

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

October, November, December 2025 **V12**

Selected Guidelines: **LEADERS:** Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. **HIKERS:** Let the leader lead. Report to leader if dropping out before end of hike. **EVERYONE:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. If you are sick, please wear a mask or consider sitting out the hike! **INCIDENTS:** It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. **CARPOOLING:** Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. New suggested rate for the entire car (including driver) is 70 cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: 35 cents/mile, 3 pers: 23.3 cents/mi, 4 pers: 17.5 cents/mi, 5 pers: 14 cents/mi.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This Schedule is posted on our website: www.contracostahills.org

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may change. We will update as conditions evolve.

Thursday, October 2 SF FERRY BUILDING TO FREE FORT POINT ART EXHIBIT

9:30 Meet at the SF Ferry Building. We will walk to Fort Point with an early lunch stop at Tunnel Tops. BYO or buy food from the food trucks. At Fort Point, Jan will lead a docent tour of *Black Gold: Stories Untold about the History of African Americans in California from the Gold Rush to Reconstruction*. <https://www.for-site.org/black-gold-stories-untold>. The tour is limited to 20 people. **Sign up** September 25–30. Return the same route (10.6 miles RT) or take the Presidio GO shuttle from the Presidio Transit Center to BART (6.8 miles total)

LEADERS: Jan Lecklikner 415-971-3783, jleck.2@gmail.com; Roberta O'Grady, 510-769-8423 (landline), rogrady3736@earthlink.net

Sunday, October 5

OPEN DATE

Thursday, October 9 SAUSALITO TO GOLDEN GATE BRIDGE VIA BATTERY YATES

10:00 Board ferry at Gate B, San Francisco Ferry Building (Embarcadero BART) to Sausalito, arriving in Sausalito at **10:45**. Walk ~5 mi. from Sausalito Ferry across the Golden Gate Bridge; 101 steps total at various spots, 275' climb. Sidewalks, asphalt, packed dirt trails, and boardwalks. Restrooms along the route. Dress in layers. FOG? SUN? Bring water, lunch; sticks could be handy. Bus back to BART. Rain cancels. **Text for headcount** to Rita, Oct 3–8.

LEADERS: Rita Poppenk 510-329-9826 and Dexter Barker 510-329-9825

Sunday, October 12 **BLUE ANGELS**

11:00 Embarcadero BART. Meet in front of Ferry Building (restroom). Watch the Blue Angels Fleet Week Air Show over San Francisco Bay. Mostly flat 3-mile walk along Embarcadero to Maritime Museum. (Museum is closed.) Porta potty available. Bring lunch, water, sunscreen and hat. Hike will END here. So you may walk back the way you came or walk to Fisherman's Wharf to catch Muni to Embarcadero BART.

LEADERS: Sets Amann, cell day of hike only 510-909-7734; Carol Savio 415-203-8390

Thursday, October 16 **ARDENWOOD FARM IN THE FALL**

9:45 Meet at Union City BART in time to catch the #200 bus. If driving, park in the lot at the entrance to Ardenwood and meet us at the front gate at **10:15**. The entrance fee is \$5. An easy 4½ mile loop around the farm. We will look for pumpkins, and we may see Monarch butterflies. Bring lunch.

LEADERS: Beryl Vonderheid 510-532-8340 (landline); David Jadeson 510-351-5575 (landline), 510-493-6721 (mobile day of hike only)

Sunday, October 19 **MORGAN TERRITORY**

10:00 Meet at Morgan Territory Staging Area, 9401 Morgan Territory Rd., Livermore. Loop hike along these trails: Clima, Highland Ridge, Raven, Fox, Eagle, Volvon, Prairie Falcon, and Condor. Hike 10 miles - 2045' elevation gain/loss. Sticks helpful. Beautiful shaded woodlands and open grasslands; mortars, maybe. Mud/rain cancels. Restrooms at trailhead. **Call Diane** by 10/17 to sign up. Please let me know if you would be willing to **pick up people from your area; only local carpools will be possible.**

