

# CONTRA COSTA HILLS CLUB – HIKING SCHEDULE

## April – May – June 2019 **Version 11**

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**Selected Guidelines: Leaders:** Appoint a rear leader; wait at intersections for all to catch up. **Hikers:** Let the leader lead. **Report to leader if dropping out before end of hike. Everyone:** Bring water & drink it. Bring lunch unless stated otherwise. Sticks & boots advised on hilly trails. **Carpooling:** When cars are needed, call leader before the hike with offer to drive. Hikers needing rides **must** also call. Riders are to share expenses with drivers. Suggested rate is 15-cents per mile plus share of bridge tolls & entrance fees.  
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For most agencies, call 511 & state agency for which you need information.  
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Please carefully note the starting times. If transferring from BART to a bus or other public transit, the time given is the departure of the bus, etc. Please allow at least 15 minutes to get from the BART train to the other transportation.  
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This Schedule is posted on our website: [www.contracostahills.org](http://www.contracostahills.org)  
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### THURSDAY, APRIL 4 HAP MAGEE RANCH PARK TO EUGENE O'NEILL HOUSE, DANVILLE

10:15 Meet @ Walnut Creek BART where cars are needed to drive to Hap Magee, meet @ 10:40. Hike on pavement 5 mi, 450 ft. elev. gain, one hill. Riders & drivers call Fran for ride & for reservations for optional 45 min. free 1 p.m. tour of house for 15 persons. Lunch @ tables on grounds. Fran has map for early return for hikers not taking tour. Restrooms @ start, end & lunch spot. Light rain okay.  
LEADERS: Fran Leighty 925-944-9068, Mary Huang cell 510-949-6376, Connie Gee 510-528-3421

### Sunday, April 7 MACEDO RANCH, CASTLE ROCK LOOP

9:00 Meet at Walnut Creek BART where cars are needed to drive to Macedo Ranch, Alamo, or 9:30 at Macedo Ranch. Hike 9 miles, 2,000' gain/loss on trails in Diablo Foothills Regional Park and Castle Rock Regional Park. Sticks helpful. Restrooms at both parks. \$5 parking fee. Drivers and riders call Diane at 406-465-9873.

LEADERS: Diane Cannon, Fran Leighty 925-944-9068, Anne Herrick 510-528-9821

### Thursday, April 11 ROUND VALLEY REG PARK - HARDY CANYON LOOP

9:20 Meet at Concord BART, where cars are needed to drive to Round Valley Regional Park. All others meet at Round Valley Reg Park, 19450 Marsh Creek Rd, at 10 a.m. Restrooms at start/finish of hike only. 4.6 mi loop, with 800' elevation gain in first 2.4 mi. Sticks useful, all dirt trails, light mud possible. Riders and drivers must call/email Rob Deutschman@ 925-818-2491 or rjdeutsch@icloud.com. Rain cancels.

LEADERS: Rob Deutschman 925-818-2491 (cell), Jim Baranowski, 925-577-1022 (cell)

### Sunday, April 14 MT DIABLO GRAND LOOP

CCHC spent their first overnight trip on Mt. Diablo in MAY 1920.

9:00 Meet at Walnut Creek BART where cars are needed to drive to Lower Summit Parking lot. 10:00AM at trailhead. Strenuous hike with steep sections. 6.8 mi., ~2000' elev. gain. Sticks strongly recommended. Rain cancels. See April Extracurricular for a Saturday hike. Riders & drivers email Sue at [smellio@sbcglobal.net](mailto:smellio@sbcglobal.net) (preferred) or call 925-672-0533 by Thursday, 4/11 @ 6pm. Cell day of hike only 925-451-3307.

LEADERS: Sue Elliott 925-672-0533 & Bill Chen 707-319-1283

NOTE: A shorter hike option will be offered. Same time and meeting point. Contact Sue for hike details after 4/8/19.

### Thursday, April 18 BENICIA TRAILS

9:30 Meet at Walnut Creek BART where cars are needed to drive to Benicia Point near 100 1st Street, Benicia, arriving at 10:15. 4.5 mostly level paved miles. Bathrooms are available at the start and 3.5 miles in City Park. Bring lunch to eat in City Park or eat at one of the many interesting restaurants on 1st Street. Light rain OK, heavy rain cancels. Drivers and riders, please call/text or email suresh@gadad.net by 7 p.m. on Wed, 4/17.

LEADERS: Carolyn Walking cpwalking@gmail.com, 925-287-0938 and Suresh Gadad 925-785-4481

### Sunday, April 21 MUIR WOODS

9:00 Meet El Cerrito Del Norte BART where cars are needed. We will drive to MUIR WOODS.

