

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

October 1 – December 31, 2021 *Version 15*

Selected Guidelines: Leaders: Appoint a rear leader; wait at intersections for all to catch up.
Hikers: Let the leader lead. **Report to leader if dropping out before end of hike.** **Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Currently, all hikes require reservation, contact the hike leader. **Carpooling:** Currently, carpools are not required due to COVID, but you are free to arrange carpools on your own. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This Schedule is posted on our website: www.contracostahills.org

COVID-19 GUIDE: We are back on the trail again! But with some modifications. We will follow social distancing protocols. Bring a mask, and wear it. Try to maintain your distance and avoid crowded areas. Some hikes may be size-limited. For most hikes, you have the option of taking transport/carpool, or come on your own. Unvaccinated hikers must arrange their own rides and observe strict distancing and masking. Remember that everyone **must sign up** ahead of time for all hikes.

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may be changed, COVID rules may change. We will update as conditions evolve.

Sunday, October 3 DOWNTOWN BERKELEY TO U.C. BOTANICAL GARDEN
9:30 Meet at top of escalator at Downtown Berkeley BART. Walk through Berkeley campus, then on sidewalk/dirt up Strawberry Canyon and into U.C. Botanical Garden. Tour, lunch at tables and free time. Restrooms. Bring a mask and wear it, required indoors. Return through streets and campus. About 5 miles and 700' elev. Limit 15. All hikers **contact** Dorothy by Thursday evening, September 30, at 510-524-8365 or dotkap@usa.net
LEADERS: Dorothy Kaplan, cell day of hike 510-821-4278; Fran Leighty

Thursday, October 7 EL CERRITO AND RICHMOND HILLS
10:00 Meet outside south end El Cerrito del Norte BART. Hike via BART trail, Canyon Trail Park, Tulare to Mira Vista steps, then to the Arlington via Olive. Lunch at dog walking area before returning via Poinset Park to BART. Restrooms at parks. About 550-foot gain and 4 ½ miles with redwood trees, beautiful views, and interesting Storybook homes and gardens. To attend, please **e-mail** joschultz@gmail by October 6.
LEADERS: Jo Anne Schultz (cell day of hike only 510-734-9324); Mary Huang (cell day of hike only 510-949-6376)

Sunday, October 10 WILDCAT CANYON AND SAN PABLO RIDGE TRAIL LOOP
9:45 Carpool at El Cerrito del Norte BART (east side) or **10:00** at Alvarado Staging Area Parking near restroom. Hike along San Pablo Ridge Trail and take lunch at Nimitz Way. Return by Havey Canyon and Wildcat Creek Trail. About 7 miles and 900' elevation gain. Some steep hills, strenuous. Sticks helpful. One restroom at start and end of hike. Hikers are to **contact** Amy Tieku by Saturday, Oct 9, noon to sign up (email preferred).
LEADERS: Amy Tieku, 510-290-2125, abtieku@outlook.com; and Lois Switzer, home 510-526-4376, cell day of hike only 510-542-7183.

Thursday, October 14 **SAN FRANCISCO TILED STAIRWAYS AND FANTASTIC VIEWS**
9:30 Exit Embarcadero BART and take MUNI K, L, or M; arrive at Forest Hill Station on Laguna Honda Blvd at **10:00**. Approx 5-mile loop, 500' gain. Walk through interesting neighborhoods. Bring lunch to eat at the Concourse in Golden Gate Park next to the DeYoung Museum. Sticks helpful. Hikers email SuzyMark@JPS.net on or after October 7th to reserve a place on the hike.
LEADERS: Suzy, 415-577-1869 & Jon Mark, 415-225-5628; co-leaders Jim Baranowski, brnw_th@yahoo.com, 925-577-1022; Liz Howell (morning of hike only) 415-425-5538

Sunday, October 17 **MISSION PEAK, FREMONT**
Carpool 9:15 Walnut Creek BART, **9:35** at West Dublin BART Station (Dublin side), or **10:00** meet at Sunol Regional Wilderness, 1895 Geary Rd, Sunol, CA 94586, parking area near restroom by Green Barn. **(NOTE: no pickup at Fruitvale)**. Hike the Ohlone Wilderness Trail to Mission Peak. Gentle 10 miles out and back, 2200' elevation gain. Sticks helpful. One restroom at start and one at Spring Backpack Camp before Mission Peak. Wilderness Permit is a map for \$2.00, available at gate. \$5 Parking fee maybe waived if all have Wilderness Permit. Drivers / Riders to **contact Sue Elliott** 925-672-0533 for carpooling by 10/16 6p. (925-451-3307 morning of hike only). Heavy rain cancels. **LEADERS:** Yeao-Nan Hsieh 925-895-6020 ynhs@comcast.net, Mark Wang 925-368-8041, Sue Elliott, Bill Chen 707-319 -1283.

