CONTRA COSTA HILLS CLUB – HIKING SCHEDULE
October, November, December 2026 V16a

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Selected Guidelines: **LEADERS**: Appoint a rear leader; wait at intersections for all to catch up. If you cancel or change your hike, please inform hike coordinators Jim Baranowski or Marilyn Vihman so the change can be communicated to all members. **HIKERS:** Let the leader lead. Report to leader if dropping out before end of hike. **EVERYONE:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. Some hikes may not need a reservation, but if a reservation is requested, please contact the hike leader. If you are sick, please wear a mask or consider sitting out the hike! **INCIDENTS:** It is good to carry a first aid kit with you in case someone is injured. Submit a filled-out Incident Form available from the hike leader or the club website. **Signups on Hikes** If you plan to lead a hike and are wondering about having members signup ahead of time, remember that signups are not required except in the case of carpool pickups, museum or luncheon reservations, or similar events where a headcount is necessary. Otherwise, no advance signup is needed, as it is the hiker's responsibility to contact the leaders.
CARPOOLING: Be prepared to wear a mask if requested. Discuss with the hike leader when signing up. New suggested rate for the entire car (including driver) is 76 cents per mile plus share of bridge tolls & entrance fees. For example, 2 persons including driver: 38 cents/mile, 3 pers: 25 cents/mi, 4 pers: 19 cents/mi, 5 pers: 15 cents/mi.

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For most agencies, call 511 & state agency for which you need information.

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Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.

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This Schedule is posted on our website: www.contracostahills.org

PLEASE MAKE SURE TO CONSULT THE WEBSITE FOR CHANGES! Hikes may change. We will update as conditions evolve.

Thursday, October 1 **REDWOOD PARK, OAKLAND**
9:30 Meet at Rockridge BART station where **cars are needed**, or **10:00** at Canyon Meadows Staging Area, Reinhart Redwood Regional Park. Hike revision due to trail closing, but we start at the same time and place! Revised hike probably a little shorter, but about the same climb. 2.5 to 3.5 mi, about 550' climb on dirt and paved trails. Sticks recommended, restrooms at start. **Drivers and riders, contact** Jim.
LEADER: Jim Baranowski, brnw_th@yahoo.com, 925-577-1022

Sunday, October 4 **OPEN DATE**

Thursday, October 8 **GOLDEN GATE BRIDGE TO SAUSALITO**
8:44 Board Golden Gate Transit #120 Strawberry-bound bus at Larkin and Grove by the Main Library. Use Civic Center BART exit A2 or A3 escalator (UN Plaza) and walk to Grove and Hyde. Walk one block on Grove to Larkin. **9:05** Offboard at GGB Toll Plaza, walk to GGB Welcome Center, restrooms. **9:15** Walk across GGB and to the Sausalito Ferry. About 5 mi, 101 total stairs, 295' climb on concrete, asphalt, boardwalk, and packed dirt trails. Outhouses along the route. Dress in layers. FOG? SUN? RAIN CANCELS! Bring water, lunch/snack. Return on 1:35, 3:35, 5:05, or 6:35 ferry to SF or, at 1:29, board Golden Gate Transit #120 bus at Bridgeway and El Portal in Sausalito back to Polk St and Golden Gate Ave (arrives 2:00, walk to Civic Center BART). Bus runs twice an hour. **RSVP** RITA Oct. 2–7 (text preferred). [Editor's note: this is Fleet Week - zoom zoom!]
LEADERS: Rita Poppenk 510-329-9826, Dexter Barker 510-329-9825

Sunday, October 11 SF VIEWING OF BLUE ANGELS

12 noon Meet at SF Main Library (Civic Center BART) Grove St entrance (bathrooms available). Walk to Larkin St to catch Muni Bus #19 (Polk line) to Francisco and Polk. Those coming from SF can meet us at Francisco and Polk (be there by 12:45). From there we will walk to Tunnel Tops by way of Crissy Field to have late lunch and watch the Blue Angels (restrooms along the way and at Tunnel Tops). Blue Angels show 3:00 – 4:00 p.m. You may elect to watch from Crissy Field. After the show, you may elect to return via the Presidio GO Shuttle (at Presidio Transit Center) to Embarcadero BART or the Stockton #30 (at Tunnel Tops and Mason) to Powell St BART. Distance is 3 miles. For a longer hike, you can walk back along Embarcadero. If you are coming from SF, please notify the leaders ahead of that day.

