

# CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

## April, May, June 2026

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Selected Guidelines: **LEADERS:** Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. **HIKERS:** Let the leader lead. Report to leader if dropping out before end of hike. **EVERYONE:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. If you are sick, please wear a mask or consider sitting out the hike! **INCIDENTS:** It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. **CARPOOLING:** Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. New suggested rate for the entire car (including driver) is 70 cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: 35 cents/mile, 3 pers: 23.3 cents/mi, 4 pers: 17.5 cents/mi, 5 pers: 14 cents/mi.  
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**For most agencies, call 511 & state agency for which you need information.**  
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**Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.**  
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This Schedule is posted on our website: [www.contracostahills.org](http://www.contracostahills.org)  
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**PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES!** Hikes may change. We will update as conditions evolve.  
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**Thursday, April 2 CHABOT PARK, SAN LEANDRO**  
**9:00** Meet at San Leandro BART station to catch the 9:30 #35 FOOTHILL SQUARE bus to Estudillo & MacArthur. Walk 0.5 mi to park or park at 1781 Estudillo Ave., San Leandro, CA 94577 (NOT Lake Chabot Marina). Hike 3-6 mi (depending on weather). Bass Cove Trail to Columbine Trail & back to bus. SHADE! Sticks are useful. Bring lunch & water. No water along the route. Restrooms are at BART, Chabot Park, plus port-a-potties along the trail. RAIN CANCELS! Headcount please. **Contact** Rita 3/22-4/1. text preferred.  
**LEADERS:** Rita Poppenk 510-329-9826; Dexter Barker 510-329-9825

**Sunday, April 5 TOMALES PT, PT REYES**  
**8:30** Pick up at Del Norte BART on the west side. Hike is about 9.5 miles and 1200 feet. The flowers should be in bloom. Riders, drivers, and hikers all should **contact Marsha** by Good Friday, April 3rd at 5 pm. Rain Cancels.  
**LEADERS:** Marsha Maslan mmaslan9@gmail.com 510-526-7306; Mark Petrofsky mpetrof@hotmail.com 510-526-4944.

**Thursday, April 9 ALHAMBRA HILLS OPEN SPACE, MARTINEZ**  
**9:30** Meet at North Concord BART, where cars are needed, or **10:00** Meet at Bethany Baptist Church, 5850 Alhambra Ave, Martinez. No bathrooms. 5 miles, 700' elevation gain/loss. Some steep climbs with incredible 360 views overlooking Carquinez Straits and forever. Expect wildflowers. Sticks advised. Mud/rain cancels. **Call/text** Diane by 4/8.  
**LEADERS:** Diane Cannon (406-465-9873 & Kathy Cronin (925-348-7910)

**Sunday, April 12 SAN FRANCISCO CHERRY BLOSSOM FESTIVAL**  
**TBD**  
**LEADERS:** Sets Amman, [setsamann@pacbell.net](mailto:setsamann@pacbell.net), 510-489-8096, cell day of hike, 510-909-7734; Carol Savio, [carol.savio.sf@gmail.com](mailto:carol.savio.sf@gmail.com), 415-203-8390

**Thursday, April 16 PINOLE CREEK AND PINOLE OLD TOWN**

**9:30** Meet at El Cerrito del Norte BART (restrooms). Take West CAT bus JPX at 9:54 that arrives at Pinole Valley Road and Henry Ave at 10:15. Or drive and park at AMF Pinole Valley Lanes bowling alley, 1580 Pinole Valley Road, Pinole, CA 94564. Hike along Pinole Creek, visit Old Town Pinole, and Bayfront Park. Lunch and restrooms at Fernandez Park. About 4 miles, flat, paved. If you would like a copy of the script, contact Noël April 9–14.  
**LEADERS:** Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); David Jadeson, cell, day of hike only, 510-351-5575

