



**Thursday, July 17 SAN BRUNO MOUNTAIN**

**10:00** Gather at Balboa BART station. We'll take the 8 bus to Crocker Amazon Park, then walk up to San Bruno Mountain picnic area, then back with bus to catch BART at Balboa. Hike approximately 5 miles, about 700' climb, 1/2 pavement 1/2 trail.

**LEADER:** Kathryn Rato 415-425-0973

**Sunday, July 20 SAN FRANCISCO LANDS END TRAIL AND MORE**

**9:00** Meet at the Powell St. and Market St. bus stop above the Powell St. BART station at 9:13 to board the Muni #5 bus to the end of the line at Fulton and La Playa St. or meet at the corner of Fulton and La Playa St. at **10:00** by the Safeway parking lot. We will walk to the Great Highway then north to the Lands End Lookout where restrooms are available. Hike along the Lands End trail making a loop including the Sutro Baths, Point Lobos, many great views of the Golden Gate Bridge, Legion of Honor and USS San Francisco Memorial. We will conclude at 48th and Geary St to take the 38R bus back to the Powell St. BART. Hike is 5 miles with 700' elevation. Sticks helpful. **RSVP** with Harry, harrymf949@gmail.com or text 408-772-2460 by July 18.

**LEADERS:** Harry Fong, 408-772-2460, harrymf949@gmail.com; Cathy Kong 415-845-3131, ckong8888@gmail.com

**Thursday, July 24 UPTOWN OAKLAND: MURALS AND SCULPTURES**

**10:00** Meet at Latham Square (where Telegraph dead-ends into Broadway, between 12th St and 19th St BART). Restroom with attendant at 19th St BART. Urban walk to visit old and new murals and sculptures. Bring lunch to eat at Kaiser Rooftop Garden. 4 miles, paved. **Sign up** with Noël, July 18–22.

**LEADERS:** Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Lily Ho, cell day of hike 734-649-8250; Jan Lecklikner, cell day of hike 415-971-3783

**Sunday, July 27 STINSON BEACH TO MT TAMALPAIS**

9:00 Meet at Del Norte BART station, Drivers needed. 10:00 Meet by south restrooms behind Parkside Cafe, Stinson State Beach. Moderate hike, Matt Davis Trail to Pantoll Ranger station for picnic lunch and restroom. Return by Old Mine and Dipsea Trail. 7.1 miles, 1537' elevation. Poles for steep section and stairs. Check weather for possible wind and fog at Stinson Beach. Contact Mike for carpooling.

**LEADERS:** Bill Chen 707-319-1283, Mike Branning 510-734-5041, Yvonne Van-Chen 925-437 8472

**Thursday, July 31 EAST AVENUE PARK, HAYWARD, PART 2**

**9:15** Meet at Hayward BART, or **9:30** meet at the trailhead parking lot, 3221 East Ave, Hayward. Restrooms at trailhead only. Moderate+ 5-mile, 650' elev. gain loop with wide dirt path, 90% shade. This is a continuation of the Greenbelt trail. Poles are recommended for short but steep inclines and downhills. Hot weather or rain cancels. Bring water, lunch or snack, and poles. **Text or call** Wanda 510 303-4454 for BART pickup by July 29.

**LEADERS:** Sharon Wang 510-468-1945, Wanda Fong 510-303-4454, Yoli Gonzalez 510-206-7354

**Sunday August 3 Claremont Regional Park and Maybeck's Masterpiece**

8:45AM Berkeley Downtown BART. Meet in front of Chase Bank, 2150 Shattuck. We will walk through UC Berkeley campus, exit the campus on College Ave. After a few city blocks, we will enter Clark Kerr Campus, then up to Claremont Canyon park through Stonewall-Panoramic trail. The shorter hike will turn around at the first bench on the trail; the longer hike will continue on the steep ascent to the end of the trail, then take Clark-Kerr trail down. Lunch in the courtyard of Clark-Kerr campus around 11:30AM for both groups. After lunch we will go down to the First Church of Christ Scientist, a Maybeck masterpiece, for the free tour at 12:15pm (suggested donation \$10). The tour is about 1 hour. Afterwards, we will walk down to Berkeley BART. Shorter hike, 5 mi (500 ft); longer hike, 7 mi (900 ft). Sticks recommended. Please e-mail LiHui before Aug 1st, 6pm.

