

April, May, June 2025 V17

Selected Guidelines: LEADERS: Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. HIKERS: Let the leader lead. Report to leader if dropping out before end of hike. EVERYONE: Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. **If you are sick, please wear a mask or consider sitting out the hike!** INCIDENTS: It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. CARPOOLING: Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. **New suggested rate for the entire car (including driver) is 70 cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: 35 cents/mile, 3 pers: 23.3 cents/mi, 4 pers: 17.5 cents/mi. 5 pers: 14 cents/mi. (sorry about the fractions)**

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This Schedule is posted on our website: www.contracostahills.org

COVID-19 GUIDE:

- Bring a mask (N95 recommended). Masking is not normally required, but be prepared to wear one if requested.
- Proof of vaccination is not needed, but hikers, use common sense! Don't come on a hike if you don't feel well, and test if exposed.
- If a reservation is requested, please contact hike leader. Some hikes may be size-limited.
- For most hikes, you have the option of taking transport/carpool or coming on your own.
- Please try to follow social distancing protocols.

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may change. We will update as conditions evolve.

Thursday, April 3

HUNTERS POINT SHIPYARD PUBLIC ART, SF

10:00 Civic Center BART. Walk to Grove St. entrance of Main Library to use restrooms. Meet there with leaders. From 8th St. south of Market take MUNI bus #19 to end of line.

In 2010, nine pieces of public art were installed in a park in Parcel A of the shipyard. The project was funded by the US Dept of Commerce. From the park there are fabulous views of downtown SF and SF Bay. After lunch we will visit India Basin Shoreline Park where there are restrooms. 4 miles, paved, one easy hill. Light rain OK, heavy rain cancels.

Sign up with Noël, March 27–April 1.

LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); David Jadeson, cell day of hike 510-493-6721

Sunday, April 6

UVAS CANYON COUNTY PARK

9:00 Meet at Berryessa BART Station or **10:00** Uvas Canyon parking lot, 8515 Croy Rd, Morgan Hill, Santa Clara County. Six-waterfall hike in Uvas Canyon. 6 miles, 1200 feet elevation. Creek crossings and some high steps: Waterfalls make it all worthwhile. Sticks and 2 water bottles. Limited parking, online permit required (\$6): go to <https://gooutsideandplay.org/reservations/product.asp?ProductID=756754> : choose date and time. 10:00-11:00.

Permits available one month before date of use - and sell out quickly. Bathroom at start/end. **Drivers**, please contact Jan by **March 25**. **Passengers**, please contact Jan by **April 3**, ileck.2@gmail.com. Heavy rain cancels.

LEADERS: Jan Lecklikner 415-971-3783. Althea Wong 925-487-6469

Thursday, April 10

REINHARDT REDWOOD REGIONAL PARK, OAKLAND

9:00 Meet at Coliseum BART on Snell Ave, passenger loading area or **9:40** at 7867 Redwood Rd, Oakland, at Canyon Meadow, the farthest parking lot. Moderate loop hike, 4 miles, 550' elevation gain on dirt path along Bridle, French, Chown & Stream trails. Mostly shaded. Restrooms at trailhead and along the way. Bring water, snack, poles (useful) & lunch (after hike). **Text or call** Wanda, for pick-up only, by 6 p.m., April 8. Rain cancels.

LEADERS: Sharon Wang 510-468-1945, Wanda Fong 510-303-4454, Carol Tze 510-266-2324

Sunday, April 13

TILDEN PARK

9:00 Meet at North Berkeley BART where **cars are needed**. Or meet **9:30** at Little Farm parking lot. We can finally hike through Memory to Selby Trail, which has been partially closed for a while. Taking Selby, Redwood Trail to Elder Laurel picnic area for our late lunch. Via Golf Course to Selby & Wildcat Gorge back to parking lot. ~8.5 miles ~1300' elevation gain. Restroom at beginning, lunch spot, & end. Sticks are useful. Rain & mud cancels. **Drivers and riders please email atelier.sato@gmail.com** by April 11, 6:00 p.m.

LEADERS: Sophia Garcia 510-326-7485 (day of hike only) & Marsha Maslan 510-526-7306

Thursday, April 17

CONCORD MURALS AND HISTORY WALK

10:00 Meet at Concord BART OR **10:00** Brendan Theater Parking Garage, 1895 Salvio St, Concord. Marleen will meet BART group (exit station to your right), and Yvonne will meet driving group in front of Brendan Theater. Walk will start at Concord Museum. (Museum Parking not available on Thursday.) Restrooms at museum and lunch stop. Historical Society members will meet us at the museum and Galindo House for tours. After tour we will start mural walk. Bring bag lunch or money to buy sandwich at bagel shop or Mexican restaurant near lunch stop at Concord Visitor Center Plaza. After lunch, maybe ice cream at Baskin Robbins. Walk is about 2.5 (flat) miles. **RSVP** Yvonne Moss 925-286-1130 TEXT ONLY or email mossyvonne52@gmail.com by Thursday, April 10th. RAIN CANCELS.