**Sunday, April 19**

**Thursday, April 23**

**Sunday, April 26 PLEASANTON RIDGE, PLEASANTON**

**9:00** Meet at Walnut Creek BART, where cars are needed, or **9:30** Meet at Castle ridge Trailhead, 3464 Old Foothill Rd, Pleasanton. (37.660081, -121.911618) Limited parking. Follow these trails: Courdet, Ridgeline, North Ridge, Cowing, Sinbad Creek along Kildare Canyon, Shady Creek. 11 miles. Gain/loss 1612'. Sticks recommended. Bathrooms at start/end. Shorter option possible. Magnificent panoramic views & lovely wooded canyon. Rain/mud cancels. **Call** Diane by 4/24 to sign up.  
**LEADERS:** Diane Cannon 406-465-9873 & Marilyn Langlois 510-710-4493

**Thursday, April 30 CLAREMONT/ROCKRIDGE GREAT ESTATES**

**10:00** Meet at Rockridge BART (**use restrooms**). On this urban walk we will search for remains of estates built in the Claremont/Rockridge area in the late 19th and early 20th centuries. 5.1 miles, 220' elevation gain, paved. Heavy rain cancels, light rain OK. Bring lunch and water. No water or restrooms on the walk. If you would like a copy of the script, contact Noël April 23-28.  
**LEADERS:** Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting); Yvonne Moss, 925-286-1130 text please

**Sunday, May 3 BOLINAS RIDGE OUT AND BACK**

**9:00** Meet @ Del Norte BART, west side near San Pablo Blvd., where **cars are needed**. Drive to Bolinas Ridge/McCurdy Trailhead at junction of West Ridgecrest Blvd. & Bolinas-Fairfax Rd. Hike 7 miles - 1000' elevation gain/ loss. Sticks helpful. No water or restrooms. Parking Very Limited! **All** hikers and drivers **must call/text** Diane by 5/1 for optimal carpools. (510-734-9324)  
**LEADER:** Diane Cannon 406-465-9873; Jo Anne Schultz 510-734-9324

**Thursday, May 7 MITCHELL CANYON, GLOBE LILIES, CLAYTON**

**9:06** Meet at Walnut Creek BART pickup area next to parking building, or **9:40** at Visitor Center next to restrooms, 96 Mitchell Canyon Rd. Out-and-back with a little loop in the middle to view globe lilies, on mostly shaded dirt trails. Moderate hike, 5 miles w/ 450' elevation gain. Park entrance \$5-\$6 per car, cash only, or bring your State Park Pass, or check with your library to borrow a State Park Pass. Bring water, poles (if muddy), snack or lunch. Rain cancels. Riders & drivers **text or call** Wanda Fong (510 303-4454) by May 5.  
**LEADERS:** Sharon Wang 510-468-1945, Althea Wong 925 487-6469, Wanda Fong

**Sunday, May 10**

**Thursday, May 14                    STAIRWAY WALK NOB HILL**

**10:00** Meet at Market/Hyde Streets at Main Library (Civic Center BART) (restrooms). Walk uphill and explore little-known streets as well as major landmarks. End at Powell Street BART. Approx. 4-5 miles.

**LEADER:** Jan Proudfoot (415) 647-3285

**Sunday, May 17                    BRIONES REGIONAL PARK**

**9:30** Meet at North Berkeley BART. Or **10:00** Bear Creek Staging Area. Short hike, 4.6 miles, 660' elevation gain, or 5.1 miles, 760'. Up Deer Creek Trail, back on Abrigo Valley Trail. Call 510 526-4944 or email [mpetrof@hotmail.com](mailto:mpetrof@hotmail.com) **by Friday, May 15** to arrange rides.

**LEADER:** Mark Petrofsky: 510 229-2107 day of hike only. Please leave a current phone number if you email me. If anyone would like to provide snacks, let me know.

**Thursday, May 21                    MISSION MURALS IN SAN FRANCISCO**

**10:00** Meet outdoors at 24th st. BART plaza (corner of Mission and 24th St). Walk through some of the many Mission district murals, taking time to consider each mural. Like looking at paintings in a museum. But not just visual, also political, cultural and social and entertaining aspects. Including the Precita Eyes Mural Arts Center, a resource for Mission murals, and the Women's Building, four stories high, completely covered with a mural by seven women. Length will depend on stops, but we'll end at 16th St. BART by noon. Many choices for optional lunch. Late comers OK, call leader, we'll only be on 24th St. for a while.

