@sbcglobal.net) to register for this hike. **LEADERS:** Dorothy Bradt: 925-890-7195; Diane Cannon: 406-465-9873

**Thursday, April 8**

**open date**

**Sunday, April 11**

**LOS VAQUEROS WATERSHED**

**10:00** Meet at John Muir Interpretive Center at end of road, NORTH SIDE. There are bathrooms here. Parking Permit to enter \$4.00 for those in CCWC water district. All others \$5.00. The hike will take us along Mariposa Canyon out and back along Eagle Ridge trail. Total ascent 1154 ft., 7.83 miles with breathtaking views on gravel fire roads, so no mud. Please **call or email** Dorothy to register for this hike. Limited to 10 but leaders will split into 2 groups if more than 10 respond. Wear masks and 6 ft. social distance required unless things change.

**LEADERS:** Dorothy Bradt dorothybradt@sbcglobal.net 925-890-7195; Diane Cannon 406-465-9873; CannonClancy@hotmail.com

**Thursday, April 15**

**DRY CREEK PIONEER REGIONAL PARK**

**9:00** Meet at Dry Creek Pioneer Staging Area, 550 May Road, Union City. A moderate 5-mile lollipop hike with 832' elevation gain to Tolman Peak (935') on the May, High Ridge, South Fork, and Tolman Peak trails. Bring water, snacks, and a mask. No lunch break. Limit to 8 hikers +2 leaders.

**LEADERS:** Isabel Rogne rogneisa@gmail.com and Darlene Choy 510-483-6011. Darlene's cell morning of the hike only 510-371-3694. **RSVP from 4/10 to 4/13 by email** to darlenechoy@gmail.com

**Tuesday, April 20**

**MT. DIABLO EAGLE PEAK FROM MITCHELL CANYON**

**9:30** Meet at Mitchell Creek Visitor's Center (fee required). We hike the Mitchell Rock trail to Eagle Peak and return via Eagle Peak and Coulter Pine trails. 6 miles, 2000' gain. There are some rocky sections. Poles recommended. This is a strenuous hike. All hikers must **contact:** Edwin Osada ed.osada@gmail.com or 925-980-2641 on April 17 or 18. Limited to 10 hikers.

**LEADER:** Ed Osada 925-980-2641

**Thursday, April 22**

**MT DIABLO WILDFLOWERS**

**10:00** Meet at Grove Park, Clayton, near bathroom. We will then caravan in our own cars to park at a spot 1/2 mile from the Regency Gate, the actual start of hike. Parking is limited at Regency Gate. This is a 4.5-mile hike with total ascent 654 ft. There are 3 easy stream crossings so sticks may be helpful. Bring snack and water. Masks and social distance please. We may have to split into 2 groups of 10 each. Please **call or email** to reserve your spot, and let us know if you are not coming so we can give spot to another.

**LEADERS:** Dorothy Bradt dorothybradt@sbcglobal.net 925-890-7195; Kathy O'Toole kdotoole@att.net 925-672-6173

**Tuesday, April 27**

**DIABLO FOOTHILLS REGIONAL PARK**

**9:30** Meet at Livorna Staging Area. Hike through canyons and rolling hills. Socially distanced lunch on the trail. Bathroom behind bushes or trees. Hike limited to 10, including 2 leaders. **Email** Pat at patricia.mcd1960@gmail.com by 5 p.m. on April 26th.

**LEADERS:** Pat McDonald 510-364-4788; Celeste Burrows 510-388-5129

**Thursday, April 29**

**STAIRWAY HIKE - BERKELEY**

**10:00** Meet at Ashby Bart. Enjoy the beautiful Elmwood section of Berkeley with its fascinating architecture including signature houses by Julia Morgan and Leola Hall. 159 steps and gentle hills, about 5 miles. Restrooms at Whole Foods. Wrapped treats offered. We will not plan an organized lunch break but snacks can be brought or purchased at Whole Foods before/after the hike. **RSVP** to lucyperd@sbcglobal.net (please do not call). Two groups of 10 will be okay.

**LEADERS:** Lucy Perdichizzi lucyperd@sbcglobal.net (cell for day of hike ONLY 510-410-1285, prefer text); Celeste Burrows (day of hike ONLY 510-388-5129 prefer text).

**Sunday, May 2**

**LYNCH CANYON OPEN SPACE, VALLEJO**

**10:00** Meet at Lynch Canyon parking lot (\$6 exact change per car parking fee). Directions will be emailed. Hike 7 miles of ups and downs with 1000' elev. gain on open ranchland. Nice views, away from hustle & bustle. Bring lunch, water, mask and hat. Restrooms only at start and end. Limit of 10 hikers plus leader. **Reserve** your spot before May 1 at mlbran1@yahoo.com.