LEADERS: Diane Cannon 406-465-9873 and Marilyn Langlois 510-710-4493

Thursday, October 23 **OPEN DATE**

Sunday, October 26 **TWO SMALL PARKS IN CONCORD**

9:46 Meet at Concord BART. Take County Connection bus #10, leaving at 10:10. Exit just prior to La Vista Ave., about a 9-minute ride. Walk on La Vista to Markham Park, about a 10-minute walk. **10:30** Meet at Markham Nature Park, 1202 La Vista Ave., Concord. Explore Markham Park, then walk along Galindo Creek to Newhall Park. Mostly level blacktop trails w/ one moderate hill. Bring sticks if you use them. Visit Concord Vietnam Veterans' memorial and views from top of hill. Bathrooms on the path and picnic stop near lake. Bring lunch or snack and water. Back to Markham along creek trail for a total of about 5 miles. Rain cancels. **RSVP**, Oct. 21-25 to Kathy, email preferred: kdotoole@att.net

LEADERS: Dorothy Bradt 925 889-9532, Kathy O'Toole 925 348-1151

Thursday, October 30 **SF DOUBLECROSS TRAIL, SECTION 2**

9:30 Meet at West Portal Library. (From Embarcadero BART take Muni K, L, or M to West Portal Muni Station, turn right when exiting station, cross Lenox Way to library at 190 Lenox Way.) There will be a restroom stop at start of hike. Hike Edgehill Open Space, Twin Peaks, Tank Hill, Mt. Olympus, and Buena Vista Park to hike's end at Duboce Park and N-Judah. Lunch at Twin Peaks – bring lunch. 5 miles on dirt and pavement, 560 ft. elevation gain. Sticks useful on some downhills. Rain cancels. Download map and step-by-step directions at: <https://crosstowntrail.org/>

LEADERS: Jan Lecklikner 415-971-3783; Liz Howell 415-584-1204; and Laurie Lau 510-508-3494

Sunday, November 2 WINTER ON MT. TAM

8:30 Meet at Del Norte BART where **cars are needed** or 9:30 at Rock Spring parking lot (restroom). Benstein and Kent Trail to Alpine Lake for our lunch. Then steep hike up, Helen Markt to Cataract Trail with slippery staircases. Enjoying many waterfalls to Laurel Dell (restroom). Via Cataract Trail back to parking lot. Sticks are necessary. ~8 miles with ~1300' elevation gain. Rain cancels. This hike is best in December (the rainy season), but because of the unpredictable weather we'll try it in November. One of the most beautiful winter hikes on Mt. Tam. **RSVP** by Oct. 31, 6:00 p.m. atelier.sato@gmail.com
LEADERS: Sophia Garcia 510-326-7485 (day of hike only); Marsha Maslan 510-219-8732; Marilyn Langlois 510-710-4493

Thursday, November 6 BRUSHY PEAK, LIVERMORE

8:51 Meet at Dublin/Pleasanton BART station (end of line). Exit, turn right toward Willow or Owens St, to the drop-off/pickup area (where the taxi drivers park). Or **9:30** at the trailhead, 3899 Laughlin Rd., Livermore. We will take Westside Loop Trail to Brushy Peak. Moderate hike w/ dirt trails, 4.5 mi loop w/ 700' elevation gain. Restroom at staging area only. Poles useful for some rocky parts; take water, snack or lunch (at top of route). **Text or call** Wanda Fong 510 303 4454 by 11/4 if taking BART. Rain cancels.
LEADERS: Sharon Wang 510-468-1945; Ellen Chen 925-389-1845; and Wanda Fong.

Sunday, November 9 ANTHONY CHABOT REGIONAL PARK

10:00 Meet at Chabot Equestrian Center (Kheystone Stables). Two routes: 7.7 miles 1040' climbing or 5.5 miles 755' climbing. If you would like to BART or carpool, call or email Mark by Friday evening. Depending on the response, the best meeting spot and time will be arranged (there is no obvious BART station).
LEADER: Mark Petrofsky, call by Friday evening to arrange carpooling 510 526-4944 (landline) or email mpetrof@hotmail.com. Cell day of hike only: 510-229-2107.