Thursday, October 21 **GEORGE MILLER REGIONAL TRAIL, MARTINEZ**
10:00 Meet at Nejedly Staging Area on Carquinez Scenic Road for a 7.3-mile hike with 720' elev gain on paved road and dirt trails with one moderate hill each way. Carpool or drive 3 miles to the trailhead. Restroom at Nejedly and halfway along trail. Bring lunch to eat at Port Costa. Out and back hike with shorter hike possible. Sticks useful. All hikers **RSVP** to Mike (email preferred) mlbran1@yahoo.com between 10/15 and 6:00 p.m., 10/20.
LEADERS: Fran Leighty, 925-944-9068; Bea Wills, cell 925-595-1051; Mike Branning 510-734-5041

Sunday, October 24 **MORGAN TERRITORY REGIONAL PRESERVE, LIVERMORE**
10:00 Meet at Morgan Territory Staging Area, 9401 Morgan Territory Rd., Livermore. Loop hike along Volvon, Valley View, and Blue Oak trails. Rolling hills-one steep section. 8 miles, 900' elevation gain/loss. Valley views and 2020 fire damage. Bathrooms at Staging Area and on trails. Sticks recommended. **RSVP** to Diane by 10/22.
LEADERS: Diane Cannon 406-465-9873; Pam Littlejohn 510-329-0896

Thursday, October 28 **PLEASANT HILL HIKE & FREE LUNCH**
10:00 Meet at Pleasant Hill BART and walk 2.5 mostly level miles on city streets and trails to Karen's home at 544 Boyd Road for Lemonade, then proceed 1.6 miles to Patricia's home at 242 Ilene Drive for a free lunch. We're walking rain or shine. Return via a half mile to bus stop.
In keeping with CCHC Guidelines, you must be fully vaccinated to attend. Booster optional. Due to the lurking COVID virus, we'll be serving Togo's sandwiches, a small bag of chips, and a cookie. Make your reservation starting **October 15 to October 22**, and we'll give you the selection of sandwiches available and take your order. Email Patricia at cchchikergal@gmail.com **NOT sbcglobal.net!** We'll be eating inside and outside and in the garage if it rains!
LEADERS: Patricia & Nidhi Derickson, Karen Arntzen 925-357-0409, Diane Barde

Tuesday, November 2 **PLEASANTON RIDGE REGIONAL PARK**
9:30 Meet at Pleasanton Ridge Regional Park, Foothill Staging Area GPS 37.614818,-121.881837 for 6-61/2 miles with 1130-1200 ft elevation gain hike. Gradual climb to ridge, good trails, 60-65% shaded, excellent views. Lunch on trail. Sticks helpful. Rain cancels. **RSVP** to Pat at patricia.mcd1960@gmail.com by November 1 at 5pm
Leaders: Pat McDonald 510-364-4788 and Althea Wong 925-487-6469

Thursday, November 4 **BRUSHY PEAK, LIVERMORE**
9:00 Meet at Dublin/Pleasanton BART station (end of line) or **9:30** at trailhead, 3899 Laughlin Rd., Livermore. Westside Loop Trail to Brushy Peak. Moderate hike w/dirt trails, 4.5 mi loop w/919' elevation gain. Restroom at staging area only. **Text** Sharon Wang 510-468-1945 before 11/3 if attending and **specify if taking BART or willing to drive**.
LEADERS: Wanda Fong 510-303-4454, Sharon Wang 510-468-1945, Ellen Chen 925-389-1845

Sunday, November 7 FERRY BUILDING TO SAUSALITO

9:30 Meet in front of Ferry Bldg. Hike 11 mostly flat miles along Embarcadero, Fisherman's Wharf, Crissy Field, and across GG Bridge, thru Fort Baker to Sausalito. Return by ferry to Ferry Bldg (Clipper \$7:00 Senior) or GG Transit bus to downtown S. F. (Clipper \$4:00 Senior). **RSVP** to Mike before 6 p.m., 11/6.

LEADERS: Mike Branning, cell 510-734-5041 & Fran Leighty, 925-944-9068

Thursday, November 11 SAN FRANCISCO CIVIC CENTER

10:00 Meet in front of the San Francisco Main Library facing Larkin Street, where restrooms can be used. We will spend the day roaming around San Francisco looking at famous Jewish sites, about 7 miles. **RSVP** to Julia by email jxcordell@hotmail.com between November 1 and November 9.

