

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

October, November, December 2024, V15

Selected Guidelines: LEADERS: Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. HIKERS: Let the leader lead. Report to leader if dropping out before end of hike. EVERYONE: Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. INCIDENTS: It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. CARPOOLING: Carpooling is back. Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. **New suggested rate** for the entire car is **67** cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: **\$.34/mile**, 3 pers: **\$.23/mi**, 4 pers: **\$.17/mi**, 5 pers: **\$.14/mi**.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This Schedule is posted on our website: www.contracostahills.org

COVID-19 GUIDE:

- Bring a mask (N95 recommended). Masking is not normally required, but be prepared to wear one if requested.
- Proof of vaccination is not needed, but hikers, use common sense! Don't come on a hike if you don't feel well, and test if exposed.
- If a reservation is requested, please contact hike leader. Some hikes may be size-limited.
- For most hikes, you have the option of taking transport/carpool or coming on your own.
- Please try to follow social distancing protocols.

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may change. We will update as conditions evolve.

Thursday, October 3

SF DOUBLE CROSS TRAIL, SECTION 1

9:15 Meet at Daly City BART to board 9:38 Muni bus 58 to John Muir Dr & Skyline Blvd. Begin hike at Fort Funston. Walk Lake Merced path, through Harding Park golf course, Pine Lake Park & Stern Grove Park to hike's end at West Portal Muni station. Lunch at Stern Grove – bring lunch. 6 miles on dirt & pavement; 550 ft. altitude gain. Poles optional. Rain cancels. Download map and step-by-step directions at: <https://crosstowntrail.org/>

LEADERS: Jan Lecklikner 415-971-3783 & Jo Anne Schultz 510-734-9324

Sunday, October 6

CANCELED

Thursday, October 10

GOLDEN GATE BRIDGE TO SAUSALITO

8:58 board Golden Gate Transit 150 San Rafael bus at Larkin & Grove (in front of SF main library) [Civic Center BART-Exit B2 escalator, cross Market St., walk to library]. 9:21 Offboard at Toll Booth/GGB Welcome Center. Walk across GGB to Sausalito Ferry. ~5 miles; 101 stair steps total at multiple spots, 275' climb; sidewalks, asphalt, packed dirt trails & boardwalks. Restroom/toilets along the route. Dress in layers. FOG? SUN? Bring lunch/snack, water. RAIN CANCELS! Return on 1:35, 3:35, 5:05, 6:35 ferry to SF. Or at 1:29, board hourly Golden Gate Transit 130 bus to Civic Center BART (Hyde & Grove/SF Library, arrive at 2:09)

LEADERS: Rita Poppenk & Dexter Barker 1-510-329-9826

Sunday, October 13

BLUE ANGELS VIEWING/SAN FRANCISCO

12 noon Meet in front of Ferry Bldg (near Embarcadero BART) (restrooms). Hike to Pier 39, continue on to Fisherman's Wharf and Maritime Museum (restroom) where hike ends. We will sit by the steps facing the Bay and have lunch & wait for Blue Angels event, which begins at 3:00 p.m. Hike will end when Blue Angels Event is over. Hikers may walk back to Embarcadero BART or take Muni back to Embarcadero or walk to Van Ness and take the bus back to Van Ness and Market St., and make short walk to Civic Center BART.

LEADERS: Sets Amann 510-489-8096 or day of hike only 510-909-7734; Noël Siver noelsiver2@yahoo.co.uk, 510-923-1327 (landline only)

Thursday, October 17 **MARTINEZ HISTORY TOUR AND MARINA HIKE****9:45** Meet at the Bocce Ball Court parking lot at the Martinez Marina. Be there before 10 a.m. as the trains start coming in and will block your access to the marina. Directions: from 680 take Marina Vista exit. Go left and then all the way to Ferry St. Right turn then cross RR tracks. Park in first lot on right. From Alhambra Ave., turn right onto Main St. Left on Ferry. **Pick-ups at North Concord BART** no later than **9:10**. **RSVP is required** as I must limit hike to 15 due to narrow sidewalks. With both tour and walk at marina, distance is approx. 4 flat miles. Bring lunch to eat in between the two sections of hike. Heavy rain cancels.