Hike a loop going from MUIR WOODS into Mt Tam via the Bootjack trail and return to Muir Woods. The first part of the hike has steps. Sticks are recommended. 6-7 miles with ~500 ft elevation. Restrooms available at start and at lunch. Parking reservations are required (\$8). We have 2 reservations for the group with an arrival time between 9:30 and 10:00. Additional drivers will need to make their own parking reservation. A parking time of 9:00 – 9:30 works equally well. There are not many of the 9:30-10:00 spots available. It is Easter Sunday. Drivers and riders contact Mary (925-876-0803, [mulrich@sbcglobal.net](mailto:mulrich@sbcglobal.net)) ASAP to coordinate drivers and riders. It is possible to cancel the parking permits up to 72 hours in advance so better to get a permit if you are thinking of joining us. We will meet in the park about 9:45.

LEADERS: Anne Herrick 510-528-9821 & Mary Ulrich 925-876-0803

### Thursday, April 25 GLEN PARK TO GG PARK & BEACH CHALET, SF

10:00 Meet at Glen Park BART to hike up O'Shaughnessy, along Laguna Honda, and then thru GG Park, 7-8 miles, 203 ft. elev. gain. Chain of Lakes in GG Park to Ocean. Bring lunch. Optional refreshments at Beach Chalet at end of hike. Return on Muni bus #5R to downtown SF. Buses available for shorter hike. Sticks optional.

LEADERS: Kathleen Clarkson (415) 438-0571 day of hike; Sylvia Kwan (925) 852-9561 day of hike; Fran Leighty (925) 944-9068

### Sunday, April 28 PIRATE'S COVE FROM TENNESSEE VALLEY, MARIN

9:15 Meet at Del Norte BART, where cars are needed to drive to Tennessee Valley parking lot (restroom). Strenuous loop on Miwok, Coastal, and Tennessee Valley trails. Lunch on bluff or at Pirate's Cove (steep descent). 7.5 miles, 1750' gain. Sticks. All hikers contact Jo Anne [joschultz@gmail.com](mailto:joschultz@gmail.com) or 510-234-1919 by Saturday, 4/27.

LEADERS: Mark Petrofsky 510-526-4944 (landline), Jo Anne Schultz 510-734-9324 (cell am only) & Amy Huang 510-316-6481 (cell am only)

**Thursday, May 2 SKYLINE COLLEGE TO SWEENEY RIDGE, SAN BRUNO**  
**10:40** Board SamTrans #140 Palmetto bus (\$2/\$1) (San Bruno BART), **11:04** arrive Skyline College. Climb the ridge where the Spanish first saw SF Bay in 1769, see Discovery Site plaque & Portola Gate. Sticks recommended. 7.1 mi, 939' elev. gain. Shorter hike possible. Great views! Return on bus #140 at 2:47, 2:51, or 3:20 to BART.  
**LEADERS:** Fran Leighty 925-944-9068, cell Mary Huang 510-949-6376, Connie Gee 510-528-3421

**Sunday, May 5 RAMAGE PEAK-EBMUD TR., SAN RAMON & CASTRO VALLEY**  
**9:00** Meet at Castro Valley BART or **9:20** at Chabot Staging Area on Redwood Rd. Car shuttle to Las Trampas entrance at end of Bollinger Canyon Rd. Hike is 11 miles & ~2800' elev. gain. Enjoy remote watershed land trails w/oak forests & meadows. **No water on trail.** Hike ends at Chabot Staging Area. Any rain cancels. Drivers will be taken back to Las Trampas. **ALL hikers MUST email** smellio@sbcglobal.net or call by **6 p.m., Friday, 5/3.** Sue's cell a.m. of hike only 925-451-3307  
**LEADER:** Sue Elliott 925-672-0533

**Thursday, May 9 LAS TRAMPAS ROCKY RIDGE**  
**10:00** Meet at WEST Dublin BART (outside north entrance) where **cars are needed** to go to Las Trampas Staging Area at the eastern end of Bollinger Canyon Road, San Ramon. **10:30** Hike up to and along Rocky Ridge. Not an easy hike, 5 miles, 1200' elevation gain. Partly paved, sticks helpful, restrooms at start and end only. **Bring plenty of water! There is NO WATER on this hike!** Light rain ok, heavy rain cancels. **Drivers and riders please contact** Jim Baranowski before 5/9.  
**LEADERS:** Jim Baranowski [brnw\\_th@yahoo.com](mailto:brnw_th@yahoo.com), 925-577-1022; Rob Deutschman 925-818-2491

**SUNDAY, MAY 12 BRIONES REGIONAL PARK**  
**9:00** Meet at Orinda BART or **9:30** at the Bear Creek Staging Area of Briones Regional Park on Bear Creek Road, five miles east of the intersection with San Pablo Dam Road in Orinda. From the first parking lot on the left, just past the entrance kiosk, hike 7 hilly miles (~1000 ft) on the Bear Creek, Seaborg, Briones Crest, Mott Peak, and Abrigo Valley Trails. Lunch at Sindich Lagoons. Parking fee \$5 if kiosk is attended. **Drivers and riders call or email Mary** by 5 pm 5/11. [mulrich@sbcglobal.net](mailto:mulrich@sbcglobal.net).  
**LEADERS:** Ned MacKay 925-256-6347, [nedmackay@comcast.net](mailto:nedmackay@comcast.net) and Mary Ulrich 925-876-0803.

