

CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

January, February, March 2026 V13

Selected Guidelines: **LEADERS:** Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. **HIKERS:** Let the leader lead. Report to leader if dropping out before end of hike. **EVERYONE:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. If you are sick, please wear a mask or consider sitting out the hike! **INCIDENTS:** It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. **CARPOOLING:** Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. New suggested rate for the entire car (including driver) is 70 cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: 35 cents/mile, 3 pers: 23.3 cents/mi, 4 pers: 17.5 cents/mi, 5 pers: 14 cents/mi.

For most agencies, call 511 & state agency for which you need information.

Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

This Schedule is posted on our website: www.contracostahills.org

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may change. We will update as conditions evolve.

Thursday, January 1 NEW YEARS HIKE AT COYOTE HILLS

10:00 Meet at Union City BART, where **cars are needed** to drive to Coyote Hills. Walk 5 miles on paved and dirt trails. \$5 fee for parking. Light rain OK, heavy rain cancels. Help us celebrate the New Year with a bit of bubbly, chocolates, etc. Feel free to bring a goodie to share. **Riders and drivers please text or call** Jerry Ford (text preferred) at 510-999-1706. **LEADERS:** Jerry Ford, Frank Martin 510-460-8725, Stew Perlman 510-999-1706

Sunday, January 4 CANCELED

Thursday, January 8 LAGUNA HONDA

10:00 Meet at West Portal Muni station, in front of the West Portal Library. You can get to West Portal by taking either the L, M, or K Muni metro from Embarcadero. Hike 4 miles, 200' elevation change, bring poles. **LEADER:** Kathryn Rato 415-425-0863

Sunday, January 11 COAST OF PACIFICA

9:15 Meet at Daly City BART to board SamTrans 110 at 9:27 to Pacifica (19-minute ride). Hike to Pacifica Pier and along coast to Linda Mar Beach and beyond. Hills, paved/dirt trails, and beach; ca. five miles. Sticks needed for steep sections. Return from Linda Mar Boulevard to Daly City BART. **Leader:** Jan Proudfoot 415-647-3285

Thursday, January 15 DUTRA SKY GUSTIN, JOHN MUIR LAND TRUST, MARTINEZ
9:15 Meet at North Concord BART where cars are needed. Or **9:45** meet at the parking area at the end of Dutra Rd. Directions: Take exit 9 from Hwy 4 and turn south onto Alhambra Rd. Just before Mt. Wanda parking lot, turn right onto Franklin Canyon Rd. Go 1 mile and make a left turn onto Dutra Rd. A moderately strenuous lollypop hike takes us along Feeder Trail #1, Dutra Loop and Tina Batt Trails. 6.46 miles, 1450' elevation gain/loss. 360° gorgeous views. Sticks helpful. No restrooms. Heavy rain cancels. All hikers RSVP Diane by 6:00pm 1/14.
LEADERS: Colette Cussary & Diane Cannon 406-465-9873

Sunday, January 18 CLAYTON TRAILS AND HILLS
9:30 Meet at Concord BART where cars are needed. Or **10:00** Meet at The Grove, 6100 Main Street, Clayton., near the bathrooms. Trails we'll hike: Black Diamond, Peacock Creek, Ridge, Donner Creek, and various Greenway Trails, then city streets back to The Grove. Beautiful views of Mt. Diablo and surrounding areas. 6.5 miles. 400'-500' elevation gain/loss. Sticks helpful. Bathrooms at The Grove and lunch. Rain/mud cancels or alters route. **Call or text Diane** by 1/16.
LEADERS: Diane Cannon 406-465-9873; Dorothy Bradt 925-890-7195; Sue Elliott 925-672-0533

Thursday, January 22 ALUM ROCK PARK, SAN JOSE
9:05 Meet in front of Berryessa BART station or **9:40** at the Eagle Rock parking lot in the park, 15184 Penitencia Creek Rd, San Jose. A moderate 5.3 mi, 770' climb, dirt trail hike on the North Rim, Todd Quick, and Lariat trails. We'll stop at the Eagle Rock viewpoint for snacks/lunch, returning on the Penitencia Creek Trail to the parking lot. Restrooms at parking lot; Visitors Center. Rain cancels. **Call or text Wanda for BART pickup only** by Jan 20. For other info please contact Althea by email or text.
LEADERS: Sharon Wang 510-468-1945; Althea Wong moy@wawong.com or text 925-487-6469; Wanda Fong 510-303-4454