LEADERS: Yvonne Moss: text at 925-286-1130 or mossyvonne52@gmail.com; Sylvia Kwan: 925-852-9561

Sunday, October 20 **MORGAN TERRITORY REGIONAL PRESERVE, LIVERMORE**
10:00 Meet at Morgan Territory Staging Area, 9401 Morgan Territory Rd., Livermore. Loop hike along Volvon, Blue Oak, & Valley View trails. Rolling hills. One steep section. 8 miles, 900' elevation gain/loss. Expansive views - 2020 fire damage. Bathrooms at staging area and on trails. Sticks recommended. Rain/mud cancels. **RSVP** to Diane by 10/18.

LEADERS: Diane Cannon 406-465-9873, Pam Littlejohn 510-329-0896, & Marilyn Langlois 510-710-4493

Thursday, October 24 **CATERED LUNCH**
10:00 Meet at Pleasant Hill BART to walk city streets & Canal Trail (with a stop at the one-year-old PH Library for restrooms), then stop at Karen's home for lemonade & meditation in garden, and on to Patricia's for ToGo sandwiches. We'll eat inside & outside or in garage if it rains, so we meet, rain or shine. Approx. 4.5 level miles. Return via half-mile walk to bus stop. Sandwich selections available nearer hike date. Email Patricia at cchchikergal@gmail.com (preferred) or 925-876-3278. Let us know if you'll meet us at BART or drive directly to house.

LEADERS: Patricia & Nidhi Derickson, Karen Arntzen 925-357-0409, & Diane Barde

Sunday, October 27 **EL CORTE MADERA CREEK/TAFONI TRAIL, SAN MATEO CO.**
8:38 Meet at Hayward BART station where **cars are needed** to drive 33 miles to El Corte Madera Creek Park in Redwood City at the Skeggs Pt parking lot by 9:45. Hike a 5.9 mi, 1020' elevation gain, moderate, wide dirt loop trail, 95% shade. Will take El Corte Madera Creek Trail loop for most of the hike, then Resolution Trail, Fir Trail, and Tafoni Trail. Take Tafoni or Fir Trail back to the start. Bring water, food, poles. Only restroom is at 16040 Skyline Blvd, Redwood City (extra time!). Riders and drivers **contact** atoyfrog@gmail.com by October 25.

LEADERS: Angie Toy, 650-740-2063; Wanda Fong 510-303-4454

Thursday, October 31 **SOME OAKLAND MURALS**
10:00 Meet at Oakland City Hall (12th St BART, 14th St exit, Exit 4A, Ogawa Plaza) for restrooms. In the Old Oakland and Jack London Square districts we will view 8 murals created during the 2018 Oakland Mural Festival, 7 older murals, plus several new murals. Lunch and restrooms in a local park. End at Lake Merritt BART. 4 miles, paved, flat. Light rain OK, heavy rain cancels. Costumes optional! **RSVP** to Noël October 24-30.

LEADERS: Noël Siver noelsiver2@yahoo.co.uk 510-923-1327 (landline only); Kathleen Fennelly, cell phone day of hike: 510-566-9755; and Roberta O'Grady, cell phone day of hike: 510-269-0968

Sunday, November 3 **REINHARDT REDWOOD REGIONAL PARK FROM SKYLINE GATE**
**** Note: Daylight savings time ends today.**
9:20 Meet at Rockridge BART by the escalators where **cars are needed** to carpool to Skyline Gate (or meet @ **10:00** at Skyline Gate.) Mostly French and Orchard, Bridle and Stream Trail Loop. 8 miles, 1325 feet. Sticks highly recommended, rain cancels. Mostly redwood-shaded trails. Riders and drivers please **contact Sue Lai by 12:00 noon, Saturday, 11/02** (laipet736@gmail.com, 510-646-2727).

