

Contra Costa Hills Club

GUEST WAIVER AND RELEASE

I, the undersigned, understand that during participation in Contra Costa Hills Club (“Club”) activities including hikes, I may be exposed to a variety of hazards and risks, known and unknown, which are inherent in hiking activities. These inherent risks include, but are not limited to, the dangers of property damage, serious injury and death (“Injuries”) as a consequence of participation in the Club and its activities. I acknowledge that Injuries can occur from trail conditions and other natural causes, or activities of other Club members, hike leaders, animals or third parties.

I acknowledge that a hike description provided by the Club may not exactly describe the hiking conditions, environment, or level of difficulty of a hike, and understand that I may need to exercise extra care for my own person and others around me while participating in a hike. I warrant that I am qualified to participate safely in any Club hike or activity in which I participate.

I understand that during the hike there may not be rescue or medical facilities or expertise necessary to deal with the Injuries to which I may be exposed. I further understand that while on the hike or participating in Club activities I may be photographed for Club purposes and agree to allow my likeness to be used for any legitimate purpose by the Club.

I acknowledge that the Club is not responsible to provide transportation to or from any Club hike. I further acknowledge that the Club does not verify the insurance or license of any Club member or other person who voluntarily provides transportation to or from Club hikes, and that the Club shall have no responsibility for any risk associated with my travel to and from Club activities.

In consideration for my participation in Club activities, I (on behalf of myself and my successors, heirs and assigns) voluntarily release and agree to hold the Club, its officers, directors, volunteers and agents harmless from any and all liability, claims, damages, injuries or losses which in any way arise from or are connected with my participation in Club activities, except to the extent such Injuries are caused by the gross negligence of the Club, its officers, directors, volunteers or agents. I further agree to hold the Club, its officers, directors, volunteers and agents harmless from any liability claims, damages, injuries or losses caused by my own negligence while a participant in Club activities.

In addition to this Guest Waiver and Release, I warrant that I have read and understand the rules, regulations and guidelines (the “Rules”) of the Club and agree to abide by the Rules at all times during my participation in Club activities.

	Name (print)	Signature	Date	Emergency Contact - Name	Emergency Contact - Phone
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2					
3					
4					
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