

## **Contra Costa Hills Club OUTING WAIVER AND RELEASE**

### ***Acknowledgment of Outing Member Responsibility, Express Assumption of Risk, and Release of Liability***



I, the undersigned, understand that during participation in this Contra Costa Hills Club ("Club") Outing, I may be exposed to a variety of hazards and risks, known and unknown, which are inherent in each Outing and cannot be eliminated without destroying the unique character of the Outing. These inherent risks include, but are not limited to, the dangers of property damage, serious injury and death ("Injuries") as a consequence of participation in the Outing.

I acknowledge that Injuries can occur by natural causes or activities of other persons, animals, trip members, trip leaders and assistances, or third parties.

I understand that I must exercise care for my own person and for others around me in the face of such hazards.

I further understand that during this Outing there may not be rescue or medical facilities or expertise necessary to deal with the Injuries to which I may be exposed. I further understand that while on the hike or participating in Club activities I may be photographed for Club purposes and agree to allow my likeness to be used for any legitimate purpose by the Club.

I acknowledge that the Club is not responsible to provide transportation to or from the Outing; that the Club does not verify the insurance or license of any Club member or other person who voluntarily provides transportation to or from the Outing, and that the Club shall have no responsibility for any risk associated with my travel to and from Club Outing.

I acknowledge that:

- the Outing officially begins and ends at the location(s) designated by the Club
- I assume all personal costs and fees associated with the Outing
- My participation, upon meeting the club qualifying criteria, is at the discretion of the Outings leader
- If I decide to arrive prior to or depart early and not complete the Outing as planned, or if the leader has concluded the Outing and I opt to continue without the leader, or if I opt to participate in another activity or hiking route not within the official Outing chronology, I assume all risks inherent in my decision(s).

In consideration for my participation in this Club Outing, and the services and amenities to be provided by the Contra Costa Hills Club in connection with the Outing, I confirm my understanding that I (on behalf of myself and my successors, heirs and assigns) voluntarily release and agree to hold the Club, its officers, directors, volunteers and agents harmless from any and all liability, claims, damages, injuries or losses which in any way arise from or are connected with my participation in Club activities, except to the extent such Injuries are caused by the gross negligence of the Club, its officers, directors, volunteers or agents. I further agree to hold the Club, its officers, directors, volunteers and agents harmless from any liability claims, damages, injuries or losses caused by my own negligence while a participant in Club activities.

In addition to this Outing Waiver and Release, I warrant that I have read and understand the rules, regulations and guidelines (the "Rules") of the Club and agree to abide by the Rules at all times during my participation in this Outing.

**I have read this document in its entirety and I freely and voluntarily assume all risks of Injuries and, notwithstanding such risks, I agree to participate in the Outing.**

**Name (please print clearly):** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_



**Contra Costa Hills Club**

***Outing Participant Emergency Contact Information***

**Name of Outing**

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**Date of Outing**

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**Name**

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**Address**

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**Email**

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**Cell Phone / Home Phone**

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**Emergency Contact Name/Relation/Phone #**

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**Signature / Date**

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