Thursday, November 13 CANCELED

Sunday, November 16 LOS VAQUEROS WATERSHED

9:30 Meet at south side of Dublin/Pleasanton BART station (last stop), where **cars are needed**. **10:00** Meet at the Marina at 9990 Los Vaqueros Road, Byron. (Directions from 580 in Livermore: Take exit 55 to N Vasco Rd. Drive 4.5 miles to the South Entrance of Los Vaqueros. Cars \$6/\$5 seniors. Drive 2 miles to the Marina.) An out and back shoreline hike along Los Vaqueros Trail and Peninsula Trail. 8 miles - 300' elevation gain/loss. 2 steep sections. Lovely views of the reservoir. Shorebirds. Mud/rain cancels. All participants **RSVP** Diane by 11/14.
LEADERS: Diane Cannon 406-465-9873 and Dorothy Bradt 925-890-7195

Thursday, November 20 QUIRKY ASHBY CORRIDOR (SOUTH BERKELEY - NORTH OAKLAND)

10:00 Meet at Ashby BART in ticket hall. Restroom in station or porta potty in parking lot. Visit to Ed Roberts Campus, followed by exploration of quirky culture in South Berkeley and North Oakland, possibly including return visit to ceramic artist Marcia Donahue's wonderful garden. Restroom at lunch. 4 miles, paved, slight elevation gain. Ends at Rockridge BART. Light rain OK, heavy rain cancels. **Sign up** with Noël, November 13-18.
LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Lucy Perdichizzi, cell day of hike, 510-410-1285; Kathryn Rato, 415-425-0863

Sunday, November 23 STAIRWAY WALKS: RUSSIAN HILL SOUTH, OCTAGON HOUSE, AND RUSSIAN HILL NORTH

9:30 Meet at Main Library at Grove and Larkin Streets (porta potty); board 19 Polk bus to reach start of hike. South Russian Hill/Octagon House/North Russian Hill. Moderate stairway walks, paved. Ca. five miles. After lunch visit Octagon House (donation).

LEADER: Jan Proudfoot 415-647-3285

Friday, November 28 DAY AFTER THANKSGIVING AFTERNOON WALK IN BERKELEY - NOTE - FRIDAY WALK -

1:00 p.m. Meet at North Berkeley BART. We will walk thru North Berkeley neighborhoods to Indian Rock and Mortar Rock Parks. Have a snack, then walk down Solano, maybe stopping at Squabisch for an artisanal German pretzel, returning to North Berkeley BART. About 4.5 miles and 400 feet elevation. Mostly concrete, but there will be uneven steps and uneven dirt with rocks and roots to navigate on the paths in the parks. Rain cancels.

LEADERS: Lois Switzer: 510-526-4376 (home), 510-542-7183 (cell, day of hike only), la61switzer@gmail.com; and Mary Huang 510-949-6376, TFLHuang@yahoo.com

Sunday, November 30 FRANKLIN RIDGE, MARTINEZ

9:30 Meet at North Concord BART, where cars are needed.

10:00 Reconvene at Radke Martinez Regional Shoreline, Ferry St. (Cross the RR tracks, turn right on Joe DiMaggio Dr, turn left on N Court St., park in first parking lot on your left.) Hike 7.5 miles - 1188 elevation gain/loss, which includes some steep sections. Sticks needed. Return to cars on city streets. Restrooms at start/end of hike. Rain/mud cancels. Riders and drivers **MUST** call Diane by 11/28.

Leaders: Diane Cannon (406-465-9873) & Colette Cussary

Thursday, December 4 AAMLO AND PRESERVATION PARK, OAKLAND

10:00 Meet in front of Oakland City Hall (12th St BART, 14th St exit, Exit 4A, Ogawa Plaza) for restrooms. Walk (flat, paved) to AAMLO (African American Museum and Library at Oakland), 659 14th Street for guided tour, then to Preservation Park at 13th Street and Martin Luther King Jr. Way. Preservation Park is a unique collection of 16 houses that are examples of Italianate, Queen Anne, Shingle, and Craftsman architecture. There will not be much walking during this event; it will involve standing and listening to descriptions of various buildings. Bring lunch or possibly eat at Rio California restaurant in Preservation Park. Light rain OK, heavy rain cancels. **Sign up** with Noël, Nov 28 – Dec 2.

LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Yvonne Moss, 925-286-1130, TEXT ONLY

Sunday, December 7 SAN FRANCISCO SEASON OF LIGHTS

10:00 Meet in front of Ferry Building (restroom) at Embarcadero. Enjoy the season of lights, visiting Rincon Annex Post Office, Salesforce Rooftop Garden, ~~South Park~~, Palace Hotel, Old Saint Mary's Cathedral, Mark Hopkins Hotel, shaking hands with Tony Bennett, Fairmont Hotel, Huntington Park to Grace Cathedral (restroom) to walk the labyrinth. Late lunch at Huntington Park or the Grace Cathedral courtyard. Then Cable Car Museum, Union Square, ~~Saks Fifth Ave~~, Macy's, Neiman Marcus Atrium, Maiden Lane back to Montgomery BART. Flat, paved ~6 miles with ~500' elevation gain. Sticks may be useful. Light rain OK, heavy rain cancels. **RSVP** by Dec. 5, 6:00 p.m. atelier.sato@gmail.com

LEADERS: Sophia Garcia 510-326-7485 (day of hike only), Linda Margossian 510-685-1862, Jo Anne Schultz 510-734-9324

Thursday, December 11 QUIRKY SOUTH BERKELEY

10:00 Meet at Ashby BART, inside the ticket hall. Restroom in station or porta potty in parking lot. An urban walk thru South Berkeley neighborhoods w/ lots of stops to get acquainted with quirky material culture, including murals, eccentric architecture, and front yard sculptures. Restroom at lunch. 4 miles, paved, flat. Light rain OK, heavy rain cancels. **Sign up** with Noël, December 4–9.

LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Marleen Stratton 925-683-3855

Sunday, December 14 HOLIDAY HIKE – SAN FRANCISCO

4:00 p.m. Meet at Embarcadero BART, in front of Ferry Building (restroom). Walk around Financial District (map not available at this time). At 5:00 p.m. we will stop for dinner before continuing the walk. Let's explore the magic of Let's Glow San Francisco 2025, a holiday arts festival with art projected on participating downtown SF buildings. **Must RSVP (Dec 1–5) for dinner reservation** to Sets, setsamann@pacbell.net or 510-489-8096.

LEADERS: Sets, day of hike only, cell 510-909-7734; Carol Savio 415-203-8390

Thursday, December 18 Patricia Derickson Memorial Lafayette Reservoir Bird Bell Hike (In memory of our dear friend Patricia!)

10:00: Meet at Lafayette BART (south side). We will walk 5 miles to and around the reservoir (200' elev. gain). Or, 10:45: meet at the reservoir parking lot. We will be hiking rain or shine, and bringing our traditional seed bell for the birds' tree. This will be a scaled-down lunch from previous hikes that Patricia organized. Bring your own lunch, drinks, and a treat to share -- along with your memories of Patricia.. RSVP to Karen at karntzen5@gmail.com by Dec. 16 and let us know if you plan to meet at BART or the reservoir.

LEADERS: Karen Arntzen 925-357-0409, Georgette Armstrong, Lynne Vogensen, and Ed Osada

Sunday, December 21 CANCELED

Thursday, December 25 OPEN DATE
MERRY CHRISTMAS

Sunday, December 28 SOBRANTE RIDGE, EL SOBRANTE

9:15 Meet at El Cerrito del Norte BART. **9:30** Meet at Castro Ranch Road and Conestoga Way in El Sobrante. Trailhead is on Conestoga Way on the left side, about 2 houses up from Castro Ranch Road. Street parking. Hike Sobrante Ridge Trail and the Manzanita Loop to see one of the last stands of the rare and endangered Alameda manzanita. 6 mile loop with some pavement at end. 1466' gain/loss. Bathroom at lunch only. Drivers needed from BART. All **hikers, riders and drivers** contact Marsha Maslan by Friday 12/26/28 at 5pm. (510) 526-7306.

LEADERS: Marsha Maslan (510) 526-7306, Colette Cussary.