**LEADER:** Mike Branning cell 510-734-5042

**Thursday, May 6**

**HERCULES BAY TRAIL**

**10:00** Meet at Duck Pond Park on Sycamore Avenue, west of San Pablo Avenue. Explore marshes, creek, and bay on 4-mile flat loop hike on paved trails. Bring water, mask, binoculars optional. **RSVP** starting April 30 to May 5 to compasros@comcast.net (preferred) or call 510-948-8385. Let's hope that most of us will be vaccinated by then and we can have more than 10 hikers!

**LEADER:** Rosemary Johnson (mobile day of hike) 510-619-5728

**Tuesday, May 11**

**REDWOOD REGIONAL PARK**

**9:30** Meet at Canyon Meadow Staging Area in Redwood Regional Park. Hike about 6 1/2 miles with 1100' elevation gain on shaded trails, including Golden Spike and French trails. Socially distanced lunch on trail. Limit 10 hikers, including 2 leaders. **Email** Pat patricia.mcd1960@gmail.com by 5 p.m. on May 10.

**LEADERS:** Pat McDonald 510-364-4788; Celeste Burrows 510-388-5129

**Thursday, May 13**

**DIABLO FOOTHILLS REGIONAL PARK**

**9:00** Meet at Diablo Foothills Regional Park staging area, 1700 Castle Rock Rd., Walnut Creek (at the very end of Castle Rock Rd.). Enjoy views of the beautiful Castle Rocks along the Stage Road Trail, 4-6 miles out and back, mostly level with shade. Bring lunch and water. Restrooms are available at start and finish. All hikers must **email** Karen (karntzen5@gmail.com) by May 6.

**LEADERS:** Karen Arntzen 925-357-0409; Patricia Derickson 925-876-3278

**Tuesday, May 18**

**LAFAYETTE RESERVOIR RIM TRAIL**

**9:30** Meet at reservoir. Hourly parking, day parking, or pass. Free parking off Mt. Diablo Blvd if you hike up. Hike 5-6 miles with ~750' elevation gain on rim trail. Restrooms at reservoir. Hike limited to 10, masks, social distancing. Optional distanced lunch at the end of the hike. **Register** with Mary between May 12 and 17.

**LEADER:** Mary Ulrich, 925-876-0803; mulrich@sbcglobal.net

**Thursday, May 20**

**CLAYTON – THE GROVE TO DONNER CANYON**

**9:30** Meet at Clayton Downtown Grove Park, 61 Main St., Clayton. Restrooms at start and end. Walk Bruce Lee paved trail to Regency. Then follow Donner Creek Canyon Trail, a dirt fireroad. Out and back hike of 7.3 miles, 300+ elevation gain/loss. Masks and social distancing required, unless things change. If more than 10 sign, we can split into 2 groups. Call Diane to reserve a spot by Tuesday, May 18.

**LEADERS:** Diane Cannon 406-465-9873, Fran Leighty 925-944-9068

**Tuesday, May 25**

**BRIONES, ALHAMBRA STAGING AREA**

**9:30** Meet at the Alhambra Creek Valley Staging Area on Reliez Valley Rd in Martinez for a 6.7 mi, 1350' elevation hike on Briones northern side. Cool shady canyons, sweeping ridgetop vistas, and wide trails. Bathrooms at trailhead. Bring lunch, liquids and masks. Sticks helpful but optional, as is something to sit on at lunch. Limit 10. **RSVP** to Celeste by 3 p.m., Monday, May 26 at celesteburrows@sbcglobal.net (preferred) or 510-601-1211.

**LEADERS:** Celeste Burrows and Pat McDonald. Day of hike cell: Celeste 510-388-5129 or Pat 510-364-4788

**Thursday, May 27**

**POINT PINOLE – ATLAS ROAD STAGING AREA**

**10:00** Meet at Point Pinole parking lot at the end of Atlas Road in Richmond. 4-mile flat loop hike. Mostly dirt trails – last one is rough but well-trod path. Please bring water, mask. Wrapped treat at end of hike. **RSVP** starting May 21 to May 26 to [compasros@comcast.net](mailto:compasros@comcast.net) (preferred) or call 510-948-8385.

**LEADER:** Rosemary Johnson (mobile day of hike) 510-619-5728

**Sunday, May 30**

**open date**

**Tuesday, June 1**

**TILDEN PARK**

**10:00** Meet at Little Farm in Tilden Park. Head up Laurel Canyon trail to the Nimitz trail, down the Wildcat Peak trail. Around 4 miles and 500' elevation gain, lots of narrow dirt trails, some paved, part shade. **Register** with Anne Herrick between May 24 and 31.