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**Thursday, May 16 1920s Hike: PRESIDIO TO SUTRO BATHS**  
**9:32** Board PresidiGo shuttle in front of Hyatt Regency Hotel (Drumm St – Embarcadero BART). Exit at Presidio Transit Center. Restrooms. Walk to Baker Beach for lunch. Bring lunch. Hike ends at Sutro Baths. Six miles on paved & dirt trails; 200' elev. gain. Sticks helpful.  
**LEADERS:** Liz Howell 415-584-1204, cell day of hike only 415-425-5538; Suzy Mark 415-577-1869; Jon Mark 415-225-5628  
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## May 19 Hike Cancelled due to Rain

**Thursday, May 23 CREEK TO PEAKS - SF**  
**10:00** meet at Glen Park BART. Walk 5.5 miles with 700-800' elevation gain through Glen Park Recreation Center to Twin Peaks (option to walk car-free road instead of climb up peaks - can be very windy) on city streets, unpaved trails, some stairs. Lunch at Christmas Tree Point, then walk mostly downhill through unique neighborhoods to 16th Street BART. Rain cancels. Sticks if you use them.  
**LEADERS:** Pat McDonald 510-364-4788, Fran Leighty 925-944-9068

**Sunday, May 26 CIRCUMAMBULATING TILDEN PARK**  
**9:00** Meet at Orinda BART or North Berkeley BART where **cars are needed.** Reconvene 9:30 at Environmental Educational Center parking lot. Tracing spring run route with wildflowers at Tilden. Lunch at Inspiration Point. Short hike option takes us back from this point to parking lot (~7.5 miles with ~1300' elevation gains). Entire Circumambulation route, 13.5 miles with ~3500' elevation gain. Poles necessary. **Drivers & riders please call** Sophia 510-549-2413 by Saturday, 6:00 p.m.  
**LEADERS:** Diane Cannon 406-465-9873, Sophia Garcia 510-549-2413, Linda Margossian 510-236-9224, Mike Branning

**Thursday, May 30 AQUATIC PARK TO GOLDEN GATE BRIDGE, SF**  
**9:45** Meet at 30 Grove St., Main Library (restrooms) (Civic Center BART). About **10:00** board #19 Polk Muni bus at Grove & Larkin (front of library). Exit at Beach & Polk to meet at bus shelter there. Enjoy 4-5 mi mostly level hike along bay, steps to GG Bridge. Lunch & restrooms along the way. Shorter hike possible. Return on bus to downtown BART.  
**LEADERS:** Fran Leighty 925-944-9068, Mary Huang cell 510-949-6376, Connie Gee 510-528-3421

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**Sunday, June 2 1920s Hike: HIKE DOWN FROM MT TAM MT PLAY**  
**CCHC went to the Mt Play in 1923 / Join us for this 100<sup>th</sup> Anniversary Event**  
The play, **GREASE**, starts at 2 p.m. and ends around 5 p.m. The hike down is 7 mi. & approx. 2.5 hours with an elev. descent of 1900'. Last shuttle from town to high school is 9 p.m. Or you can ride the shuttle down. Information about the play will be in the MARCH Extracurricular. Sticks recommended.  
**ALL playgoers/hikers email** Susie at [Shuhuang7812@gmail.com](mailto:Shuhuang7812@gmail.com) (preferred) or call.  
**LEADERS:** Susie Huang 415-818-7905 cell & Sue Elliott 925-672-0533/cell 925-451-3307 (Sue's cell day of hike only)  
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**THURSDAY, JUNE 6 MT. DAVIDSON LOOP, SAN FRANCISCO**  
**9:45** Meet in front of Ferry Bldg. (restrooms) (Embarcadero BART), then walk to Muni underground station to board K, L or M trolley (outbound) , exit West Portal station about 10:15. Walk ~ 3.5 mi, 250 ft. elev. gain, on city streets & forested trails, as we hike one steep hill for lunch on top of Mt. Davidson. Loop back on city streets to end @ West Portal station. Sticks useful. Optional ice cream or dessert stop at shops on West Portal Ave. Restrooms @ end @ West Portal Library, 190 Lenox Way (at Ulloa). Return on Muni trolley to downtown.  
**LEADERS:** Fran Leighty 925-944-9068 & Carolyn Walking cell 240-599-6366

**SUNDAY, JUNE 9 BAY FARM ISLAND**

10:00 Meet @ Fruitvale BART where cars are needed to drive to Harbor Bay Landing Shopping Center, 883 Island Drive, Bay Farm Island, Alameda. 5 level miles on trails & pavement w/great views & cool breezes. Riders & drivers must call or email Karen Arntzen @ 925-357-0409 or Karntzen5@gmail.com before 6 p.m. June 8..