**LEADER:** Peter Nurkse, [nurkse@gmail.com](mailto:nurkse@gmail.com) in advance, or 831.331.3671 on day of walk.

**Sunday, May 24**

**Thursday, May 28                    TBD**

**LEADER:** Beryl Vonderheid, 510-532-8340

**Sunday, May 31                    LAFAYETTE RESERVOIR RIM TRAIL VIA MORAGA RD.**

Meet at the Lafayette BART station at **9:15 AM** where drivers are needed for a short drive to the starting point at the corner of Moraga Road and Via Granada Street in Lafayette or **9:45** meet at the start. Ample street parking along Via Granada. Meet at corner where hike will start on uphill path to Lafayette Reservoir Rim Trail. Hike is 6 miles with around 1,200' elevation gain. Sticks recommended. First part is shaded. No restrooms at start or end of hike, but they are available at the lunch site. Rain or muddy conditions cancel. **All** drivers and hikers **must contact** Harry Fong at 408-772-2460, [harrymf949@gmail.com](mailto:harrymf949@gmail.com) or Cathy Kong at 414-845-3131, [ckong8888@gmail.com](mailto:ckong8888@gmail.com) by May 29.

**Thursday, June 4                    SEAVIEW TRAIL, TILDEN PARK**

**10:00** Meet at Orinda BART (pickup area) where cars are needed, or **10:30** at Tilden Steam Train overflow parking for the Seaview Trail trailhead. Out and back on Seaview Trail with possible detour to Vollmer Peak, 3.5 miles and 673' gain. Those that want a workout can go 6 miles and 1282' gain. Lunch at nice lookout on trail. Some shade, pavement, and rocky dirt. Sticks are useful. Restroom at start/end. Drivers and riders, **text or email** Jim.

**LEADER:** Jim Baranowski [brnw\\_th@yahoo.com](mailto:brnw_th@yahoo.com) 925-577-1022

**Sunday, June 7                    MAQUIRE PEAKS LOOP, SUNOL REGIONAL WILDERNESS**

**8:45** Meet at West Dublin/Pleasanton BART, where cars are needed, or **9:30** meet at Sunol Visitor's Center, 1895 Geary Rd., to pay \$5 parking fee. Bathrooms. Caravan to Upper Maguire Peaks Trailhead, mile marker 1.28 Welch Creek Rd. Hike 6 miles, 800' elevation gain/loss. Dense woodlands, wildflowers, rewarding views to the north of San Antonio Reservoir and Mt. Diablo. Mud/rain cancels. **Call** Diane by 4/10 to sign up.

**LEADERS:** Diane Cannon 406-465-9873, Colette Cussary

**Thursday, June 11**

**Sunday, June 14**

**Thursday, June 18            BIG TREES & SEQUOIA BAYVIEW TRAILS OAKLAND**  
**9:05** Meet at Fruitvale BART or **9:30** at trailhead, 10302 Skyline Blvd Oakland. Parking in small area in street. Out & back, moderate 5.16 miles 430' elevation gain in almost 100% shade on dirt trail. Restroom nearby and one along the way. Rain cancels. Riders & drivers, please **call or text** Wanda Fong (510 303-4454) by June 16.  
**LEADERS:** Sharon Wang 510 468-1945, Ellen Chen 925 389-1845, Wanda Fong

**Sunday, June 21**

**Thursday, June 25            ANNUAL PICNIC, FREMONT**  
**10:00** Meet at Fremont BART (east side). Hike one mile to picnic site in Central Park, then 3 miles around Lake Elizabeth to BBQ. One-mile walk back to BART. **RSVP** to Jerry Ford by June 22 with your choice of burger, hot dog, tilapia, or vegetarian. Free for members, \$5 for guests.  
**LEADERS:** Jerry Ford 510-921-1739 (text preferred), Sylvia Kwan 925-852-9561, Frank Martin 510- 460-8725, Stew Perlman 510-999-1706

**Sunday, June 28**