**LEADERS:** LiHui Tsai (707) 583-9478, lihui\_tsai@yahoo.com; Lorena Kai (510) 452-7540

**Thursday, August 7 BROOKLYN (OAKLAND, NOT NEW YORK CITY)**

**10:00** Meet inside Lake Merritt BART at restroom with attendant. We will explore the much-changed former town of Brooklyn south of Lake Merritt. Bring lunch to eat at Franklin Recreation Center (restroom). 5 miles, paved, mostly flat. **Sign up** with Noël, Aug 1–5.

**LEADERS:** Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Kathleen Fennelly, cell day of hike 510-566-9755; Jerry Ford, cell 510-921-1739

**Sunday, August 10 ANGEL ISLAND**

**8:45** Leave El Cerrito Del Norte BART (east side parking lot) where **cars are needed** to drive to parking lot at 1527 Tiburon Blvd in Tiburon near Chase Bank (\$5 parking). Walk to 21 Main St and the Angel Island Ferry departing at 10:00. Tickets may be purchased in advance at [angelislandferry.com/schedule](http://angelislandferry.com/schedule) or buy at dock if ship is not full (Senior \$16, Adult \$18). Note: The Golden Gate ferry from SF does not arrive until 10:45, so not an option this year. Hike 6 miles with 800' elev. gain on paths and paved roads with lunch at the summit of Mt Livermore. **All hikers MUST contact** (email preferred) Mike by Saturday, August 9, 5 p.m.  
**LEADERS:** Mike Branning 510-734-5041 mlbran1@yahoo.com and Laurie Lau 510-508-3494

**Thursday, August 14 THE GREENWAY TO THE MARKET**

10:00 Meet at El Cerrito Plaza BART. We will walk on the Ohlone Greenway, with a detour to Monterey Market. Hike ends at North Berkeley BART. About 4 flat miles. Bring lunch.  
**LEADERS:** Beryl Vonderheid, 510-532-8340 (landline), 510-769-8423 (cell, day of hike only); Roberta O'Grady 510-769-8423 (land line)

**Sunday, August 17 LAKE CHABOT REGIONAL PARK, CASTRO VALLEY**

**8:45** Meet at Bay Fair BART where **cars are needed** to drive to Lake Chabot RP's Marina. About 9 miles moderate loop hike with 900 feet elevation gain around Lake Chabot. Hiking poles recommended. Parking fee \$5 or EBRP Parking Permit or street parking on Lake Chabot Road. **RSVP** to [darlenechoy@gmail.com](mailto:darlenechoy@gmail.com) on August 14-15. Note whether you are a driver, rider, or could be either one for carpool arrangements.  
**LEADERS:** Isabel Rogne 510-512-8778 and Darlene Choy 510-441-3825 (cell morning of hike only 510-371-3694)

**Thursday, August 21 CHABOT PARK, SAN LEANDRO // CANCELLED  
HIKE CANCELLED DUE HEAT**

**LEADERS:** Rita Poppenk 510-329-9826, Dexter Barker 510-329-9825

**Sunday, August 24 MT. WITTENBERG, POINT REYES // CANCELLED  
MT. WITTENBERG, POINT REYES CANCELLED**

**LEADERS:** Jan Lecklikner, Sue Lai

**Thursday, August 28 BLAKE GARDEN // CANCELLED  
BLAKE GARDEN HIKE CANCELLED.**

**LEADERS:** Lily Ho, Kate Steinel

**Sunday, August 31 REDWOOD REGIONAL PARK**

**8:45** Meet at Rockridge BART station, where drivers are needed, or **9:15** at Skyline Gate entrance, 8490 Skyline Blvd. Parking lot is tight, but street parking available. Restrooms available at the beginning of hike and at lunch. Hike East Ridge trail to Prince trail, then Stream trail to Trails End picnic area for lunch. Return via Stream trail, Eucalyptus trail, and Phillips Loop to parking area. Approx. 6 mi., 600' elev. gain, poles recommended. **Drivers, please email** [carol.savio.sf@gmail.com](mailto:carol.savio.sf@gmail.com) by 8/29, or text to 415-203-8390  
**LEADERS:** Carol Savio 415-203-8390, Laurie Lau 510-508-3494