LEADERS: Yvonne Moss 925-286-1130 TEXT ONLY, Marleen Blomberg 925-683-3855

Sunday, April 20

PATWINO WORTLLA KODOI DIHI OPEN SPACE PARK

9:00 Meet at Walnut Creek or del Norte BART (drivers' decision) where cars are needed or 9:40 at 2061 Rockville Rd, Fairfield, CA 94534. Opened in 2024, this 1500-acre inner coastal range of Blue-Oak and Sonoma Volcanic woodland, with views of the Sierras and Mt. Diablo, hosts the Doris Klein section of the Bay Area Ridge Trail. Restrooms at park. Parking \$5 cash/card -or- CA Golden Bear -or- Senior Golden Bear Pass. Wildflowers should still be showing. Hike a 6 mi loop with rolling ~800' elevation. Bring Lunch and ground tarp. Sticks helpful. Rain cancels. Riders and drivers please contact Steven (schun51@gmail.com) by Friday April 18.

LEADERS: Steven Chun 707-761-4392 and Georgia Chun 707-761-3450

Thursday, April 24

WILDCAT MARSH/GARBAGE MOUNTAIN

9:30 Meet at Del Norte BART where **cars are needed** to go to Wildcat Creek staging area by **10:00**. Wildcat Marsh is at mouth of Wildcat Creek and around Garbage Mountain (the now closed Richmond dump) in North Richmond. Hike consists of flat trails lovingly called the landfill loop. About 5 flat miles. Weather permitting, we will have good bay views and see many shorebirds and wildflowers. Drivers and riders please **RSVP** to Mike before **6 p.m., 4/23**, email mlbran1@yahoo preferred.

LEADERS: Mike Branning 510-758-2789, Noël Siver 510-923-1327. Mike's cell, day of hike 510-734-5041

Sunday, April 27

LITTLE YOSEMITE VALLEY, SUNOL REGIONAL WILDERNESS

9:15 Meet at WEST Dublin/Pleasanton BART, where **cars are needed**. **9:45** Meet at Sunol Visitor Center, 1895 Geary Rd., Sunol. Hike trails to Little Yosemite Valley. Approximately 7 miles, 1,000' elevation gain/loss. Sticks helpful. Rain cancels. **Riders and drivers call** Diane by 4/25.

LEADERS: Diane Cannon 406-465-9873, Colette Cussary

Thursday, May 1

CLAYTON WILDFLOWERS

10:00 Meet at Concord BART where **cars are needed** to drive to Regency Entrance, end of Mountaire Parkway or Regency Drive, Clayton. We will walk Back Creek Tr, Tick Wood Tr, Donner Canyon Rd, Etherington Loop, back to Donner Canyon, then back to the entrance. This is a 4.5-mile loop with gentle hills, about 500' elevation gain. There are no bathrooms at the entrance but one is available in Grove Park, downtown Clayton before and after the hike. Sticks would be helpful in a few places. There are at least 2 creek crossings. Also, a great ice cream shop before heading home, Sip and Sweet on Marsh Creek Rd. I can lead you there, near Ed's Mudville Grill. Rain cancels. Excessive mud will change hike to blacktop trails in Clayton.

LEADER: Dorothy Bradt 925-890-7195

Sunday, May 4

ALAMERE FALLS, POINT REYES

8:30 Meet at Del Norte BART where **cars are needed** to drive to Palomarin Trailhead (restrooms).

10:00 Take undulating Palomarin Trail along spectacular beach cliffs and through peaceful forests to Wildcat Camp (restrooms). Then walk along beach to Alamere Falls for lunch stop. Retrace our steps for a total of 14 miles, 1000' elevation gain/loss.

Not strenuous, just long! Sticks useful. Drivers and riders **RSVP** Diane by 6 p.m. on 5/2.

LEADERS: Diane Cannon 406-465-9873; Jan Lecklikner 415-971-3783

Thursday, May 8**GOLDEN GATE PARK**

9:50 Meet at Montgomery St. BART. Go to Market St to catch the 5R bus at **10:00**. We will get off at Fulton and Stanyan St. and start walk there. We will be walking straight through Golden Gate Park on JFK Drive. Bring lunch. About 4 miles flat.