LEADERS: Sets Amann, setsamann@pacbell.net, 510-489-8096, day of Hike, Regis Amann 510-364-4103; and Carol Savio 415-203-8390

Thursday, October 15 PIEDMONT WALK

9:27 Take AC transit bus 12 from Ashby BART (MLK Way and Prince St) to Piedmont Av and Pleasant Valley Av, walk up Piedmont. Or **9:35** take AC Transit bus 51A from Rockridge BART (opposite side of College, under freeway). Get off at Broadway and 51 St, walk 4 blocks on Pleasant Valley, turn left on Piedmont. Chapel of the Chimes is on left before the cemetery. Hike starts in front of Chapel of the Chimes, 4499 Piedmont Ave, Oakland 94611. From there we will take a walk around Piedmont. **Contact** Kathryn at kathryn.rato@gmail.com

LEADER: Kathryn Rato 415-425-0963

Sunday, October 18 ANGEL ISLAND IMMIGRATION STATION AND PERIMETER LOOP HIKE

8:45 Leave El Cerrito Del Norte BART (front parking lot) where cars are needed to drive to parking lot at 1527 Tiburon Blvd in Tiburon near Chase Bank ($5 parking). Walk to 21 Main St and the Angel Island Ferry departing at **10:00**. Highly suggest to **purchase tickets online in advance** at angelislandferry.com/schedule, due to the number of passengers going to the island on the first boat (Senior $16.96, Adult $19.08). Hike to the Immigration Station Museum to learn some history of the island and the Immigration Station, including a tour of the barracks before continuing the perimeter loop trail around the island. Access into the Immigration Station barracks to see historical wall carvings and displays is $5 and well worth it. Six miles, 300' elevation gain. Hiking sticks recommended. **Hikers, drivers and riders RSVP** to Harry Fong, harrymf949@gmail.com or Cathy Kong, ckong8888@gmail.com **by October 17.**

LEADERS: Harry Fong 408-772-2460; Cathy Kong, 415-845-3131

Thursday, October 22 BAY BRIDGE SCENIC WALK

9:30 Meet at Ashby BART exit into the parking lot, **drivers** please **email** leader. **10:00** Start on the Bay Bridge Trail from Sutter Regional Shoreline at the end of Burma Road in Oakland. Restrooms at the beginning and at Yerba Buena. A pure walk, just wind and the Bay, to Yerba Buena and back, 3 miles each way. See the entire walk from the start, gradual up and back down. Anyone can leave at any time, and entire walk is ADA compliant. As a pure walk, could be repeated every year, the wind and the Bay change all the time.

Directions: Driving toward San Francisco on I-80 take Exit 8A, last Oakland exit, right before the toll plaza. Cross up over freeway and back, and take first right on Maritime St. Then first right again on Burma Road, and then go one entire mile, past all the other signs and entrances, to the last driveway before the end of the road, and Park Entrance sign.

LEADER: Peter Nurkse, nurkse@gmail.com, 831-331-3671

Sunday, October 25 PATWINO WARRTLA KODOI DIHI OPEN SPACE PARK
9:30 meet at Del Norte BART, west side, where drivers are needed, or **10:00** at 2061 Rockville Rd, Fairfield, CA 94534 (restroom, $5 parking fee/card kiosk, water). Overlooking the Suisun Valley, a six-species oak woodlands, chaparral landscapes, and long views of Mt Diablo, to the Sierra Ridglines. We'll hike part of the Bay Area Ridge Trail and loop through Sonoma Volcanics ridge tops. 6.1mi 1000' elevation. SRate: 110 (moderate-challenging)
Drivers/riders contact Jo Anne Schultz 510-734-9324, joschultz@gmail.com
LEADERS: Georgia Chun, Steven Chun 707-761-4392; Jo Anne Schultz.