**Thursday, September 4 SUSIE HUANG MEMORIAL HIKE AND PICNIC**

9:30 Meet at Rockridge BART where drivers are needed. Or 10:00 meet at Huckleberry/Madrone picnic area, Roberts Regional Recreation Area. \$5 parking fee per car. Hikers will hike from Huckleberry/Madrone picnic area on Graham, Dunn, West Ridge and Roberts Ridge trails, 3+ miles, 500' elevation gain, sticks recommended. Pot luck picnic gathering to celebrate long time CCHC hiker, Susie Huang, at 1:00 at Huckleberry/Madrone picnic area. Drinks and paper products to be provided. Bring your stories about Susie and food to share. RSVP to Mary Huang 510-949-6376, [TFLHuang@yahoo.com](mailto:TFLHuang@yahoo.com) between August 29-September 2. Drivers/riders contact Jan Lecklikner, 415-971-3783, [jleck.2@gmail.com](mailto:jleck.2@gmail.com) August 29-September 2. (text, email preferred).  
**LEADERS:** Mary Huang, Jan Lecklikner, JoAnne Schultz, 510-734-9324, Amy Huang, 510-316-6481

**Sunday, September 7 REDWOOD TRAIL TO REINHARDT REDWOOD REGIONAL PARK**

**9:00** Meet at Orinda BART where **cars are needed** or **9:30** at Valle Vista Staging Area south of Moraga. Hike up Redwood Trail to Reinhardt Redwood Park. Loop around Eastridge and Stream Trails before returning down Redwood Trail to the starting point. Hike 7.2 miles, 1,427' elevation gain. Restrooms at start, lunch stop, and end of hike. Sticks recommended. **Drivers**

**and riders must contact** Harry or Cathy by September 5.

**LEADERS:** Harry Fong, 408-772-2460, harrymf949@gmail.com; Cathy Kong, 415-845-3131 ckong8888@gmail.com

**Thursday, September 11      BERKELEY SHORELINE**

**9:00** Meet at Rockridge BART station for transfer to 51B bus, or **10:00** meet at Shoreline Park parking area, University Ave. and Frontage Rd., restroom available. Flat walk through McLaughlin Eastshore State Park, Caesar Chavez Park, Berkeley Marina. Binoculars for birds. Approx. 5 mi, flat. **RSVP requested.**

**LEADERS:** Carol Savio 415-203-8390, Sets Amann 510-909-7734

**Sunday, September 14      OPEN DATE**

**Thursday, September 18      OPEN DATE**

**Sunday, September 21      OPEN DATE**

**Thursday, September 25      POINT PINOLE**

**10:00** Meet at Atlas Road Staging Area or take AC Transit #71 from El Cerrito Plaza BART at **8:55** to Point Pinole Business Park, Giant Highway and Atlas Road. Walk across Atlas Road Bridge to Trailhead. Walk 4 flat miles on dirt trails to Cook's Point, China Cove, Fishing Pier and back through the woods.

**LEADER:** Rosemary Johnson, compasros@comcast.net, 510-619-5728 mobile

**Sunday, September 28      BERKELEY STAIRWAY WORKOUT**

**10:15** Meet on the lawn of UC Berkeley on Oxford St, between University Ave and Addison St; walkable from Downtown Berkeley Bart. Start out gently going through the UC Berkeley Campus and going up Euclid to the Rose Garden for a bathroom break. Then start going up, up, up with the Tamalpais Path and continuing up other paths to Grizzly Peak Blvd and beyond. A lot of the stairways have uneven steps; some roots and vegetation in the way. There are some handrails. Then we come down to a park for a late lunch and head back to the starting location. Approximately 5 miles with 700 ft elevation gain.

**LEADERS:** Lois Switzer: Home 510-526-4376, Cell 510-542-7183 (day of hike only), la61switzer@gmail.com