LEADERS: Beryl Vonderheid 510-532-8340 (landline), 510-710-1473 (cell, day of hike only); and David Jadeson 510-351-5575

Sunday, May 11**ALAMEDA LOOP WITH EIGHT NEIGHBORHOOD PARKS**

9:30 Meet at 12th Street Oakland BART station or **9:40** AC Transit bus #51A bus stop at Broadway and 12th Street. Or **10:00** Meet at Santa Clara Avenue and Morton Street. Flat, paved, approx. eight miles.

LEADER: Jan Proudfoot 415-647-3285

Thursday, May 15**TANK HOUSES OF NORTHWEST BERKELEY**

9:30 Meet at Ashby BART (restrooms or porta potty). At **9:48** take AC Transit #12 bus from MLK and Prince to end of line. From the 1860s through the 1920s, windmill-topped water towers stood on nearly every city block, pulling up water from wells into elevated redwood tanks, providing pressurized water for domestic use. On this walk, we visit five surviving tank houses. At end of tour, we will walk to Cedar Rose Park for lunch and restrooms. Hike will end at North Berkeley BART. About 4 miles, flat, paved. Requires some standing. Any rain cancels. **Sign up** with Noël, May 8–13.

LEADERS: Noël Siver noelsiver2@yahoo.co.uk 510-923-1327 (landline, no texting); and guest leader Berkeley architect Aaron Goldstein, cell day of hike 415-606-7787

Sunday, May 18**REINHARDT REDWOOD REGIONAL PARK**

9:00 Meet at Ashby BART where **cars are needed**. Or **9:30** at Wayside parking lot. Golden Spike, Big Bear loop, Tate Trail, Chown to Trail's End for late lunch. Take Stream Trail back to parking lot. ~ 7 miles with ~ 1000' elevation gain. Restrooms at beginning, lunch spot & end. Route might be changed subject to the weather. Sticks are useful. Rain & mud cancels. **Drivers and riders**, please email atelier.sato@gmail.com by May 16, 6:00 p.m.

LEADERS: Sophia Garcia 510-326-7485 (day of hike only); Marilyn Langlois 510-710- 4493

Thursday, May 22**MITCHELL CANYON, GLOBE LILIES, CLAYTON**

9:00 Meet at Walnut Creek BART pickup area next to parking building, or **9:40** at Visitor Center next to restrooms, 96 Mitchell Canyon Rd. Out-and-back with a little loop in the middle to view globe lilies, on mostly shaded dirt trails. Moderate hike, 5 miles w/ 450' elevation gain. Park entrance \$5 per car for seniors, cash only, or bring your State Park Pass, or check with your library to borrow a State Park Pass. Bring water, poles (if muddy), snack or lunch. Rain cancels. **Text or call** Wanda for pickup by **6 p.m., May 20**.

LEADERS: Sharon Wang 510-468-1945; Wanda Fong 510-303-4454; Yoli Gonzalez 510- 206-7354

Sunday, May 25**CARNAVAL PARADE**

9:30 Meet at 24th Street Mission BART to walk to 23rd and Mission for viewing parade (starts at 10). Parade lasts approx. three hours. Optional walk in Mission District to view Victorians.

RSVP Jan at jan.proudfoot@yahoo.com.

LEADERS: Jan Proudfoot (415) 647-3285; Noel Siver

Thursday, May 29**FERNANDEZ RANCH**

9:15 JPX bus from El Cerrito del Norte BART. Pickups possible at **9:45** at Hercules Transit Center. Or **10:00** Meet at Fernandez Ranch Park on Christie Road off Highway 4 East, turn right just past Franklin Canyon Golf Course. Loop of 3.6 mi., 640' elev. gain. Restrooms at parking lot. Lunch near end of hike. **Sign up** May 23–28 at compasros@comcast.net (preferred) or call 510-948-8385.

LEADER: Rosemary Johnson (mobile day of hike) 510-619-5728

Sunday, June 1**BAY BRIDGE WALK TO YERBA BUENA ISLAND**

10:00 Carpool drivers and riders gather at Ashby BART. Meet outside at the station exit to the parking lot, drivers wait at the curb. **10:30** Start at the end of Burma Road in Oakland, at the Judge John Sutter Regional Shoreline parking lot. Walk 3 miles on the bike/pedestrian walkway on the bridge up over the Bay with views in all directions to a vista point at Yerba Buena Island, then return. Entire walk is ADA compliant; anyone can return at any time, and members may bring family or friends in wheelchairs. Restrooms at the beginning and at Yerba Buena. Walk is exposed and windy (blowing away car exhausts on the bridge), so dress appropriately. Carpool drivers and riders email nurkse@gmail.com with plans to drive or ride before 6:00 pm Friday May 30 or call 831-331-3671 with plans.