**LEADERS:** Karen Arntzen 925-357-0409 & Patricia Derickson 925-876-3278

**Thursday, June 13 LITTLE LIBRARIES IN NORTH BERKELEY**

10:00 Meet (and end) at North Berkeley BART hiking a loop including Ohlone Way to check out Little Libraries in North Berkeley. Bring books to leave behind if you find one you like to take home. Option to shop at Monterey Market at end. Restrooms and lunch at Terrace Park, a hidden gem. 5 miles, 120' elevation gain.

**LEADERS:** Jan Lecklikner 415-971-3783, jleck.2@gmail.com and Haruko Nagaishi 510-334-6678 day of hike

**Sunday, June 16 SKYLINE PARK, NAPA**

9:15 Meet at Del Norte BART where cars are needed to drive to Skyline Park, Imola Road, Napa. Skyline Trail to Lake Marie. Follow the Marie Creek Trail to Toyon. Return via Manzanita Trail. 7.3 miles with ~1500 ft elevation gain. Sticks helpful. **Drivers and riders call or email.**

**LEADER:** Roberta O'Grady rogrady3736@earthlink.net; 510-769-8423

**Thursday, June 20 BLAKE GARDEN, KENSINGTON**

10:00 Meet at El Cerrito Plaza BART. Hike city streets to UC Berkeley's Blake Garden for a docent tour of this 10 1/2 acre landscape laboratory. Bag lunch at garden then walk downhill to Kate's and Nancy's for ice cream before heading back to BART. Loop hike, about 4 miles, 530' elevation gain.

**LEADERS:** Kate Steinel 510-260-4415 cell; Lily Ho 510-898-1438; Nancy Stout 510-260-5827 cell.

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**Sunday, June 23 Summer Solstice Hike/FOUR SEASONS OF FRENCH TRAIL**

9:15 Meet at Rockridge BART or 9:00 at North Berkeley BART where cars are needed. Reconvene 9:30 a.m. at Wayside parking lot, Redwood Regional Park. Second Four Seasons Hike series, celebrating Summer Solstice on West Ridge, Golden Spike, Big Bear, Toyon, French trails. Late lunch at Trail's End. Taking Bridle Trail back to Wayside. ~7 miles with ~1000' elevation gain. Poles are useful. **Drivers & riders call** Sophia 510-549-2413 by Saturday, 6:00 p.m.

**LEADERS:** Sophia Garcia 510-549-2413, Jan Lecklikner cell 415-971-3783

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**Thursday, June 27 LAKE ELIZABETH HIKE AND BBQ**

10:00 Meet at Fremont BART. Hike 1 mile to picnic area; then 3 miles around the lake to the BBQ and games and 1 mile back to BART. Free for members, \$5 for guests. RSVP to Jerry Ford by June 25 at 510-795-0667, with choice of burger, hot dog, tilapia, or vegetarian.

**LEADERS:** Jerry Ford 510-921-1739, Frank Martin 510-460-8725, Stew Perlman 510-999-1706, J.J. Libbon 510-366-4270.

**Sunday June 30 CHABOT REGIONAL PARK LOOP, CASTRO VALLEY**

9:30 Leave Castro Valley BART where cars are needed. 9:45 Meet at the Marina, 17600 Lake Chabot Road, Castro Valley, 94546, parking fee \$5, or EBRPD pass, or free on the street. Paved and dirt trails (sticks if you like). Strenuous 9-mile hike with moderate 750' elevation gain. Lunch around the six-mile point. Restroom at marina and several outhouses around the lake. Shorter length options available. **Riders and drivers call** Ellen Chen 925-389-1845 by Saturday, June 29, 6 p.m.

**LEADERS:** Gino Bossetto, 510-385-4154, Wanda Fong 510-303-4454, Ellen Chen.

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**APPLICATION FOR MEMBERSHIP – CONTRA COSTA HILLS CLUB**

Dues are \$15 per person or \$10 per person for 2 or more people living at the same address. Dues are payable upon joining and on each April 1 thereafter. Complete this form, enclose with a check payable to CCHC, and mail to the Membership Secretary:

**Connie Gee – 1121 Brighton Avenue, Albany, CA 94706 (cbgee2014@yahoo.com)**

NAME(S) \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ e-mail \_\_\_\_\_

Cell # \_\_\_\_\_ Check here for day of hike only \_\_\_\_\_