Sunday, January 25 OPEN DATE

Thursday, January 29 ROCK PARKS OF BERKELEY
10:00 Meet at El Cerrito Plaza BART. Visit 8 of Berkeley's parks (many with big rocks) on this 6½-mile hike with 800 ft elevation gain, ending at Downtown Berkeley BART (not a loop). Many stairs both up and down. Sticks would be helpful. Buses available during hike.
LEADERS: Mike Branning, 510-758-2789 (cell 510-734-5041), Laurie Lau 510-508-3494

Sunday, February 1 TANK HOUSES OF SOUTH BERKELEY AND NORTH OAKLAND
10:00 Meet in ticket hall at Ashby BART (restrooms). From the 1860s through the 1920s, windmill-topped water towers stood on nearly every city block, pulling up water from wells into elevated redwood tanks, providing pressurized water for domestic use. On this tour, we will visit surviving tank houses in South Berkeley and North Oakland. This two-hour tour, which ends near Rockridge BART, does not include a lunch break. Participants may want to have lunch in one of the many College Avenue restaurants. About 3 miles, flat, some uneven sidewalks. Requires some periods of standing. Rain cancels. Sign up with Noël, Jan 25–30.
LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); and guest leader Berkeley architect Aaron Goldstein, cell day of hike 415-606-7787

Thursday, February 5 PLEASANT HILL

10:30 Meet at Pleasant Hill Library, 2 Monticello Ave. Right turn off Oak Park Blvd., Pleasant Hill. Park at the back of library lot. Or **10:00** BART pickup at Pleasant Hill BART station where drivers needed. Restrooms at library and Larky Park. Approximately 4 miles. Poles optional as there is a hill but all asphalt trail. Rain cancels. Walk back to BART is easy off trail. If you are a member of any Bay Area museum, you get free entrance to the Lindsay Museum near our lunch stop. Bring your membership card. Regular entry is \$13.50, optional of course. RSVP only needed for BART pick up.

LEADERS: Yvonne Moss, text 925-286-1130. Email mossyvonne52@gmail.com; Sylvia Kwan 925-852-9561, email ELGoogsk8888@gmail.com

Sunday, February 8 CROCKETT HILLS

9:00 Meet at El Cerrito Del Norte BART, or **9:30** at the main staging area of Crockett Hills Regional Park (with restrooms). We'll do a lollipop route, to Kestrel Loop and Big Valley. Some up and down. About 6.5-7.0 miles total. Bring lunch and layers. Rain or excessive mud cancels. Please **RSVP** to Marilyn.

LEADERS: Marilyn Langlois, 510-710-4493, marilynlanglois@comcast.net; Florence Yokoi

Thursday, February 12 TEMESCAL LAKE LOOP

10:00 Meet at Rockridge BART station, base of escalators. Gentle walk/hike uphill to Lake Temescal where there are restrooms. Lunch in the park. Sidewalks with dirt trails in the park. About 3-4 mi., 400' elev. gain.

LEADERS: Carol Savio 415-203-8390, Sets Amman 510-909-7734 (cell day of hike)

Sunday, February 15 PLEASANTON RIDGE

Cancelled due to Rain

Thursday, February 19 POINT PINOLE

10:00 Meet at El Cerrito Del Norte BART where **cars are needed** to drive to Point Pinole, Giant Road entrance. Hike about 6 mostly level miles on mostly level trails. Light rain OK but heavy rain cancels. **Riders and drivers please contact** Mike (email preferred) mlbran1@yahoo.com by 6 p.m. on February 18.

LEADERS: Mike Branning, 510-758-2789 (cell 510-734-5041), Laurie Lau 510-508-3494

Sunday, February 22 TENNESSEE VALLEY

9:30 Meet at Del Norte BART or North Berkeley BART. Tennessee Valley trailhead to Hill 88 and back. **6.4 mile loop. 988' climb. Contact Mark for carpooling arrangements. Text 510 229-2107 or call 510 526-4944. Rain Cancels.**

Leader: Mark Petrovsky

Thursday, February 26 ANTHONY CHABOT REGIONAL PARK

9:20 Meet at Castro Valley BART or **9:40** at Redwood Canyon Golf Course parking lot, 17007 Redwood Rd, Castro Valley (past the building). Out and back moderate hike starting at Brandon Trail, 5.5 miles, 800' elev. gain. Dirt trails, 65% shade. We'll stop at the picnic area at Honker Bay for snacks or lunch. Restrooms at trailhead and a few along the trail. Rain cancels. **Call or text** Wanda Fong 510-303-4454 **for BART pickup only** by Feb 24.