LEADER: Peter Nurkse 831-331-3671

Thursday, June 5

ECOCENTER, HERON'S HEAD PARK, SF

10:00 Powell St. BART, use restroom. Meet at cable car turnaround. Walk to Union Square/Market St MUNI station. Take T train to 3rd St and Marin. Walk 20 minutes to visit Pier 94 Wetlands. Then walk 15 minutes to EcoCenter at Heron's Head Park. Eat lunch there. At 12:30 we will have a one-hour, docent-led tour that includes a walk. Then walk 15 minutes from Heron's Head Park to India Basin Park, catch #19 bus back to Civic Center. About 4 miles, flat, mostly paved. Sign up with Noël, May 29–June 3.

LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Kathryn Rato, cell day of hike 415-425-0863

Sunday, June 8

SUNSET BEACH, INVERNESS

9:00 Meet at DelNorte BART, west side by San Pablo Ave., where cars are needed, **or 10:30 at Estero Trailhead, Inverness, off Sir Francis Drake Highway.** (Restrooms at trailhead.) Out and back hike. **8-9 miles - 800' elevation gain/loss.** Sticks helpful. **Abundance of wildflowers.** All participants call Diane by 6/6.

LEADERS: Diane Cannon (406-465-9873) & Jan Lecklikner (415-971-3783)

Thursday, June 12

ALBANY HILL AND BULB

10AM El Cerrito Plaza BART. Restroom at BART and porta potty at park. Walk through plaza and climb stairs up Albany Hill and down Catherine's Walk, under freeway to Bulb to view Bay and surrounding communities. **Sticks helpful.** Bring lunch. Return via city streets with possible stop for cashew ice cream. About 5 miles and 300' gain. RSVP to Connie June 6-10.

LEADERS: Connie Gee, cbgee2014@yahoo.com, 510-528-3421, cell day of hike 510-960-0964 & Lily Ho

Sunday, June 15

STRAWBERRY CANYON TO CLAREMONT CANYON

9:30 Meet at the Center Street exit, Downtown Berkeley BART (west side of Shattuck Ave.) (restroom in 20 min.). Through the UC campus to Lower Jordan, via redwood forest to Claremont Canyon. Lunch at stone circle at the overlook. Hike back through Upper Jordan. Several short but strenuous uphill paths. **Sticks needed.** ~7 miles with ~1300"elevation gain. Rain cancels. Hikers, please email atelier.sato@gmail.com by June 13, 6:00 pm.

LEADERS: Sophia Garcia 510-3267485 (day of hike only) & Helga Alessio

Thursday, June 19

ANNUAL PICNIC, FREMONT

10:00 Meet at Fremont BART (east side). Hike 1 mile to picnic site in Central Park, then 3 miles around Lake Elizabeth to BBQ. One-mile walk back to BART. **RSVP** to Jerry Ford by June 16th with your choice of burger, hot dog, tilapia, or vegetarian. Free for members, \$5 for guests.

LEADERS: Jerry Ford 510-921-1739 (text preferred), Sylvia Kwan 925-852-9561, Frank Martin 510-460-8725, Stew Perlman 510-999-1706

Sunday, June 22

BAY FARM ISLAND, ALAMEDA

9:30 at Fruitvale BART. Coffee & Beignets at Powder Face (by BART station) while we wait for 10:06 AC Transit #21 to Bay Farm Island. Or meet at Leydecker Park at 10:30 (restrooms). Walk from Harbor Bay Landing about 6 miles on level paved trails. Loop hike along lagoons and bay with some fun detours. Email Marilyn Langlois marilynlanglois@comcast.net by 6/20. Check website www.contracostahills.org for transit updates.

LEADERS: Marilyn Langlois (510 710-4493), Marilyn Vihman (510 708-3853)

Thursday, June 26

RODEO TO HERCULES ON BAY TRAIL

2:15 JPX bus from El Cerrito del Norte BART. Pickups possible at **2:45** at Hercules Transit Center. Or **3:00 p.m.** meet near west end of Parker Avenue in Rodeo, left to parking lot on the right (413 San Pablo Ave., Rodeo). Restrooms at start and midway. Walk 5 flat miles on Bay Trail with small loop in Hercules. Finish in time for optional stop near end of trail at Four Fools Winery in Rodeo. Eat and drink on patio overlooking San Pablo Bay. **Sign up June 20–25** at compasros@comcast.net (preferred) or call 510-948-8385.

LEADER: Rosemary Johnson (mobile day of hike) 510-619-5728

Sunday, June 29

OPEN DATE