**LEADERS:** Anne Herrick 510 528 9821 and Mary Ulrich 925 876 0803

**Thursday, June 3**

**HAP MAGEE PARK TO O'NEILL HOUSE, DANVILLE**

**9:30** meet at Hap Magee Ranch Park, Danville, for a 4.5 mi., 400' elevation gain, out & back hike to Eugene O'Neill Site (no tour). Beautiful views of valley and Mt. Diablo. Sticks useful, all dirt trails, one steep hill near start of hike. Restrooms start/finish. End hike with lunch at Hap Magee. Hike will be limited to 20 hikers. If more than 10 hikers sign up, the leaders will split the group into two. **RSVP** [eboetes@comcast.net](mailto:eboetes@comcast.net), deadline noon Wednesday, June 2nd. Please do not go to the trailhead unless you have an email confirmation. Face coverings & social distancing required.

**LEADERS:** Fran Leighty 925-944-9068 & Evelyn Boetes 925-786-0292

**Sunday, June 6**

**open date**

**Thursday, June 10**

**HEATHER FARMS TO CIVIC PARK ON IRON HORSE TRAIL**

**9:30** Meet at Heather Farms Park in the swim center parking lot. This is a level, 3-6 mile, out-and-back hike on the asphalt Iron Horse Trail. Lunch at Civic Park where hikers can depart and walk to WC BART, or return to Heather Farms. Bring lunch and water. Plenty of restroom stops. Limit 10 hikers per group. All hikers must **email** Karen at [karntzen5@gmail.com](mailto:karntzen5@gmail.com).

**LEADERS:** Karen Arntzen 925-357-0409 and Patricia Derickson 925-876-3278

**Sunday, June 13**

**CULL CANYON RRA TO CHABOT**

9:00 Meet at the Cull Canyon Regional Recreation Area parking lot, north end, in Castro Valley. A moderately strenuous 6 mile out & back hike with about 900' elevation gain on part of the Bay Area Ridge Trail that follows Cull Creek in the San Lorenzo watershed before crossing over the ridge into the San Leandro Creek watershed. Bring water, snacks, and a mask. Lunch after the hike at the Cull Canyon RRA picnic tables. Limit to 8 hikers +2 leaders. **RSVP** from 6/10-6/11 by email to [darlenechoy@gmail.com](mailto:darlenechoy@gmail.com)

**LEADERS:** Isabel Rogne [rogneisa@gmail.com](mailto:rogneisa@gmail.com) and Darlene Choy 510-483-6011.

Darlene's cell morning of the hike only 510-371-3694.

**Thursday, June 17**

**INSPIRATION POINT TO LAKE ANZA**

**--- RESCHEDULED FOR Sept. 30 ---**

**10:00** Meet at Inspiration Point parking lot. Restroom at start and at lake. 4.5 miles, about 800' elevation gain with ups and downs. **Contact** Rosemary at [compasros@comcast.net](mailto:compasros@comcast.net) or 510-948-8385 starting June 11.

**LEADER:** Rosemary Johnson (mobile day of hike) 510-619-5728

**Sunday, June 20**                    **EL CERRITO KENSINGTON LOOP**

**10:00** This hike starts off at the small Huber Park (restroom) and climbs and climbs including staircases, streets, and dirt trails of Camp Herms and Ye Olde School Trail and Path. Wonderful views on the bay and Wildcat Canyon and Tilden. Lunch at Kensington Park. Limited to 10. **Contact** leader at l\_a\_switzer@hotmail.com after June 13th to reserve. Informal carpool may be available. The route is 6 miles with about an 800 ft elevation gain.

**LEADER:** Lois S.; home 510-526-4376; cell 510-542-7183 (day of hike only)

**Tuesday, June 22nd**            **REDWOOD REGIONAL PARK**

**9:30** Meet at Canyon Meadows Staging Area. Hike 6.2 miles, 967 ft elevation gain - Stream Trail, Tres Sendas Trail, French Trail, Orchard Trail. Almost all shaded. Limited to 8 hikers plus 2 leaders. **Email** Pat at patricia.mcd1960@gmail.com from 6/15 to 6/21 at 5pm.

**LEADERS:** Pat McDonald 510-364-4788, Patricia Derickson 925-876-3278

Thursday, June 24                    **MIDDLE HARBOR SHORELINE PARK, OAKLAND**

**10:00** Meet in the parking lot, Middle Harbor Shoreline Park. Take Hwy 880, exit at 7th Street. Follow 7th Street past Maritime Street to the stoplight at Middle Harbor Road and take the first right turn into the parking lot. This is a 4 mile level loop hike. We will see lots of birds, boats, ships and magnificent views. Bring lunch. We will social distance. Limit 10 hikers including 2 leaders. Call Beryl on June 21 for a reservation.

**LEADERS:** Beryl Vonderheid 510-532-8340 (cell day of hike only 510-207-4042)  
Roberta O'Grady 510-769-8423

**Sunday, June 27**                    **open date**