Thursday, October 29 JINGLETOWN, FRUITVALE, OAKLAND
10:00 Meet at Fruitvale BART (restrooms). Explore nearby Jingletown neighborhood, home to sculptors, painters, photographers, musicians, and visual and mixed media artists. Known for its mosaic tilework creations. Continue on the Embarcadero along the estuary. Restrooms at Brooklyn Basin's 9th Avenue Terminal followed by lunch at Township Commons, Oakland's newest waterfront park. Hike ends at Lake Merritt BART. Flat, paved, 4 miles. Heavy rain cancels, light rain OK. For a copy of the script, **contact Noël**.
LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510-923-127 (landline, no texting); Roberta O'Grady, cell day of hike only 510-269-0968

Sunday November 1 GARIN REGIONAL PARK
9:00 Meet at South Hayward BART station, where cars are needed to drive to Garin Regional Park. 5 miles moderate hike with an elevation gain of 1,100 feet. Starting at the Red Barn, next to the restrooms on your left. This trail starts off strong with a hefty incline followed by a steep downhill. Hiking along the Vista Peak Loop Trail offers sparse shade. Bring water and clothing for protection from the sun. **Drivers and riders MUST sign up at:** darlenechoy@gmail.com on October 28-30.
Leaders: Isabel Rogne 510-512-8778, Darlene Choy 510-441-3825. Darlene's cell, morning of hike only 510-372-3694

Thursday, November 5 RICHMOND MARINA
9:45 Pick up at El Cerrito del Norte BART. Request by **email or text** preferred. **10:00** Drivers meet at parking lot behind Rosie the Riveter Museum. Walk on flat paved trail for 4.8 miles. Lunch at Marina Bay Park. Restrooms along the way as well as at lunch.
LEADER: Rosemary Johnson, compasros@comcast.net, 510-619-5728; Co-leader Sue Fernstrom, 510-363-1788

Sunday, November 8 OPEN DATE

Thursday, November 12 QUIRKY BERKELEY NORTHWEST
10:00 Meet at North Berkeley BART (restrooms). Exploration of quirky culture in Northwest Berkeley. We will see front yard sculptures, rustic birdhouses, murals, beach trash creations, unusual mailboxes, painted garage doors, and wonderful flower gardens. Lunch and porta potty at King School Park. 4.3 miles, on pavement, some easy uphills and downhills. For a copy of the script, **contact Noël**.
LEADERS: Noël Siver, noelsiver2@yahoo.co.uk, 510–923–1327 (landline, no texting); Regis Amann cell day of hike, 510-364-4103

Sunday, November 15 LANES OF GLEN PARK/CROSSTOWN TRAIL SECTION 2
10:00 Meet at Glen Park BART station. Hike Glen Park, Glen Canyon and Laguna Honda Trail. Approx. 5 miles, 800' elevation. Return from Forest Hill MUNI station. Optional lunch pickup at Canyon Market (deli).
LEADER: Jan Proudfoot (415) 647-3285

Thursday, November 19 EASTSHORE MCLAUGHLIN PARK BERKELEY
9:15 Meet at Downtown Berkeley BART, at the eastern intersection with Center Street, to board 9:30 am #51A bus to the Sea Breeze diner/Brickyard Cove parking area on the Berkeley Marina. Drivers can go directly to Brickyard Cove for **10:00** rendezvous.
Walk will be a loop including the area around Brickyard Cove, the McLaughlin park/estuary, and through Caesar Chavez Park with spectacular views of the Bay, SF, and the Berkeley Marina. Walk is flat, approx. 5mi. and can be shortened. Heavy rain cancels.
LEADERS: Carol Savio, 415-203-8390(c); Sets Amann, 510-489-8096 (h); Regis Amann, day of hike 510-364-4103(c)

SATURDAY, November 21 ROUND VALLEY REGIONAL PRESERVE
9:30 Meet at Antioch BART station, where **cars are needed**. Or **10:00** Meet at Round Valley Regional Preserve, 19450 Marsh Creek Road. Hike Miwok and Murphy Meadow Trails. 6.73 miles. About 400' elevation gain. Sticks optional. Restrooms at staging area. Rain/mud cancels or modifies hike. **Call** Diane by 11/20 to sign up.
LEADERS: Diane Cannon 406-465-9873 and Colette Cussary

FRIDAY, November 27 DAY AFTER THANKSGIVING AFTERNOON WALK IN BERKELEY
12:45 Meet at North Berkeley BART. We will walk up thru North Berkeley neighborhoods to Indian Rock and Mortar Rock Parks. Then we will start our return to North Berkeley BART walking down Solano, stopping at Squabisch for an artisanal German pretzel. About 4.5 miles and 500 feet elevation. Mostly concrete, but there will be some uneven steps and dirt trails with rocks and roots to navigate on the very short paths in the parks. Rain cancels.
LEADER: Lois Switzer 510-526-4376 (home), 510-542-7183 (cell, day of hike only), la61switzer@gmail.com