LEADERS: Sharon Wang 510-468-1945; Althea Wong 925-487-6469; Wanda Fong

Sunday, March 1

OPEN DATE

Thursday, March 5 MARTINEZ HISTORY WALK & MARINA TRAIL
10:30 Meet at Waterfront Park in downtown Martinez. Use first parking lot on left after crossing the RR Tracks. Or BART pick up at 10:00 at North Concord/Martinez station. We will walk through town viewing many historical buildings with a stop to visit the History Museum. Restrooms at park and in town. Lunch after town walk then hike the trail around the marina. Distance around 4 miles. Rain Cancels. Need to RSVP by Feb 26th as it's better to keep numbers below 20 due to narrow Martinez sidewalks!
LEADERS: Yvonne Moss 925-286-1130 text please, or email mossyvonne52@gmail.com;
Marleen Blomberg

Sunday March 8 QUARRY LAKE/UNION CITY/FREMONT
10:00 Meet at Union City BART. Easy 1 mile hike to Quarry lake and another optional hike of 2/3 miles around Quarry lake. Lunch will be "Pot Luck" to celebrate Roberta's 90th birthday. Please bring some finger food like cut up veggies or fruits, small sandwiches, empanadas, egg rolls, cheese and crackers, etc. Carol & I will provide the dessert. RSVP to Sets Amann setsamann@pacbell.net or 510 489-8096, or to Carol Savio Carol.Savio.sf@gmail.com or 510-907-3055 to let us know you plan to attend and what you will bring.
LEADERS: Sets Amman 510 489-8096, Carol Savio 510-907-3055

Thursday, March 12 ANNUAL MEETING
10:00 Meet at Lakeside Park Garden Center at Lake Merritt for a walk around the lake. Around 11:00, social hour at the Garden Center, followed by the annual meeting. New day, but always a convivial and fun morning.

Sunday, March 15 OPEN DATE

Thursday, March 19: Presidio, Crissy Fields, and Marina
Meet **no later than 9:45** in front of the Hyatt Regency on Market St side. We will walk to and catch the California #1 Bus (Drumm/Clay at ~ 10:14). "Hop" off the bus at California/Arguello and walk 3 blocks to Presidio Park entrance. Hike down to Tunnel Tops Park and then along Crissy Fields to the Palace of Fine Arts. Lunch here or at the northwestern end of Presidio Park (across the street). After lunch, hike along the Marina to Fort Mason and over Fort Mason Park to Aquatic Park. Several return Bus routes available here. Distance about 5-6 miles with options for shorter hikes along the way. Mostly Flat and Downhill. A few short hills at the start (2 blocks) and towards the end. Mostly paved and some wide dirt trails. Restroom stops: Near Presidio Entrance; Tunnel Tops. and at least one other further down. Rain Cancels. Those wishing to **join the hike at California/Arguello** - please **let the leader know**.
LEADER: Kathleen Clarkson 415-647-1113; On day of hike only call/text 415-438-0571

Sunday, March 22 THAI BRUNCH, MOUNTAIN VIEW CEMETERY TULIPS AND FAMOUS WOMEN'S GRAVES
9:30 Meet in ticket hall at Ashby BART (restrooms). We will walk to the Thai temple, 1911 Russell St and have brunch there. Bring about \$15-20 cash for brunch. Next, we will take AC Transit bus #12 to Mountain View Cemetery to visit the 2026 Tulip Extravaganza. March is women's history month so we will also visit the graves of famous women. About 3 miles. Happening rain or shine. **RSVP** to Noël, March 15-20.
LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Kathleen Fennelly 510-566-9755; Sylvia Kwan 925-852-9561

Thursday, March 26 POINT PINOLE REGIONAL SHORELINE

10:00 Meet at El Cerrito Del Norte BART (west side passenger pickup area) where **drivers are needed** to carpool. **10:45** meet at Point Pinole Regional Shoreline staging area (5551 Giant Highway). Mostly level 4-mile loop. Bring lunch. RAIN CANCELS. Drivers/riders and all **RSVP** to Karen at karntzen5@gmail.com by March 19.

LEADERS: Karen Arntzen 925-357-0409 and Rosemary Johnson 510-619-5728

Sunday, March 29 BENICIA TO CARQUINEZ VISTA POINT

9:45 Meet at El Cerrito Del Norte BART where **cars are needed** to go to public parking lot on East B Street off of 1st Street in Benicia. 7½-mile loop (shorter loops possible) with some gentle hills on sidewalks thru marina and Benicia Historic Park to Vista Point and return. Light rain OK, heavy rain cancels. **Riders and drivers please contact** Mike (email preferred) mlbran1@yahoo.com before 6 p.m. on March 28.

LEADERS: Mike Branning, 510-758-2789 (cell 510-734-5041), Laurie Lau 510-508-3494