LEADERS: Sue Lai 510-646-2727; Jan Lecklikner 415-971-3783

Thursday, November 7 **SF DOUBLE CROSS TRAIL, SECTION 3**
9:30 Meet in front of San Francisco Ferry Building. [Embarcadero BART exit A1 or B1.] Walk to Pier 23 along the Embarcadero to beginning of Double Cross Trail. Walk Levi Strauss Park, Telegraph Hill, Washington Square, North Beach, Chinatown, Nob Hill, City Hall, Hayes Valley, and Alamo Square to Duboce Park. Take N-Judah back to BART. Lunch in Huntington Park - bring lunch. 7+ miles on pavement, 400 ft. altitude gain [several steep climbs]. Hike can be shortened at several points. Poles optional. Rain cancels. Download map and step-by-step directions at: <https://crosstowntrail.org/>

LEADERS: Liz Howell 415-425-5538 & Jan Lecklikner 415-971-3783

Sunday, November 10th **FINLEY ROAD TO OYSTER POINT TRAIL**
9:30 Meet at Walnut Creek BART, where cars are needed, or **10:00** at Old Finley Road TH (off Camino Tassahara). Hike to, then out & back on Oyster Point Trail, 6-7. 1000' height gain. **Riders, drivers**, call Mark Petrofsky 510 526-4944 or email: mpetrof@hotmail.com **by Nov. 9**. Day of hike only text Marsha Maslan: 510-219-8732

LEADERS: Marsha Maslan 510-219-8732 (text only), home 510-526-7306 mmaslan9@gmail.com and Mark Petrofsky mpetrof@hotmail.com landline: 510 526-4944

Thursday, November 14 BRUSHY PEAK, LIVERMORE

8:50 Meet at Dublin/Pleasanton BART station (end of the line, exit towards Willow or Owens, where the taxi drivers park) at the drop-off/pick up, or **9:30** at the trailhead, 3899 Laughlin Rd., Livermore. Westside Loop Trail to Brushy Peak. Moderate hike w/dirt trails, 4.5 mi loop w/919' elevation gain. Restroom at staging area only. **Text** Sharon Wang at 510-468-1945 by 11/12 if taking BART. Rain Cancels.

LEADERS: Sharon Wang 510-468-1945, Wanda Fong 510-303-4454, Althea Wong 925-487-6469

Sunday, November 17 LOS VAQUEROS WATERSHED, BRENTWOOD

9:30 Meet at Antioch BART where **cars are needed** or **10:00** at John Muir Interpretive Center, 19 Walnut Blvd., Brentwood. Restrooms at start/end only. Hike Walnut, Mariposa Canyon, Vista Grande, Eagle Ridge, and Crest trails. Sweeping views of Los Vaqueros, Round Valley, Morgan Territory, Mt. Diablo, and more. 7.78 miles, 1000' elevation gain/loss. Sticks helpful. Mud/rain modifies hike. **RSVP to Diane by 11/15.**

LEADERS: Diane Cannon 406-465-9873; Pam Littlejohn 510-329-0896; and Colette Cussary

Thursday, November 21 CANCELED

Sunday, November 24 CANCELED

Thursday, November 28 OPEN DATE

Sunday, December 1 ALAMEDA IN THE FALL

9:45 Meet at Fruitvale BART to catch the O bus at 10:00. We will start our hike at Lincoln Park, at High St. and Santa Clara Ave. in Alameda. We will walk across Alameda to Franklin Park. Bring lunch. About 4 miles, not a loop.

LEADERS: Beryl Vonderheid 510-532-8340 (cell day of hike only 510-710-1473) and Roberta O'Grady 510-769-8423 (cell day of hike only 510-269-0968)

Thursday, December 5 HOLIDAY HIKE – SF

4:00 Meet at Ferry Building (Embarcadero BART) (restroom). We will walk from Ferry Bldg. to Pier 39, cross over to North Beach (a little uphill) for dinner. After dinner, meander through Chinatown to Union Square where hike will end. Those wishing to dine with the group **MUST RSVP to Sets Amann** at setsamann@pacbell.net **by November 30.**