LEADERS: Julia Cordell and David Jadeson. Day of hike calls: Julia: 510-388-1800 or David: 510-493-6721

Sunday, November 14 BLACK DIAMOND MINES REGIONAL PRESERVE

9:30 Meet at Pittsburg Bay Point BART where **cars needed** to drive to parking end of Somersville Rd. \$5.00 per car entrance fee. Rain cancels. This is a 6 mile loop hike with 1,000 total elevation gain. Nowhere is it flat. Roots and sandstone on some short steep sections so it is a workout.

Recommend good boots and sticks if you use them. We will stop in the Visitor Center located in a Mine tunnel at end of hike. **RSVP** to Dorothy.

LEADERS: Dorothy Bradt, 925-890-7195; Kathleen Fennelly, (email preferred) kgfgardener@comcast.net 510-566-9755

Thursday, November 18 QUARRY LAKES PARK, FREMONT

10:00 Meet at Union City BART. Walk 1 mile to the park entrance, then 1-2 miles around Quarry Lakes with views of the floating dock, the new fish ladder, bring lunch. Approx. 4 miles, level, loop hike. **Call** leaders by Nov.17 if you are joining us.

LEADERS: Jerry Ford, 510-921-1739; Frank Martin, 510-460-8725; Stew Perlman, 510-490-8256

Sunday, November 21 TENNESSEE VALLEY TO BEACH

9:00 Meet at Del Norte BART where **cars are needed** to drive to Tennessee Valley parking lot or **9:45** at trailhead. Two hikes. The short hike is a 4 mile fairly level loop hike from the parking lot to Tennessee Cove. For those wanting more of a workout, Diane and Dorothy will split from the group at Coastal Trail and head for Muir Beach where we will have lunch. Hike back via Fox trail, 7 miles, approx. 1000' elev. gain on the long hike. All fire roads. Rolling hills. Be sure those in your car pool are doing the same hike. Bring lunch & dress in layers. Heavy rain cancels. Please **email** Patricia at cchchikergal@gmail.com by Friday, November 19, if you plan to join us.

LEADERS: Patricia Derickson 925-876-3278, Dorothy Bradt 925-889-9532, and Dianne Cannon 406-465-9873

Thursday, November 25 THANKSGIVING POTLUCK AT BORGES RANCH

9:30 Meet at Walnut Creek BART, where **cars are needed**, or **10:00** meet at Borges Ranch parking area. If driving, from I-680 take Ygnacio Valley Blvd. east; turn right on Walnut Avenue (NOT Walnut BLVD). Go ~2 mi. until traffic circle, exit right onto Castle Rock Rd; continue past Northgate High School to Borges Ranch turnoff on right. Hike ~4 mi. loop with ~400' elevation gain. Sticks useful. Hike followed by a Thanksgiving potluck. Please bring your favorite finger foods and joyous spirits to share! Water, restroom, and covered picnic tables. We'll finish by 2 p.m. All hikers **must call** Bill by 6:00 p.m., Wed., Nov. 24. Light rain ok, heavy rain cancels.

LEADERS: Bill Motzer, 925-247-0811; cell day of hike, 925-337-1710; and Sophia Garcia 510-549-2413

Sunday, November 28 FRANKLIN RIDGE TRAIL, MARTINEZ

10:00 Meet at Pleasant Hill BART where **cars are needed**; or meet at Martinez Regional Shoreline Park at 10:30. Take Ferry St across the tracks to enter park. Meeting point is parking lot in vicinity of steam engine and restroom. Hike 7-8 miles, about 700' elev. gain on some steep trails up/down the ridge. Restrooms at start & finish of hike. Sticks needed. Return on city streets. **RSVP** to Diane by 6 p.m., Friday, 11/26.

LEADERS: Diane Cannon, 406-465-9873; Fran Leighty, 925-944-9068

Thursday, Dec. 2

ARDENWOOD FARMS

Meet at Union City BART no later than **9:15 am** to take the #238 bus at 9:36 am to Ardenwood Farms. If driving, park in the lot at the entrance and be at the front gate by **10:10**. The entrance fee for seniors is \$5.00 or \$6.00 for those under 62 years. We will walk the farm, an easy 4 1/2 mile loop. Register with Beryl on November 29 at 510-532-8340, after 8:30 am
LEADERS: Beryl Vonderheid; Lucy Perdichizzi, 510-601-7273; and Roberta O'Grady, 510-769-8423. Beryl's cell phone, day of hike only. 510-207-4042

