



Presidio to Lands End, San Francisco



Pinnacles National Park, California



Columbia River Gorge, Oregon



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Harold French  
Contra Costa Hills Club



Suzy Mark

**CONTRA COSTA HILLS CLUB**  
P.O. Box 2056, El Cerrito, CA 94530

**[contracostahills.org](http://contracostahills.org)**

Brochure created by Suzy Mark

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**CONTRA  
COSTA HILLS  
CLUB**

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The Contra Costa Hills Club is committed to the protection of the environment. As hikers, we respect the areas through which we hike. CCHC's Conservation Committee donates regularly to more than two dozen worthy, nonprofit environmental organizations.





## WHAT WE ARE DOING NOW



Harold French Bench and Amphitheater, Overlook Trail, Sibley Volcanic Regional Preserve, Oakland, CA

In 1920 there were still large areas of open land in the Oakland and Berkeley hills. Few realized the need to set aside some of this land for public parks. None of the early conservation clubs worked to save local lands.

Harold French, our founder, understood the need to preserve these lands as open space. With other leaders he founded the Contra Costa Hills Club as a conservation and hiking club.

In 1934 his dream for the parks was realized. Under his leadership and with the work of our club and others, Tilden, Round Top (now Sibley) and Temescal became Regional Parks; the East Bay Regional Park District was established.



Contra Costa Hills Club has 232 members. CCHC schedules Thursday and Sunday hikes, overnight outings, holiday and spring luncheons, an annual picnic, and an annual meeting. Events not sponsored by CCHC - including a monthly book club, Out to Lunch Club and many other interesting events - are announced in the monthly Extracurricular email publication.

### Thursday and Sunday Hikes

Club members volunteer to organize two hikes each week, one on Sunday and one on Thursday. We hike the trails at Mt. Tamalpais, Mt. Diablo, the East Bay Regional Parks, Golden Gate National Recreation Area, Pt. Reyes National Seashore, and San Mateo County mountains. We explore S.F. Bay shorelines and fascinating spots within our local cities.

Email schedules of hikes are supplied to each member. Hikes are planned to enable use of public transportation, whenever possible. See our website for current hike schedules. [contracostahills.org](http://contracostahills.org).

### CCHC OVERNIGHT OUTINGS

The CCHC Overnight Outings Committee meet 6 times a year to plan and/or help coordinate club-sponsored overnight outings. Two outings are planned each year and are usually 5 days including travel time.

**Interested in trying a hike?** First go to The CCHC website [contracostahills.org](http://contracostahills.org). Click on Hikes, Outings at the top of the page. Then scroll down to SAME DAY HIKES and click on the newest quarter. Pick a hike you'd like to enjoy and contact the hike leader. Let the leader know you are new to the club so the leader can greet you. So easy! We look forward to meeting you and welcoming you to our hike.



Lassen Volcanic National Park, CA