LEADER: Sets Amann 510-489-8096 or day of hike only 510-909-7734

Sunday, December 8 PLEASANTON RIDGE

8:45 Meet at Walnut Creek BART, where **cars are needed**, or **9:30** meet at Foothill Staging area. From I-680 in Pleasanton, exit at Castlewood Dr and go west. Turn left onto Foothill Road. The staging area is about 2 miles from Castlewood Drive on the right. We will hike Oak Tree Trail/Ridgeline/Thermalito/Oak Tree Trail. Lunch in the Olive Grove. Bring something to sit on. 1000' gain/loss. Bathroom at start/end. About 8.5 miles. **Riders/drivers call Diane** by December 6, 8:00 p.m.

LEADERS: Colette Cussary, Diane Cannon, 406-465-9873

Thursday, December 12 CONCORD PARKS

10:00 Meet at Concord BART. Take County Connection bus #10. BART-to-Bus transfers: \$1.00 for adults, \$.50 for seniors 65+. Clipper card accepted. Exit just prior to La Vista Ave. on Clayton Rd. Turn right on La Vista and walk 4 blocks to end of street, Markham Nature Park staging area, where we will meet at **10:30**. Drivers can park in parking lot at Markham. Walk in gardens at Markham, then continue to Newhall Community Park. Mostly level trails w/ one moderate hill. Sticks optional. About 5 miles, out and back. Option to shorten hike by bus on Clayton Rd. Shuttle back to BART from Markham by car. Rain cancels.

LEADERS: Kathy O'Toole, kdotoole@att.net, 925-348-1151; Dorothy Bradt dorothybradt@sbcglobal.net, 925-890-7195

Sunday, December 15 CANCELED

Thursday, December 19 LAFAYETTE BIRD BELL HIKE

10:00 Meet at Lafayette BART (south side) or **10:20** at corner of Mt. Diablo Blvd. & Village Center. We will walk 5 miles to and around reservoir (200' elev. gain). We're hiking rain or shine and bringing our traditional seed bell for the birds' tree! Hot cider & cocoa will be provided. Bring lunch, and we'll have treats for you. **RSVP to Patricia** at cchchikergal@gmail.com (preferred) or 925-876-3278 **by December 16.** Please specify if you plan to meet us at BART or at reservoir.

LEADER: Patricia Derickson

Sunday, December 22

CONTRA LOMA/BLACK DIAMOND REGIONAL PARKS, ANTIOCH

9:15 Meet at Pittsburg/Bay Point BART where **cars are needed**. **9:45** Reconvene at Contra Loma Regional Park on Frederickson Lane. 8.5 miles, 2200' elevation gain/loss. Hike Stewartville, Star Mine, and Ridge trails. Steep sections. Sticks recommended. Bring flashlight to explore mine tunnel. Rain cancels. Drivers/hikers must **call Diane by 6:00 p.m. on 12/20**.

LEADERS: Diane Cannon 406-465-9873 & Laurie Lau 510-508-3494

Thursday, December 26

NEW YEARS HIKE

10:00 meet at Union City BART. Let's celebrate the coming New Year with caring friends. A short hike at Coyote Hills Park followed by refreshments near the visitor center. Bring your lunch. We'll celebrate with some bubbly liquid and chocolates ++. **Drivers needed** to transport from BART to the park. \$5. parking fee at park entrance. **RSVP** to Jerry Ford, 510-921-1739 (text preferred) by Dec. 24.

LEADERS: Jerry Ford, Frank Martin 510-460-8725, Stew Perlman 510-999-1706

Sunday, December 29

LAST HIKE OF THE YEAR: CROCKETT HILLS

9:30 Meet at Crockett Ranch Staging area, or **9:00** am at El Cerrito Del Norte BART. We'll do a lollypop route in Crockett Hills Regional Park, to Kestrel Loop and Big Valley. Some up and down. About 6.5 miles total. Bring lunch and layers. Rain or excessive mud cancels. **Please RSVP to Marilyn Langlois** 510-710-4493, marilynlanglois@comcast.net

LEADER: Marilyn Langlois