Sunday, December 5

ROSE GARDEN TO TILDEN LOOP

9:30 Meet at Berkeley Rose Garden, 1200 Euclid Ave, restrooms available. Loop hike of ~6 miles on steps, streets, and trails. 750' gain, 525 steps, 400' drop before lunch and restrooms north of Lake Anza. Return route includes 1 mile with 350' gain; remainder mainly flat and downhill. Sticks recommended. In case of mud on trails, will follow a modified route of paths and streets only. Rain cancels. **Limit** 10 hikers, in addition to the hike leaders. **RSVP** by email to Chuck Browne from Nov 26 through Dec 1, cebrowne6@yahoo.com. Limited BART pickup available; please request in RSVP.
LEADERS: Jo & Chuck Browne (cell 707-509-9914) and Henry Chan (day of hike cell 510-672-4533)

Thursday, December 9

ROCKY RIDGE, LAS TRAMPAS REGIONAL WILDERNESS

9:30 Meet at Walnut Creek BART, or Dublin West BART (Dublin side), where **carpools are needed**, or just meet us at **10:00** at Bollinger Canyon Staging area, Las Trampas Regional Wilderness, located at the west end of Bollinger Canyon Road out of San Ramon. Hike 5 miles, 1100' vertical on dirt and paved Elderberry and Rocky Ridge trails for views, hills, and cows. Sticks helpful. Bring layers, lunch, and a mask. Heavy rain cancels. Alternate paved (and steeper) route if muddy. All hikers **contact** Jim Baranowski at brnw_th@yahoo.com or 925-577-1022 between 12/1 and 12/8.
LEADERS: Jim Baranowski, and --- please contact me and volunteer to help!

Sunday, December 12

CARR RANCH LOOP TRAIL, MORAGA

CANCELED
Due to projected rain

Thursday, December 16

SAN FRANCISCO TRAILS HIKE

10:00 Meet in the grassy field behind Forest Hill MUNI station. Hike includes Edgehill Mountain, Mt Davidson, and the Laguna Honda open space trails. 4.5-5 mi, 600-700 ft. Optional lunch and additional 1+ hour route after. Sticks helpful. Rain cancels. Directions to start: From downtown underground SF BART stations, take K MUNI to Forest Hill station. **RSVP** by Dec 15, 5 p.m. to Celeste Burrows celesteburrows@sbcglobal.net, 510-388-5129 (text is best).
LEADERS: Celeste Burrows; Pat McDonald, patricia.mcd1960@gmail.com, 510-364-4788; Althea Wong, moy@wawong.com

Sunday, December 19

LOS VAQUEROS REGIONAL PARK

10:00 Circle at County Line Staging Area. Take Vasco Rd. 4.5 miles north of Livermore to the Los Vaqueros South Entrance. Cars \$6/\$5 seniors. Restrooms at start. Follow Homestead, Valley View, & Black Hills Trails. Tremendous views. 7 miles, 1,000' gain/loss. Sticks recommended. Rain/mud cancels. **RSVP** Diane by 12/17.
LEADERS: Diane Cannon 406-465-9873, Dorothy Bradt 925-890-7195

Thursday, December 23

LAFAYETTE RESERVOIR - SEED BELL HIKE

10:00 Meet at Lafayette BART (south side) and walk 5 miles to and around reservoir (200' elev. gain). We're hiking rain or shine and bringing our traditional seed bell for the birds' tree! Hot cider & cocoa will be provided. Bring your lunch & we'll have treats for you. **RSVP** to Patricia at cchchikergal@gmail.com by December 21, so we'll be sure to have enough refreshments. Be sure to bring your masks.
LEADERS: Patricia Derickson, 925-876-3278; Nidhi Derickson; Georgette Armstrong; Karen Arntzen; Diane Barde

Sunday, December 26

BOXING DAY – OPEN DATE

Thursday, December 30

SAN FRANCISCO CROSSTOWN TRAIL, SEGMENTS 4 & 5

CANCELLED DUE TO COVID CONCERNS

9:30 Meet at Embarcadero BART by MUNI entrance to N Judah, or 10:30 am at the Andronicos at Funston and Irving(bathrooms). GG Park, Presidio, Baker Beach, to Land's End. Bring lunch. 7 miles, 300' elev gain. Sticks useful in one small part. Rain cancels. To sign up, **contact** Jan via email starting 12/20.

LEADERS: Jan Lecklikner, jleck.2@gmail.com, 415-971-3783; Suzy and Jon Mark, suzymark@jps.net, 415-577-1869; Jon 415 -225-5628