Sunday, November 29 OPEN DATE

Thursday, December 3 EMERYVILLE PUBLIC ART
9:50 Meet Noël at **MacArthur BART**. At 10:00 a.m. take Emery Go-Round shuttle (Shellmound-Powell) to Emeryville Public Market. Meet Celeste in front of Guitar Center, 5925 Shellmound St. Restrooms at market. Option to buy takeout lunch at market. Explore dozens of varied works of public art and learn how Emeryville evolved from the "Rottenest city on the west coast" (Earl Warren) to a CA Cultural District today. 4 miles, flat, paved. Heavy rain cancels.
LEADERS: Celeste Burrows, celesteburrows@sbcglobal.net, 510-388-5129; Noël Siver, noelsiver2@yahoo.co.uk, 510-923-1327 (landline, no texting)

Sunday, December 6 SF HOLIDAY HIKE–LET'S GLOW SF
5:00 p.m. Meet at Embarcadero BART station beside the Hyatt Regency Hotel. We will walk to a restaurant for an early dinner. After dinner we will walk through Chinatown to Union Square to see the holiday tree and ice rink; the St. Francis Hotel's gingerbread house; then on into the Financial District for the light and music projections on various buildings. The final projection we will visit is on the Ferry Building. **MUST RSVP** for the hike and dinner **between Nov. 1 and 9.**
LEADERS: Sets Amann, setsamann@pacbell.net, 510-489-8096 day of hike; Carol Savio, carol.savio.sf@gmail.com, 415-203-8390

Thursday, December 10 UC BERKELEY TOUR (Continued)
10:00 Meet at Downtown BART entrance, at Shattuck and Center. The August UC Berkeley Tour finished only halfway, there was so much to see and discuss. Walk up the campus to Founders Rock. Then Hearst Mining Museum (massive restoration) and the Nobel winners parking places. Reading rooms at the Doe Library, and the intimate Morrison Library, where all electronic devices prohibited. McCone Hall display, geology. Side trip to Mulford Hall, trees. Finally, lunch at new Gateway Cafe, order lunch or bring it. Rain cancels, call leader if question.
LEADER: Peter Nurkse, 831-331-3671

Sunday, December 13 BENICIA STATE RECREATION AREA
9:30 Meet @ DelNorte BART or North Concord BART: cars are needed at both locations.
10:10 Reconvene at Alvarez 9th Street Park I (904 W 9th St.) in Benicia. Out and back hike of 7 level miles on paved trail and sidewalks, through marshland along Southhampton Bay. Great views! Light rain ok, heavy rain cancels. Bathrooms at start and along the way.
RSVP Diane by 12/11.
LEADERS: Diane Cannon (406-465-9873) & Jo Anne Schultz (510-734-9324)

Thursday, December 17 LAFAYETTE RESERVOIR HIKE
10:00 Meet at Lafayette BART (south side). Walk 5 miles up to and around the reservoir (200' elev. gain). Or **10:45** meet at the reservoir parking lot. We will be hiking rain or shine. Bring your own lunch, drinks, and a treat to share (no organized potluck this time). RSVP to Karen at karntzen5@gmail.com by Dec. 16 and let me know if you plan to meet at BART or the reservoir.
LEADER: Karen Arntzen 925-357-0409

Sunday, December 20 OPEN DATE

Thursday, December 24 OPEN DATE

Sunday, December 27 OPEN DATE

Thursday, December 31 NEW YEARS HIKE
10:00 Meet at Union City BART where **drivers are needed** to take hikers to Coyote Hills Regional Park. Let's celebrate the coming New Year with caring friends. It will be a leisurely hike (less than 3 miles), followed by some bubbly, chocolate, and whatever else shows up. Hikers are encouraged to bring goodies to share. Restrooms available at BART and at park. $5 fee per vehicle**. Drivers and hikers, contact** Stew Perlman by 6 p.m., December 29 to RSVP.
LEADERS: Stew Perlman, stewiep@aol.com, 510-999-1706; Jerry Ford, jerry_ford@hotmail.com, 510-921-1739; Frank Martin, norpaco@comcast.net, 510-657-5810